

Atlantic Valley Volleyball Club (AVVC)



FAQ's

What is AVVC?

- AVVC is Atlantic Valley Volleyball Club based out of north central New Jersey. We are a non-profit 501 (c) (3) organization with a Public Charity Status 509 (a) (2). We are an elite travel volleyball club with boys' and girls' teams ranging from 12's to 18's with a beginners program as well. Our organization is governed by GEVA, the Garden Empire Volleyball Association, which is the local region of USA Volleyball. We abide by all GEVA rules and regulations including tryouts and recruiting guidelines.
- AVVC began with a merger between Raritan Valley Volleyball Club and Atlantic Volleyball club. The merger created Atlantic Valley Volleyball Club and has been active since 2004.

What's the mission of AVVC?

- The mission of Atlantic Valley Volleyball Club is to promote the sport of volleyball in the communities we serve and to provide an opportunity for boys and girls in New Jersey to elevate their skills, compete at the highest level possible and pursue their passion for the game of volleyball.
- Our goals are to help our players excel and both on and off the court, and for many, pursuing the dream of playing collegiate volleyball. We assist with the recruitment process for college.

Who runs AVVC?

- Atlantic Valley Volleyball Club is led by its club director, Dr. Greg Chiang, DPT, and its board of directors. Currently there are 6 voting members on the board of the directors. All of the positions on the board, including the club director, are volunteer positions. No board member is paid to perform the duties required for running AVVC. Many of the board members hold multiple roles in order for AVVC to have continued success.

How long is the AVVC club season?

- Our girl's season starts up in November with tryouts, with clinics following and official practices starting up in December. It concludes near the end of May. If a team qualifies for Junior Nationals, the season would continue through the beginning of July.
- Our boy's season starts up in October with tryouts, with official practices right after. The season concludes right before the start of the boy's high school volleyball season in March.

How much does the AVVC club season cost?

- Each team is slightly different and is dependent upon the number of tournaments they play in and where they travel to. Unlike some clubs, we have set fees for both club dues and travel fees. If we make a mistake in budgeting for our travel, we will NOT come asking you for more money. We have one total fee which includes club dues and travel dues and broken up into a few payments. Total fees can range from \$1500-\$4700, all depending on the number of tournaments we travel to.

What do the club dues cover?

- Club dues cover the cost of your Nike uniforms (2 pairs of spandex, 2-3 t-shirts, 2 jerseys, socks, warmup jacket, warmup pants, and backpack), rentals of gym space, administrative costs, volleyballs and equipment, insurance, coaching reimbursements, tournament entry fees, speed and agility program education, clinics and open gyms during the season, and end of season banquet for players.

What do the travel fees cover?

- Travel fees cover the cost of everything that is associated with travel for the players, chaperones and coaches. This includes hotels, parking fees for chaperones and coaches, rentals of buses for some tournaments, and flights if we have to fly somewhere. Food is not covered by the travel fees.

Where does AVVC practice?

- Currently we have 3 facilities that we use as our practice locations. Watchung Hills is our primary location for the girl's season, while The Express Athletic Center in Edison is our primary location for the boy's season. Weekend practices for the girls are also at The Express Athletic Center. We also use Ridge High School as a secondary location if needed.

Where have some of your alumni gone on to play in college?

- AVVC has sent 100+ graduates off to play college volleyball at such institutions as Penn State University, UNLV, Rutgers University, UNC Charlotte, James Madison University, Lafayette College, UTSA, Rider University, NJIT, Providence College, Bucknell University, Elon University, Iona College, FDU, Lasalle, Quinnipiac, University of Delaware, Seton Hall University, St. Francis College, West Virginia, VCU, Loyola University, UMES, University of New Hampshire, St. Peter's College, Lehigh University, Sacred Heart University and Holy Cross. And these are just the NCAA Division I schools. We have numerous NCAA Division II and III institutions that our players have attended as well.
- We have had a few go on to win NCAA championships and one player who is currently playing on the U.S. Women's National Team.

How many teams does AVVC field a year?

- Our girl's program typically fields 2-3 teams per age group from 12's to 18's.
- Our boy's program continues to grow and is expected to field 3-4 teams from 14's-18's.

What are your levels for your teams?

- We have 2-3 different teams per age group. Our Red teams travel the furthest and most often around the U.S. and vie for a bid to USAV Junior Nationals. Our White/Blue teams travel a bit less than our Red teams and stay within a 3-4 hour radius going as far as Massachusetts, Maryland, and D.C.

Do you have a beginner's programs?

- We have our Leapfrog Program which is designed for boys and girls 13 and under who have little experience in volleyball. Our goals as to team them the basics of the game and for them to have fun and

enjoy touching a volleyball. There is no travel with this program and competition is merely within the players in the program.

How many coaches do you have per team?

- Each team will have at least 2 coaches, with many even having a 3rd coach. Many of our coaches has a vast amount of experience and are usually placed with less experienced coaches to help them along their way. We are not only here to train the players but to train new coaches for the future. We also have junior assistant coaches who are generally new coaches who are still playing in college. We DO NOT have coaches who are in high school coaching high school players.

Who are your coaches?

- Our website has a listing of all of our coaching staff and their bios. It's an impressive list. We currently have > 35 coaches and 14 of which are currently or have coached in college before. We have coaches that have won state championships and coaches who were former players on state championship teams and coaches who coached internationally. We have a diverse group of coaches with backgrounds from many different countries, including Brazil, Puerto Rico, Haiti, USA and more.

How many players do you have on a roster for each team?

- For our 14's – 18's girls' teams (Red, White, and Blue), we will have a maximum roster of 12 players. Our 12's and 13's team can go up to 14 players because we understand that there are a lot of conflicts that can occur with scheduling at those ages.

How does AVVC travel?

- Depending on the tournament, most which are drivable, parents will have to find a way to get their child to the tournament. We have team representatives to coordinate if there are conflicts with rides. Some tournaments require buses and/or flights. We coordinate all of that for the team.
- For multi-day tournaments, we have 2 chaperones to look after the team when they are not at the venue. Our girls' teams stay together, 3-4 girls per room, mimicking the environment they would face if playing in college. We always reserve 1-2 hour blocks a day where they must focus on academics so they stay on track with school.

Can the club pay for my transportation to practice?

- No. NCAA eligibility guidelines prohibit players from receiving extra benefits that are not part of typical fees. Clubs that provide such benefits are putting your child at risk for eligibility in college.