

As a Coach-In-Training, you are expected to act in a manner befitting an educator of young children and with the best interests of BYHC in mind at all times. Above all else, your goals should be to prepare players for the next step in their youth hockey career (whatever it may be) and to ensure that they enjoy their experience with BYH to the fullest.

All CIT's are expected to follow the rules and regulations of the BYH Coach-In-Training Program as detailed below to ensure that the club's philosophy and objectives are realized.

Controlling Guidelines:

When in doubt, the following documents and policies will govern all aspects of the CIT program.

- [USA Hockey Coach's Code of Conduct](#)
- [USA Hockey Coaching Ethics Code](#)
- [BYH Rules and Policies](#)

Conduct, Behavior, and Participation

- It is expected that you will be an active participant in all program activities on ice, off ice, classroom and homework. Be engaged!
- Engage with the players. Ensure a fun atmosphere through which young players develop a love of the game.
- Your objective should always be to prepare players for their future youth hockey years and ensure a lifelong love of hockey.
- Be respectful of other CIT's, mentors, players, parents, coaches, BYH staff, game officials, and all other spectators or participants at BYH events.
- When on the ice, behave as a coach. It is not a time to practice or play with your teammates. (e.g. No shooting pucks during drills or when other coaches are providing instruction, no behavior or activity that may distract players from instruction).
- You will demonstrate skills at the request of coaches.
- Maintain a calm demeanor. Do not yell in anger or berate a player.
- No physical discipline (sprints, pushups, etc.). Consult a mentor or CIT coordinator for all behavioral or disciplinary issues.
- During games, do not yell at referees, players, or members of another club.
- Do not engage with angry parents. Consult a mentor or CIT coordinator for all issues with parents.
- No profanity or abusive language.
- Gum, mints, etc. are ok during coaching. No smoking, smokeless tobacco, etc.

Attire and Gear

- Wear your CIT windsuit at all times on the ice. Avoid wearing uniform items associated with other teams.
- No shorts, jeans, etc. while on the ice.
- Jackets will be worn zipped fully with sleeves kept down.
- Hats and under gear in good taste.
- Hats are to be worn facing forward.
- Required on-ice gear: helmet (face protection optional), hockey gloves, stick in good condition, skates.
- A whistle is recommended attached to a lanyard, glove, or jacket.
- Off ice or on the bench attire is at the discretion of the head coach or the CIT mentor in charge during the event.

General Appearance

- Maintain a well-groomed appearance.
- For older players, facial hair should be neat but is not prohibited.

Recordkeeping

- CIT's are expected to track their own hours and request mentor signatures. It is not the responsibility of the mentors to track down the CIT's. Remember your forms when coming to CIT events.
- Know your school's requirements and guidelines for service/volunteer hours.