

Soccer Vocab:

This is the vocab we will use for on-field communication in the Mayo Girls Soccer Program. Please familiarize yourself with this terminology.

Goal Keeper:

Keeper: Goalie is going to get the ball.

Out of the 6: Get of the 6 yard box, hold the line there.

Out of the 18: Get out of the 18, hold the line there.

Push up: The defensive line should step forward and move up the field together.

Drop: Defenders should get back to help defend.

Delay: Light pressure on attack to slow the attack.

Step: Commanding a specific defender to pressure the ball quickly.

Goal side: Position yourself between the attacker and the goal.

Slide in: Tighten up the back line, cover/protect the middle of the field and let the attackers take the width.

Defending:

Close down: 1st defender reduce distance and pressure the attacker with ball.

Contain/Jockey: Delay the attacker, block forward movement.

Double: Assist you teammate defensively making it a 2v1 on the attacker.

Drop: Retreat toward goal.

Goal Side: Position oneself between the attacker and the goal.

Got you covered: Used to tell a teammate they are covered and can continue forward out of their position.

Help: A call for support from a teammate

Mark up: Stand next to/cover a defender in a man marking scheme.

Pressure: Close down or shorten distance, make the attacker have to think by moving in closer

Shift (right or left): Transition as a defensive movement to the right or left side.

Stay: Don't leave your mark.

Two here: There is an additional attacker and the defender is already marked up.

Attacking:

Carry: Room to dribble forward or continue forward movement

Check to: Come closer to the teammate with ball for a shorter pass

Have it: Take the shot

Leave it: Let the ball go or pass through

Man on: Pressure coming from behind

Open up: Find space to receive a pass.

Send it: Play the through ball for teammate to run onto.

Switch: Begin to swing the ball through the backfield or midfield.

Support: Play the ball backward

Time: You have time to hold the ball.

Hold: Wait to pass off the ball until notified.

Square: Teammate is parallel ready to receive a pass.

Wall pass/Give and go: Pass the ball, run around the defender, be ready to receive the ball again.

Cover: Fill in for the position I just left.

I Go: I am going to take the ball.