

Check: Half Iron \_\_\_ Sprint \_\_\_ Aquabike \_\_\_

Individual \_\_\_ Relay/Swimmer \_\_\_ USAT # \_\_\_\_\_

First \_\_\_\_\_ Last \_\_\_\_\_

Female \_\_\_ Male \_\_\_ D.O.B. \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ Ph \_\_\_\_\_

E-mail \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Athena (F-165 lbs +) \_\_\_ Clydesdale (M-220 lbs +) \_\_\_ (optional)

Circle shirt size

**Adult:** XSm Sm Med Lg XL XXL (add \$3)

CHECK if you would like Elite Wave \_\_\_ Slow Swimmers \_\_\_

If elite wave, fill in your best event and overall place

Event: \_\_\_\_\_ Overall Place: \_\_\_\_\_

**Relay Team Name** \_\_\_\_\_

**Biker** Ph: \_\_\_ - \_\_\_ - \_\_\_\_\_

First \_\_\_\_\_ Last \_\_\_\_\_

**USAT #** \_\_\_\_\_ Shirt: XSm Sm Md Lg XL XXL(add \$3)

E-mail \_\_\_\_\_

**Runner**

First \_\_\_\_\_ Last \_\_\_\_\_

**USAT #** \_\_\_\_\_ Shirt: XSm Sm Md Lg XL XXL(add \$3)

E-mail \_\_\_\_\_

May be done as a 2 or 3 person relay team. Any combination.

## Registration/Expo

**Fri., July 27 • 3:30-6 p.m. Sat., July 28 • 11:30-3 p.m.**

**Sun., July 29 • 4:45-6:45 a.m. Paradise Park, Chisago City**

Circle: Cash Check

**Fill in Appropriate Fee**

\_\_\_ Half \$80 thru 12/31, \$100 thru 7/4,

\$120 thru 7/27, \$140 after 6/21

\_\_\_ Half Relay \$50 thru 12/31, \$60 thru 7/4,

\$70 thru 7/27, \$80 after 6/21

\_\_\_ Aquabike \$40 thru 12/31, \$50 thru 7/4,

\$60 thru 7/27, \$70 after 6/21

\_\_\_ Sprint \$40 thru 12/31, \$50 thru 7/4,

\$60 thru 7/27, \$70 after 6/21

\_\_\_ Sprint Relay \$30 thru 12/31, \$40 thru 5/30,

\$50 thru 6/21, \$60 after 6/21

\_\_\_ add \$15 non USAT member

\_\_\_ **Total**

Mail check & registration forms to: DuTriRun

PO Box 7723, Appleton, WI 54912

**Contact person in case of emergency:**

Name \_\_\_\_\_ ph \_\_\_\_\_