

2017 TVYFL RULES / POLICIES REMINDERS

As a coach, it is your responsibility to understand and comply with all of the Bylaws, rules and policies that govern the TVYFL. These guidelines can be found in the following documents. You must know, understand, comply with, and teach from the:

NFHS Rule Book 2017

TVYFL Bylaws

In addition to the above named documents, there are other tools to reference for TVYFL policies and expectations:

TVYFL Weigh Guidelines

TVYFL Differences in Grade Level Rules of Play



RULES, POLICIES AND BYLAWS FREQUENTLY VISITED

- Level 3/4 Only- No more than 6 defenders are allowed on the line of scrimmage, with other defensemen at least 3 yards off line at snap, unless your opponent is inside your 10 yard line (goal line defense is allowed inside 10 yard line with no limit to number of defenders on line of scrimmage). For the purpose of counting defensive players on the line of scrimmage, the line of scrimmage extends to the sidelines, the “box” does not matter, and it does not matter what position a defensive player is playing.
- Level 3/4 Only- There are no special teams.
- Level 3/4 Only- No head-to-head coverage of the Center.
- Filming/scouting is allowed at every grade level.
- Player registration for each association will remain open through June 15; 11:59pm.
- Level 5/6 only - On any play designated a punt neither the defense nor the offense can move to a new formation until after the ball is kicked. On any play designated a punt, the punter must be aligned between the offensive tackles and at least 5 yards behind the line of scrimmage and punt from that position.
- Enforcement of the Minimum Play Rule is by a team or Member filing a grievance that during a game a team did not follow the rule. An investigation by the Division President will take place including review of the Play Count Sheet, video evidence, and parent and player accounts. If a violation is found the penalty will be forfeit of the game by the offending team and possible suspension of the Head Coach.
- Association that neglects to provide a knowledgeable, responsible field greeter at their home site may be subject to a sanction or fine to be determined by the Division co-Presidents.
- Each association will arrange a coaches meeting with a Division President for the purpose of reviewing Bylaws, rules and policies. This meeting must take place after Bylaw changes are approved and before the first officiated contest (includes jamborees) each year.
- Disrupting or attempting to disrupt the offensive team’s cadence is prohibited.
- Spectators, players and coaches are prohibited from using artificial noise makers.
- Players that line up in the backfield or on either end of the offensive line must be eligible ball carriers. Jersey numbers have no correlation to positions.
- All ineligible ball carriers will wear a 1 inch wide horizontal stripe of a contrasting color on the front and back of their helmet.

Title 5 – All players playing in ball carrier and receiver position must be under the league weight limits for that grade level. On an unbalanced line, the uncovered lineman needs to be underweight regardless if you throw to him. *Tight ends and / or tackles who are eligible receivers must be below the weight limits for that grade level.* As soon as a player over the weight limit touches the ball the play is dead with the exception of the punter, kicker or placeholder for punts, extra points & field goals.

Title 7 Sec 9 –

The scoring values for games are as follows:

- Touchdown 6 points
- Point after (run) 1 point (2 points for Varsity only)
- Point after (kick) 2 points (1 point for Varsity only)
- Safety 2 points
- Field Goal 3 points
- Forfeit (offended team wins) 1- 0

Title 9 Sec 11 - BREAKS DO NOT COUNT AGAINST PRACTICE TIME LIMITS AS STATED ABOVE. Any team activities, including but not limited to: team parties, watching tape/film, and all other similar activities do not count as practice. **Any team activities, including but not limited to: team parties, watching tape/film, and all other similar activities can occur no more than 90 minutes per week (Sunday to Saturday).** Warm-up and preparation time prior to a game on game day counts as practice time if it exceeds 1 hour. Any player training or camps organized, run, or coached by TVYFL association members after the start of the TVYFL season (4th Monday before labor day) will be counted as practice time.

Title 9 Sec 14 - Contact limitation during practice.

A. Contact is described as any drill or scrimmage, in which the drill is run at competitive speed until the moment of contact even if the players stay on their feet, or the drill is run in game-like conditions and players are taken to the ground. (Examples of contact are but not limited to: lineman vs. lineman drills, player on player tackle drills, team scrimmages, etc...)

B. Prior to Labor Day, there can be no more than 3.5 hours of contact per week. Excludes Jamborees)

C. After Labor Day, there can be no more than 2 hours of contact per week.

Title 10 Sec 5 - Weigh in takes place 30 minutes prior to the game with the visitors weighing in first. Each team will provide a weigh master that is not a coach at the scales at the time of weigh-in.

No more than 2 weigh masters from each team will be allowed at the scales during weigh-in. TVYFL executives and association board members are exempt from this unless they are coaching a team involved in the weigh-in.

Weigh in remains open for both teams until the home book is signed. A player arriving late after the weigh-in has closed is not eligible to play unless a prior waiver has been approved by the Division President the Thursday before game day. Players can only weigh in ONCE. Players over the weight limit must have their helmet marked with contrasting color tape on both front and back. Following is the minimum equipment that must be worn at weigh-in: girdle with pads (hip and tailbone), pants with pads (thigh and knee), game shoes, game shoulder pads and jersey. None of these items may be changed after weigh in. Any violation will result in a fine, suspension or expulsion. However, game shoes may be changed if: (1) field conditions reasonably require or (2) kicker chooses to use kicking

cleat. In such instance, the opposing coach shall be informed of such change prior to the opening kick-off. *No Coaches are allowed within 50 feet of the weigh in area during the weigh in process.*

Title 10 Sec 5 H - The Weigh Master may inspect cleats and mouth pieces and advise both coaching staffs of the possible equipment issue. They may not refuse to weigh the player or sign their player card for that game. Any disqualification of a player for equipment issue is up to the referee of the game. A Weigh Master can be removed from the field by the field greeter, association president or division president if they do not comply with this bylaw.

Title 10 Sec 15 –

3/4, 5/6 GAME - No team shall lead by more than 35 points at any time during the game.

JV, Varsity GAME - Point differential over 45 points, at any point in the game, will require a report emailed by the winning head coach. This report will be emailed to both the winning and losing team's division president by 12:00pm PST Monday explaining the situation that caused the point differential including evidence of all efforts made to reduce the score. If the report is not turned in by 12:00pm PST Monday, the winning head coach is subsequently suspended from all practices for the week and the next scheduled game.

Title 10 Sec 17 - If at any point during the second half of a JV or Varsity game, a team is leading by 45 points; the head coach of the team that is behind may elect to have a running clock. Once this has been elected it cannot be reversed.

Title 11 Sec 8 – No more than three coaches in the coaches' box. Per NFHS rules, the Coaches Area is a rectangle extending from the 25-yard line to the 25-yard line and from side line to at least 2 yards back from the side line.