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RULES & REGULATIONS

SOCCKER | G2 | 2022-23

G2 SPORT SERVICES

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1.0 Sport Governance

- 1.1 The league shall be called the OUA Soccer Conference.
- 1.2 The purpose of the Conference shall be to encourage high-level performance in interuniversity soccer, to supervise and control interuniversity soccer participation within the Conference and to stimulate and promote a positive attitude towards sport and sportsmanship.
- 1.3 OUA Soccer will abide by all relevant OUA and U SPORTS Policies and Procedures.
- 1.4 This document provides additional regulations that will be followed or supersede U SPORTS playing regulations.

2.0 Team Composition

- 2.1 **Team Complement**
Eighteen (18) players may dress per game and no more than a maximum of **24 individuals being players, coaches and/or team officials** will be allowed in the bench area (**includes 11 players on the field**).
- 2.2 **Submission of Rosters**
As per OUA eligibility deadlines.
- 2.3 **In-Game Eligibility**
As per OUA regulations and deadlines.

3.0 League Composition and Format

- 3.1 **Teams** – The Members of this conference are:

Algoma University
Brock University
Carleton University
University of Guelph
Laurentian University

Toronto Metropolitan University
Trent University
Ontario Tech University
University of Toronto
University of Waterloo



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McMaster University
Nipissing University
University of Ottawa (Women only)
Queen's University
Royal Military College of Canada

University of Windsor
Western University
Wilfrid Laurier University
York University

3.2 Regular Season Structure

There shall be two divisions with 12 games and no interlock.

3.3 Regular Season Schedule

3.3.1 Each team shall be allowed to begin their respective in-season practices/training camps on August 20, 2022.

3.3.2 League play will consist of:

- 12 games
- Regular Season starts the week of September 3, 2022

3.4 Games will be played on Saturdays and Sundays; Women at 1:00 pm and Men at 3:15 pm (times may change if agreed upon). Times for mid-week games shall be no earlier than 5:00pm unless agreed to by the competing teams. For schools that do not have lights game times will be at the discretion of the host institution.

Whenever possible, teams playing games on successive days should not have to play an opponent the next day that was not also engaged in OUA competition the day before.

3.5 The length of each game shall be ninety (90) minutes, two forty-five (45) minute halves with a ten-minute interval at half-time.

3.6 For all doubleheaders, a twenty-minute warm-up on the playing field will be allotted after the conclusion of the first game. If both coaches mutually consent, then the twenty minutes can be waived.

3.7 There shall be no overtime in regular season games.

3.8 Three (3) points shall be awarded for a win, one (1) point for a tie and zero for a loss.

3.9 Ties at the end of the regular season shall be resolved by the formula set out in the General Playing Regulations.



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- 3.10 The scheduling for OUA Soccer games shall be done in such a manner that the order the home teams compete against travelling partners be reverse in subsequent years.

4.0 **Playoff Composition and Championships**

- 4.1 The top 6 teams from each division will qualify for the playoffs.

4.2 **First & Second Round**

6v3, 5v4 (inside division) on October 26, 2022

Quarterfinals (inside division) on October 29, 2022

4.3 **Semi-Finals**

Semi-finals will take place on November 2, 2022 (crossover, hosted by highest seed).

4.4 **OUA Championship**

- 4.4.1 The league championship will be hosted by the highest seed on November 5, 2022.

Any deviations from the listed championship date and time must go to the OUA CEO for approval.

4.5 **Overtime in Playoffs**

If at the end of regulation time the score is tied, the new FIFA regulation will be used, eliminating the “golden goal” or “silver goal”. There shall be two overtime periods of fifteen (15) minutes each with a change of ends to start overtime and at the start of the second overtime period. There shall be a one-minute rest before the start of each period of overtime.

Following the overtime periods, the winner shall be decided by International Rules as follows: Five (5) penalty kicks for each team taken by five (5) different players of that team. These penalty kickers are to be players that were on the field at the end of the second overtime period. Kicks are to be taken alternately by each team - first kicking team to be determined by a flip of the coin.

Should the score remain tied at the end of the ten (10) penalty kicks further penalty kicks are taken. Alternate one (1) penalty kick for each team (these penalty kickers are now taken from the remaining players that were on the field at the end of the second overtime period) until the tie is broken.



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- 4.5.1 That the bronze medal OUA game will go directly to penalty kicks, unless a berth to the U SPORTS Championship is at stake. In this case two 15-minute overtimes halves would be played, followed by penalty kicks (as per 4.5) if needed.

5.0 Sport Rules and Regulations

- 5.1 The rules of the Canadian Soccer Association (FIFA) shall apply, except where OUA differ as stated.
- 5.2 Eighteen (18) players may dress per game and no more than a maximum of **24 individuals being players, coaches and/or team officials** will be allowed in the bench area (**includes 11 players on the field**).
- 5.3 Substitution: a maximum of six (6) substitutions per 90 minutes of regulation time, and unlimited substitutions at halftime, within the eighteen named players (substituted players can re-enter the game). Either goalkeeper may play in the outfield. No substitution will be allowed for a player ordered from the field by the referee for misconduct. For games that go into extra time, unlimited changes can be made at the end of the regulation time and 3 additional substitutions can be granted to each team for the additional 30 minutes of play. Substitutions not used in regular time may not be carried over to extra-time. Substitutions may occur at any stoppage in play at the discretion of the referee as per FIFA Laws.
- 5.4 The host institution shall ensure that a person trained in first aid is present at the field of play.
- 5.5 All players must wear six (6) inch numbers on the back of their jerseys. Home uniforms are designated as light on the first day (Saturday) and dark on the second day (Sunday) for the schedule weekend competitions unless prior arrangements have been made between the two coaches of that match. For mid-week or single header games, home jerseys will be designated as light unless prior arrangements have been made between the two coaches. If there is a conflict the home team is to change their uniform colour.
- 5.6 Players are allowed to wear Lycra shorts and/or undershirts. When wearing light jerseys, the garment must be white or matching colour to their regulation uniform shorts and jerseys. When wearing dark jerseys, the garment must be black or matching colour to their regulation uniform shorts and jerseys. The Lycra shorts are not to exceed three inches below the regulation uniform shorts and must be white or matching colour to their regulation uniform.
- 5.7 Players are allowed to wear common-coloured tights in adverse weather (for example black tights)



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- 5.8 Knee braces are allowed to be worn in OUA Soccer provided that the brace has been properly padded by a force absorbing material that covers all rigid exterior sides and edges, subject to inspection and approval by the match referee.
- 5.9 Should a player require an ankle brace they are not required to wear socks and braces of the same colour.
- 5.10 In a play which results in a player being injured or appearing to be injured, the referee shall stop play and request assistance from the bench for the player. Once the referee has authorized training staff to enter the field of play, the player must leave the field of play, either on a stretcher or on foot. If a player does not comply, they must be cautioned for unsporting behavior. An injured player may only return to the field of play after the match has restarted, and with referee's permission.
- 5.11 The maximum delay without notification will be thirty (30) minutes. The negligent team will thus default.
- 5.12 In OUA, if a game is suspended after the 75th minute mark, the result of the game shall stand. (Note: Injury time will not be considered)
- 5.13 **Field Regulations**
- 5.13.1 The recommended size of any soccer field used for OUA competition is 70 yards wide and 110 yards long.
- 5.13.2 The field is to be lined and equipped according to FIFA Regulations. Markings shall be in different colour for OUA.

6.0 Game Structure and Protocol (Discipline, Officials, Hosting, Equipment, Score Sheets)

6.1 Discipline

- 6.1.1 OUA Infractions and Automatic Sanctions Chart – Appendix D.
- 6.1.2 Issues related to discipline will proceed in accordance with the [OUA Policy on Member, Administrator, Participant, and Coach Discipline](#).
- 6.1.3 The accumulation of three yellow cards results in a one game suspension. Upon returning from the suspension, two yellow cards (5 total) will result in a three (3) game



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suspension. Upon returning from the second suspension, two more yellow cards (7 total) results in a suspension for the remainder of the season (minimum 10 games). (See Appendix D – OUA Infraction & Sanctions Chart)

- 6.1.4 After the completion of league play, all players on teams that have qualified for the playoffs will have yellow card records expunged and will commence playoff competition with clear records. The exception is when an athlete receives a yellow card in the final league game that results in a one game suspension (such as a third yellow), will result in the game suspension being served in the first playoff game. During OUA Playoffs the accumulation of three yellow cards will result in a one game suspension. At the completion of OUA playoffs, all accumulated yellows cards will be expunged.
- 6.1.5 Players receiving two yellow cards in a game and therefore shown a red card, is therefore dismissed must sit out the next league/playoff game. The red card supersedes the two yellow cards and the yellow cards are therefore not included in the tracking of yellow cards because they have been replaced by the red card. (See Appendix D – OUA Infraction & Sanctions Chart)
- 6.1.6 If a player is ejected from a game, i.e., receives red card (non-grievous), he/she shall automatically be suspended for a minimum one game in the following league/playoff game including U SPORTS playoffs. If a player is ejected from a game (non-grievous) for a second time in the same season, he/she shall automatically be suspended for a minimum of the next three (3) league/playoff games, including the U SPORTS playoffs. A player receiving a grievous red card results in a minimum of a three (3) game suspension plus review. A player receiving a second grievous red card in the same season shall be suspended for the rest of the season (Minimum 10 games). The convenor shall review the matter and report the suspension to the OUA member's Athletic Director and/or Coordinator. Furthermore, any portion of a one, three or 10 game suspensions not served during the season in which it was initiated shall be carried over into the next regular season until the entire suspension has been served. (See Appendix D – OUA Infraction & Sanctions Chart)
- 6.1.7 FIFA sanctions will apply to any OUA coach being ejected from a game – one game suspension plus a \$500 fine for the first occurrence. Discipline increases for subsequent ejections in **OUA league and OUA playoff games**. The OUA Chief Operating Officer would notify the school involved on each occurrence.
- 6.1.8 Student athletes suspended or ejected are not allowed within the field of play during competition. Coaches ejected during a game are to leave the competition venue and cease all engagement with the team until the end of the game. Being in sight and/or in view of the game is unacceptable. Coaches suspended for a game may not be within the



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competition venue within 90 minutes prior to the game. During this time coaches may not have engagement with the team until the game has been completed. Suspended coaches may not be in view and/or in view of the game. (Added July 2017)

6.1.9 Coaches must ensure that players who receive a card(s) resulting in a suspension begin serving that suspension immediately. A team will forfeit any game in which they use a suspended player which has not yet been formally actioned by the OUA Manager of Sport. If suspended, the player must sit out the game immediately following the ejection. The OUA shall assess that suspension, informing the Athletic Directors and coaches of both teams, the OUA Director of Sport. A second infraction resulting in a player ejection will result in the player being suspended for the remainder of the season.

6.1.10 All student-athletes and coaches shall abide by the [OUA Policy on Member, Administrator, Participant, and Coach Discipline](#).

6.2.11 **Complaints**

Any complaint must be made in accordance with the [OUA Policy on Member, Administrator, Participant, and Coach Discipline](#) and [OUA Appeal Policy](#).

6.2 **Officials**

6.2.1 **Exhibition**

Member institutions scheduling exhibition games must book all officials through the Ontario Soccer Association via the OUA. Member may no longer contact local officials or local assignors directly. A minimum of 72 hours of notice must be provided when requesting officials for exhibition games. When requesting officials, members must note if they are requesting one or four match officials. OSA will provide local officials where possible.

6.2.2 **Regular Season**

6.2.2.1 There shall be an accredited Referee and three (3) accredited Assistant Referees for each game. For both men and women's soccer, all middle referees must have a minimum Provincial certification, with the assistant referees with a minimum Regional designation.

6.2.2.2 Referees and Assistant Referees must be registered with the Ontario Soccer Association (OSA) for all OUA competitions. All OUA competitions will have officials assigned by the OSA.



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6.2.2.3 Officials must sign the game sheet and verify the playing roster of each team prior to all games.

6.2.2.4 All officials' reports shall be submitted to the OSA's Ref Centre online portal within 48 hours following the completion of the game

6.2.3 Playoffs

6.2.3.1 Referees from a neutral district will be assigned by the OSA for all OUA playoff games and are coordinated by the OUA Chief Operating Officer.

6.2.3.2 Host institutions for all playoffs and championship are responsible for paying the assigned officials (game rate and travel expenses). Officials for playoffs are not cost shared between the participating institutions.

6.3 Hosting

6.3.1 The host convenor for every OUA Championship must be a full-time staff member for the host athletic department.

6.3.2 Please refer to the [OUA Hosting Policy](#).

6.3.3 The host institution must provide the OUA office with the following:

6.3.3.1 Submit a mandatory written Championship Recap by 8:00am the following day of the Championship to the OUA office.

6.3.3.2 Have a photographer at every playoff and championship game (unless OUA specifies that a photographer will be provided) and must provide photos to the league office no later than 10 days following the event.

6.3.3.3 Submit a Championship report due to the OUA by the winning team and/or host school no later than 15 days after the completion of the event. Included in the championship report is as follows:

6.3.3.3.1 Any unused medals and awards, and all sponsorship banners

6.3.3.3.2 Convenor's Report including detailed financial statement of incomes and expenditures



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6.4 Equipment

The official game ball for the OUA league will be size 5.

6.5 Game Day Score Sheet Procedures

6.5.1 Before the Match

6.5.1.1 Visiting team fills out the score sheet and Coach signs score sheet.

6.5.1.2 Home team fills out score sheet, Coach signs score sheet and returns to scorekeeper.

6.5.1.3 Referee reviews and signs score sheet prior to kick off, but it remains with scorekeeper for game. Referee is given twelve (12) substitution cards by scorekeeper/staff and instructed to hand six (6) to each team prior to kick off.

6.5.2 After the Match

6.5.2.1 Scorekeeper has Referee fill in Scoring and Card summary upon completion of match and Referee signs and keeps copy.

6.5.2.2 The host institution must report the score and input the game statistics to Presto and email the game sheets to the OUA at gamesheets@oua.ca by 10:00PM of game day or within two hours of the completion of the game.

7.0 Game Film (Film / Video Exchanges)

7.1 Game film exchange. Game film must be uploaded to InStat within 24 hours of the completion of the match. Failing to meet timelines will result in the following:

- i. First time – written warning from the OUA
- ii. Second time – fine of \$100 with a 7-day lockout
- iii. Third time and subsequent times – fine of \$250 with a 7-day lockout and review

8.0 Awards and All-Stars



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- 8.1 The annual OUA Final Men's Champion shall receive the **Blackwood Trophy** - Presented by Mr. Dennis Nathan of South Africa in 1934.
- 8.2 The annual OUA Final Women's Champion shall receive the **Championship Trophy**.
- 8.3 The annual OUA Men's and Women's Final Champions shall each receive the OUA Banner.
- 8.4 Winning institutions are responsible for the maintenance of OUA Championship and Major Award trophies. This includes updating the name plates and/or shields each year the trophy is awarded, repairing and updating trophies as needed, and the replacement of lost or stolen trophies while in their possession. All costs associated with the above are to be the responsibility of the institution. In addition, failure to bring the championship trophy and/or major award trophy(s) will result in a \$500 fine.
- 8.5 **Medals**
OUA gold medals (33) shall be awarded to each member and coach of the championship teams (men and women). OUA silver medals (33) shall be awarded to each member and coach of the second-place teams (men and women). OUA bronze medals (33) shall be awarded to each member and coach of the third-place teams (men and women).
- 8.6 **All-Star Selection, Individual Awards**
For details on all-star and individual awards selection procedures, please refer to Appendix B.

9.0 Coaches Meetings

- 9.1 A coaches meeting will be held annually. Invitations will be extended to Athletic Directors and Coaches to attend and participate.
- 9.2 Coaches may submit technical rule change recommendations annually.
- 9.3 A coach or coach representative must be present at all Coaches meetings, or available via conference call. A \$50 fine per institution will be applied for not meeting the criteria outlined in the Constitution.

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Appendix A

OUA SOCCER OFFICIALS – DISMISSAL FORM

This form must be used by a referee for each dismissal issued. This form must be submitted to the OUA Sport Coordinator within 72 hours of the game or earlier as stipulated by the rules of competition. In any case involving physical contact with a game official, the form must be completed and forwarded to the offending team’s Athletic Director as well as the OUA Sport Coordinator.

PLEASE PRINT

GAME DETAILS	
GAME: (HOME TEAM) _____ VS (AWAY TEAM) _____	
PLAYED AT: _____	
DATE: _____	
DD/MM/YR	
PLAYER DETAILS	
PLAYERS NAME: _____	
JERSEY NO: _____	TEAM: _____



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INCIDENT DETAILS

PLAYER DISMISSED FOR:

- Uses Offensive, Insulting or Abusive language
- Spits at an opponent or any other person
- Receives a Second Caution in the same game
- Denies an opponent a goal or an obvious goal-scoring opportunity by deliberately handling the ball
- Denies an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or penalty kick
- Serious Foul Play
- Violent Conduct
- Check this box if the misconduct was directed at a game official

The incident described below occurred after _____ minutes of play in the _____ half.

DESCRIPTION OF INCIDENT:

REFEREE: _____

Print your Name

Signature

DATE: _____



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Appendix B

SOCCER INDIVIDUAL AWARDS - SELECTION PROCEDURES

1.0 ALL-STAR SELECTION

When voting for All Stars and individual awards, a coach may not vote for him/herself or for players nominated from their own team.

1.1 The coaches shall select a First and Second All- Star Team from each division.

1.2 The Chief Operating Officer will call for nominations in the second week of October requesting submissions. Full directions and deadlines will be sent to all coaches in advance.

1.3 Each coach may nominate eligible players by forwarding the player's names and position to the OUA Office. Coaches are limited to a maximum of six (6) nominees per team, including goalkeepers. A list of nominated players will then be compiled by position. The list shall be made available to the coaches, after the final weekend of league play for voting. Coaches through their administrative office will also be responsible to submit a brief rationale on each of their players to the other divisional coaches and the OUA office to assist in the voting process. The OUA league office will circulate to all coaches an end of league play listing of goal scorers for each team.

1.4 All-Star nomination and selection process & Most Valuable Player

1.4.1 Coaches will vote for their top eleven (11) players in Rank Order.

1.4.2 In the first eleven (11) a coach must select:

- One (1) goalkeeper
- Three to four (3-4) defenders
- Three to four (3-4) midfielders
- Two-three (2-3) strikers

Selection will be weighted i.e., 1st choice - 22 points, 2nd choice - 21 points, etc. In the event of a tie, the player with the most first choice votes wins. If still tied, then most second-choice votes wins etc.

1.4.3 In the second eleven (11) a coach must select:

- One (1) goalkeeper



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- Three to four (3-4) defenders
- Three to four (3-4) midfielders
- Two-three (2-3) strikers

Selection will be weighted i.e., 1st choice - 13 points, 2nd choice - 12 points, etc. In the event of a tie, the player with the most first choice votes wins. If still tied, then most second-choice votes wins etc.

Each coach shall vote by ranking his choices at each of the four different positions.

- 1.5 Voting on all-stars will take place by no later than 10:00 AM on Wednesday October 23rd, 2019.
- 1.6 As per the new [OUA All-Star and Awards Policy](#), OUA members and playing privilege institutions will be fined \$250 per incident for not meeting nomination and/or voting deadlines for OUA All-Star and Awards, and U SPORTS nominations where applicable.
- 1.7 Award Deadlines

DATE	DETAILS
Thursday October 6, 2022	Directions Circulated by OUA Office
Tuesday October 11, 2022	Nominations Open
Tuesday October 18, 2022	Nominations Close
Wednesday October 19, 2022	Voting Opens
Monday October 24, 2022	Voting Closes
To be confirmed	U SPORTS Nominations Call
To be confirmed	U SPORTS Nominations Due
Week of November 5, 2022	Results Released by OUA Office
November 5, 2022	OUA Soccer Championship

2.0 COACH OF THE YEAR

There will be two Coach of the Year awards annually. Every Coach will be listed on the ballot, with coaches voting for their top two selections in their own division. Both shall receive an OUA



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plaque supplied by the OUA office.

2.1 The following criteria must be considered when voting for Coach of the Year:

- i) team performance and improvement
- ii) team consistency
- iii) conduct of the coach

3.0 **ROOKIE OF THE YEAR**

There will be two Rookie of the Year awards annually, one from each division. Each institution can nominate a candidate from their respective school and coaches will vote. To be eligible, a rookie is a player in their first year of eligibility and complies with the U SPORTS Rookie of the Year criteria.

4.0 **MOST VALUABLE PLAYER**

There will be two Most Valuable Player's annually, one from each division. These two players will then be forwarded as the top OUA nominees for All-Canadian status. The MVP will automatically be named a first-team all-star in their respective position. (added June 2015)

5.0 **STUDENT-ATHLETE COMMUNITY SERVICE AWARD**

There will be two Student-Athlete Community Service Award's annually, one from each division. The recipients should exhibit outstanding achievements in three (3) areas: soccer, academics and community involvement. An athlete may only win the award once.

6.0 **PROCESS FOR SELECTING U SPORT ALL-CANADIAN AWARD NOMINEES**

See Appendix C



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Appendix C

PROCESS FOR SELECTING U SPORTS ALL-CANADIAN AWARD NOMINEES

Determining U SPORTS Nominees

The OUA Sport Coordinator will convene a panel of two coaches (one east and one west) who will determine the nominees for U SPORTS awards based on the following process according to the divisional voting results, nomination forms and discussion between the panel members.

- 1) OUA First Team All-Stars from each division will be ranked from 1 to 22, the best players will be ranked 1 and go in order to player 22.
- 2) The East and West MVP will be automatic selections for the 1 and 2 OUA nominees for the All-Canadian team.
- 3) The top 2 ranked strikers, 4 midfielders, 4 defenders and 1 goalkeeper will be named U SPORTS award nominees. To assure a balance between East and West players the final 11 will consist of the top striker from each division, 2 midfielders from each division, 2 defenders from each division and the top ranked goalie. However, the panel will have the authority to alter the distribution (both by position and/or division) should they deem appropriate
- 4) The panel will select the major award winner from each division that will go forward as the OUA nominee for U SPORTS awards (MVP, ROY, Coach of the Year, Community Service Award)
- 5) The Rookies of the Year (East and West winners) and the Community Service Award Winners (East and West winners) will only qualify for U SPORTS All- Canadian nomination if they rank high enough in the ranking steps.



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APPENDIX D

MEN'S & WOMEN'S SOCCER				
INFRACTION TYPE	DESCRIPTION	1ST TIME	SANCTION 2ND TIME	3RD TIME or MORE
COACH	Coach Ejection	1 Game (\$500 Fine)	3 Games (\$1,500 Fine)	Suspended for Season (Min. 10 Games & \$5,000 Fine)
Yellow Card	Red Card due to 2 Yellow Cards in One Game	1 Game	2 Games	Suspended for Season (Min. 10 Games)
Accumulation - Yellow Cards	Accumulated Yellow Cards in a Season	1 Game (3 Total Cards)	3 Games (5 Total Cards)	Suspended for Season (Min. 10 Games) - (7 Total Cards)
Red Card	Non-Grievous - Including but not limited to: Excessive Swearing, Aggressive play with potential to injure without intent	1 Game	3 Games + Review	Suspended for Season (Min. 10 Games)
Red Card	Grievous - Including but not limited to: Racial Slurs, Obscene Gestures, Obvious Intent to injure, Fighting	3 Games + Review	Suspended for Season (Min. 10 Games)	
Abuse of Official (Verbal)	Including but not limited to: Swearing, Prolonged argument over calls	2 Games + Review	Suspended for Season (Min. 10 Games)	
Abuse of Official (Physical)	Including but not limited to: Deliberate contact with official	Suspended Pending Review		

All games listed are additional games to be served from the game which the violation occurred