

## MVKWA Coaches' Floor Passes – 2019-2020

[updated: 11-23-2019]

These items are needed to have an MVKWA Coach's Floor Pass:

- Concussion Course Certificate (summary: ½ hour online course, certificate is good for 3 years)
- Lindsay's Law on Sudden Cardiac Arrest Form (summary: 17 minute online video, paper to sign)
- USA Wrestling Limited Wrestling Leader Card (summary: \$0 background check, 90 min. online SafeSport class, \$35 USAW card)

Teams should keep their concussion certificates and Lindsay's Law forms on file to protect themselves legally.

### **The teams will take care of their own coaches' floor passes for all Mini's & Regionals, which MUST consist of:**

- **Lanyard around the coach's neck with a clear pouch that must contain:**
  - **Front Side in pouch:** coach's **USA Wrestling Limited Wrestling Leader Card**
  - **Back Side in pouch:** **copy** of the **coach's driver's license photo ID** (with **sensitive information whited out**)
  - So each team determines their number of coaches for Mini-Tournaments and Regionals, but they MUST have their USA Wrestling Limited Leader Card and Driver's License Photo ID displayed as above.

The Nutter Center Coaches Floor Passes will be different and handled by Mike Sizemore and Charlie Smith.

1. The MVKWA Coach's Floor Passes used at MVKWA Mini-Tournaments and Regional Tournaments will not work for Nutter.
2. Nutter coaches' floor passes will be based on the list of coaches that Charlie Smith has from each team.
3. Charlie Smith will work with Mike Sizemore to pass out floor passes based on:
  - a. 1 MVKWA Coach's Morning Floor Pass for each 4 wrestlers in the morning session.
  - b. 1 MVKWA Coach's Afternoon Floor Pass for each 4 wrestlers in the evening session.
  - c. Each MVKWA Coach's Floor Pass for Nutter will only be good for one session, morning or afternoon, with each a different color.
  - d. If you have a situation where you might need more MVKWA Coach's Floor Passes than the above formula allows, see Charlie Smith.
  - e. Charlie Smith has been handling the Nutter Center tournament for over 20 years. He knows this is the best way to make sure that a manageable number of coaches are on the floor and where all the wrestlers have a coach in their corner. There may be exception situations where the above formula does not work. Charlie knows this. Work with Charlie to resolve these situations. **This procedure is not up for debate.** Work with Charlie to get what you need. You may not get what you want, but **you will get what you need.**

### **MVKWA Coaching Requirements and Procedures:**

1. **Concussion Course Requirement** - The State of Ohio enacted House Bill 143. That means, by State Law, that all coaches have to complete a "Concussion Course". The course takes about 30 minutes. Here is **what coaches need to do:**
  - Go to [www.nfhslearn.com](http://www.nfhslearn.com)
  - Select: Concussion Courses, then select: Concussion in Sports
  - View course > at top, pick State: Ohio > Order Course (it is free)
  - Register if it is your first time. If not your first time, login or use "Forgot your password" if needed.
  - Follow the order process and prompts to get to and take the course.
  - Complete the course and **print a copy of your certificate.**
  - Certificate is good for 3 years.
  - The course needs to be **completed by your first practice.**
2. **Lindsay's Law (Sudden Cardiac Arrest)** - This is a State Law as of August 1, 2017. All parents and coaches are required to fulfill an annual requirement on sudden cardiac arrest. All coaches and parents need to watch a 17 minute video and sign a form. There is no money required for this. It is free.
  - Overall link: <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/Lindsays-Law/Lindsays-Law>
  - For youth coaches, use the links under "For parents/guardians and youth athletes".
    - i. Watch the "Required video" (17 minutes).
    - ii. View the "Required SCA Information Handout".
    - iii. Print the "Required Signature Form".
3. **USA Wrestling Limited Wrestling Leader Card** – All coaches will need a USA Wrestling Limited Wrestling Leader Card.

**How to Get a USA Wrestling Limited Leader Card – Detailed Steps – Are on the Back or Below,**

## How to Get a USA Wrestling Limited Leader Card – Detailed Steps

USA Wrestling is mandated by a Federal Government bill (see: <https://www.congress.gov/bill/115th-congress/senate-bill/534/text>) to require those coaching at MVKWA practices or meets to have a USA background check, USA Wrestling Safe Sport certification and a USA Wrestling Limited Wrestling Leadership membership card. The background check is only required and allowed for all those 18 & over. The USA Wrestling National Office worked with USA Wrestling-Ohio to minimize the cost for the MVKWA coaches, so that for the MVKWA coaches, the cost is \$35 for coaches that are 18 & over and \$0 for coaches that are 17 & under. (Overall site link for this: <https://www.usawmembership.com>)

The steps for getting the Federal Government / USA Wrestling coaching requirements:

- First, create a **USA Wrestling account and login**: (or use your account and login from last year if you have it)
  - View the 2 minute video “Create a free account” from <https://www.usawmembership.com/help>
  - This will show you how to setup your USA Wrestling account, user login and password.
- Then, create a **USA Wrestling Profile**: (or use your profile from last year if you have it)
  - View the 1 minute video “Creating a Profile” from <https://www.usawmembership.com/help>
  - This will show how to get your USAW ID number that you will need below.
  - Your USAW ID number will be the first item in in the first row of your “My Profile” data.
- Then, get your **USA Wrestling background check**: (if your profile has a **red dot** for “**BG Check**” item)
  - If you are 17 or under, you skip this step and you can do the next step (Safe Sport certification) right away.
  - If you are 18 or over, even if you are a high school student, you need to get this background check.
  - View a 2 minute video “How Do I Get My Background Check” at <https://www.usawmembership.com/help>
  - No other background check will work. You have to get the USA Wrestling background check.
  - There is \$0 payment for those in Ohio.
  - It will take 3-14 days for the background check to be processed.
  - You will get an email once your background check has been completed.
- Then, get your **SafeSport certification**: (if your profile has a **red dot** for “**SS Training**” item)
  - If you are 17 or under, you can do this step right away as you will not get a background check email.
  - If you are 18 or over, you may need a “passed background check” email before you take SafeSport class.
  - Whether you are 17 & under or 18 & over, you need to get Safe Sport certified.
  - The online SafeSport class takes about 90 minutes.
  - View a 3 min. video “How Do I Get My SafeSport Certification” at <https://www.usawmembership.com/help>
  - You will need your USAW ID number from above, and may need to create a SafeSport login/password.
  - The SafeSport certification has 3 units. When done you get just one overall certificate in 2019-2020.
- Once you passed the background check and SafeSport certification, **get your USAW membership**:
  - See 3 min. video “Purchasing a Wrestling Leader Membership” - <https://www.usawmembership.com/help>
  - The **Limited Wrestling Leader** membership has some USAW insurance with it:
    - USAW insurance info: <http://content.themat.com/forms/Insuranceinfo.pdf>
      - Or via <https://www.teamusa.org/USA-Wrestling>
      - Then Membership/Login > Insurance Information > Insurance Coverage
  - The Limited Wrestling Leaders membership will be automatically priced based on your age:
    - \$35 if you are 18 or over
    - \$0 if you are 17 or under
- You can **print your USAW membership card** during the above step, or you can re-print it later.
  - View 1 minute video: Print a Membership Card Online

The overall web link for getting the USA background check, USAW SafeSport certification and USAW membership is <https://www.usawmembership.com> (or [www.themat.com](http://www.themat.com) , then Membership/Login). And, as a quick reference, the link to all the help videos noted above is: <https://www.usawmembership.com/help> If something comes up where you still need assistance, you can call the USA Wrestling National office at 719-598-8181 and ask for Shonna Vest (ext. 664) or anyone in Customer Service (see: <https://www.teamusa.org/usa-wrestling/about-us/staff-directory>).

Thanks for coaching our youth wrestlers at MVKWA practices and meets. Our parents, other coaches and wrestlers thank you for providing this very valuable service.