

# MPHS FH Team Expectations

- Have a good attitude!
- Be committed to the team.
- Always show respect for your teammates, coaches, game officials, opponents and spectators.
- Players are expected to follow MPHS Athletics conduct policy.
- Be prepared and on time for all team functions with proper equipment (team-issued pinnie, mouth guard, shin guards, stick, cleats, protective eye gear, proper footwear).
- Players are responsible for keeping track of team-issued gear.
- Show up for tryouts and pre-season in good physical condition.
- Injuries:
  - Consult with or get treatment from the athletic trainer in a timely manner.
  - Be responsible about getting treatment for injuries outside of practice time.
  - Keep coaches up to speed with medical professional recommendations.
- Communicate all practice or game conflicts with the coaching staff:
  - Inform us as early as possible in person or via text, email or phone.
  - School comes first –missing practice or a game for an academic reason is generally considered an excused absence. However, it still needs to be communicated to the coaching staff ahead of time.
  - Unexcused or excessive absences or tardiness may impact starting position, playing time or other team privileges.
    - An unexcused absence is any absence that has not been communicated to the coaching staff in advance or an absence without valid reason.
- Equal playing time is not a guarantee on Varsity or JV. Starting positions and playing time are earned by meeting the expectations listed above, in addition to your skill level and ability to make an impact on the playing field at a given position.
- Varsity and JV players should discuss concerns related to playing time, practices, teammates, etc., with the coaching staff directly.

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Player

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Date

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Parent

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Date