



LEARN TO PLAY

Level Two (ages 4 and up)

The Learn to Play program is designed to introduce beginner hockey players to the skills and **FUNDamentals** of hockey. SRIYHA follows the American Developmental Model (ADM) designed by USA Hockey.

The ADM is USA Hockey's nationwide player-development program for youth hockey associations. It's based on age-appropriate and age-specific competition and training for boys and girls, beginning with their first steps onto the ice and carrying them through age 18 and beyond. The ADM places a heightened emphasis on skill development and long-term athlete development principles, providing a blueprint for the best possible youth hockey experience.

**Put simply, it's
doing what's best
for kids.**



Learn to Play skaters will participate in station-based practices, small-area games and cross-ice competition to deliver more repetitions, more puck touches and more skill development per hour of ice time.

Learn to Play skaters will enjoy the game of hockey as the work on their **FUNDamentals** in drills focused on balance, puck handling, shooting and edgework.



Our house league is a great place for the beginner hockey player to learn to play, learn the fundamentals of ice hockey and make new friendships likely to last a lifetime!

REGISTER TODAY!

www.sriyha.com

