

TEAM GILBOA

2017 Thanksgiving Camp, Vail, Colorado

Who

This camp targets motivated USSA/FIS athletes. Limited spots available, first come, first served.

What

A full week of comprehensive SL and GS training focusing on skill development, speed acquisition, and gate training. Take advantage of the last camp in the 2017-2018 prep period before competition starts; private training environment, 7-minute lap turnaround time, ski in-ski out lodging at the base of Gold Peak, home cooked meals, daily video analysis, and directed study hall.

When

Sat. Nov. 18 – fly from MSP, arrive Denver **BEFORE 1:00pm**

*6:00pm Welcome dinner for all athletes (location TBD)

Sun. Nov. 19 – Full day training, video, study hall

Mon. Nov. 20 - Full day training, video, study hall

Tues. Nov. 21 - Full day training, video, study hall

Wed. Nov. 22 - Full day training, video, study hall

Thurs. Nov. 23 – Morning training, study hall, Thanksgiving Dinner!

Fri. Nov. 24 - Full day training, video, study hall

Sat. Nov. 25 – Morning training, Depart Denver **AFTER 5:30pm**

Where

Fly to Denver, ride in charter bus to Vail, accommodations near Gold Peak (Christiana Lodge and other nearby properties), just minutes from the lift. Daily on snow training happens on Gold Peak, Vail's private training venue.

Athletes may be required to share a Queen size or larger bed

****Preferred roommates are not guaranteed**

If you choose to fly on a different flight than the coaches, please schedule it within the arrival and departure times listed above.

Coaches flight details

Joe Paul Confirmation #: WX97V7

Outbound flight

Saturday, Nov. 18

11:05 AM depart MSP on Southwest flight 2217, arrive DEN 12:15pm

Return flight

Saturday, Nov. 25

8:30pm depart DEN on Southwest flight 4113, arrive MSP 11:20pm

Why

Training on Gold Peak is ideal. Fast laps, private chairlift access, professional training environment. Each day we have 4-5 hours on snow.

Staff

Joe Paul: 612-868-8306, joepaul@teamgilboa.com

Trevor Davis: 231-838-8168, trevor@teamgilboa.com

Scully: 612-850-1991, scully@teamgilboa.com

Sydney Koop: 608-215-7329, Sydney@madalpine.com

Other coaches TBA.

Registration

Registration will be available online Monday, August 21st, on the Team Gilboa website.

Camp Cost

Full Camp

-YOB 2004 and Older: \$1,795.00* plus CC fees

A la Carte (On-snow only)

-\$165.00/day (Coaching, Lift ticket, private lane space) plus CC fees

***Includes (Full Camp)**

- Ground transport to and from Denver airport
- Welcome dinner at 6:00pm on Nov. 21 (All athletes)
- Lodging close to training venue (U16s/U19s)
- Breakfast, Lunch, and Dinner (U16s/U19s)
- Thanksgiving Dinner (All athletes)
- Lift tickets
- Private lane training space
- Professional Coaching
- Group dryland/video sessions

Not Included

- Plane Ticket (you are responsible for booking a flight on the coaches flight or on a different flight within the arrival and departure times listed above)
- Meals while traveling