



FUNdamentals

Analytical Passing Alley



Organization

25 x 25m. Cones are placed around the field to resemble the gates. One soccer ball for every 2 players.

Procedure

The player will look to pass the ball to their teammate through the gates. Coach should encourage players to pick their head up to locate open gates around the field and play through new gates. This will help player to be aware of the gates on the field and the other players on the field.

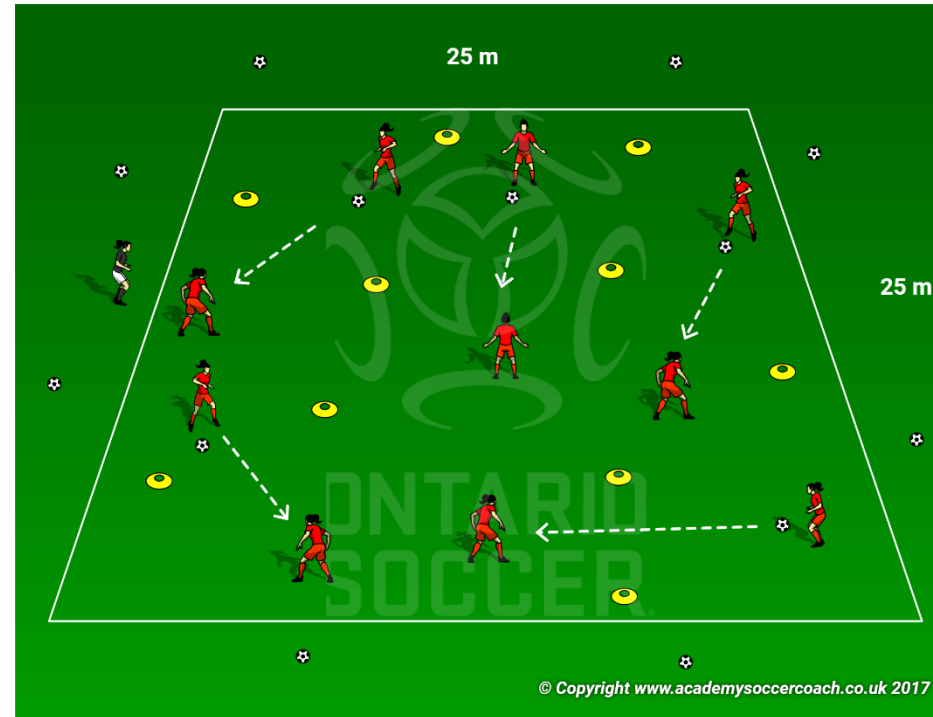
Emphasis

Creating a safe environment
Positive reinforcement
Allow players to be creative
Allow the players to make decisions

Progression

In 30 seconds, the players will pass the ball to their teammate through the gates as quickly as possible.

In 30 seconds, the players will pass the ball to their teammate through the gates. The receiver must take their first touch in a different direction.



Timing	Area
9 Minutes	25 m x 25 m

Objective

Players are able to pass through a gap

Outcome

All players - will be able to identify where the gaps are and pass through them
Most players - will be able to identify where the gaps are and pass through them with a good weight of pass
Some players - will be able to identify where the gaps are and pass through them so the ball arrives when their team mate does

Technical	Psychological
Passing Receiving	Creativity Confidence Awareness FUN
Social	Physical
Communicating Teamwork Problem-Solving	Agility Balance Co-ordination Change of Speed Change of Direction

Top Tip

Encourage creativity and freedom by asking players to try different moves of their own or by thinking of moves or techniques that disguise their intentions. Praise any attempts at these moves and make sure the players know that making mistakes is part of the process.