

Metro Classic Conference Cross Country Meet

Saturday, October 14, 2017

UW-Parkside Course

East of Highway 31 on Kenosha County Highway JR

Course Address: 4400 Petrifying Springs Road, Kenosha, WI 53144

<u>TIME SCHEDULE:</u>	8:30 a.m.	Course Open
	9:15 a.m.	Coaches Meeting in Administration Building
	10:00 a.m.	Girls Race
	10:45 a.m.	Boys Race
	ASAP	Award Ceremony

ENTRY: All runners of each gender will run in one race – you must declare on race day which seven will count for Varsity scoring purposes. Each school may run an unlimited number in each race, but only the designated 7 finishers will count for Varsity team score. The extra runners will be considered JV and will be scored separately. We will displace runners from incomplete teams in determining team scores in all races.

ENTRY ROSTERS: There is only one (1) way to enter your team:

USE THE FORM FOUND attached to this email. Download it, complete it, and attach it to an email sent to Peter Henkes at wisrun@gmail.com after completing it.

An entry problem? Contact Peter Henkes at the email address above or his work phone (262) 633-0033.

- **You must send new roster for this meet, even if you participated in an earlier meet administered by Wisconsin Runner!**
- **PLEASE DESIGNATE ON THE ROSTER BEFORE YOU SEND IT BACK A “V” IN THE COLUMN NEXT TO GENDER THE (MAXIMUM) 7 RUNNERS YOU INTEND TO COMPETE ON THE VARSITY LEVEL. YOU CAN STILL MAKE CHANGES THE DAY OF THE MEET!**
- **ENTRY PROCESS SHOULD BE COMPLETED BY MONDAY, OCTOBER 9th at 8:00 p.m.**

TIMING & SCORING: Wisconsin Runner will provide for the timing and scoring/results for this meet. No printed results will be provided. Results will be faxed to the appropriate newspapers, sent to the WCCCA web site, and the results will be available before the meet ends online at www.wisconsinrunner.com

RACE NUMBERS are to be worn on the front of the singlet. Make sure each runner wears the correct number, and does nothing to deface it, which includes crunching it. The bar code reading is compromised if the number is defaced. Please instruct your runners not to remove the tear-away segment of their number or the tag affixed to it, and to pin their number to their jersey only through the four small holes.

TEAM PACKET: You will need to pick up a team packet upon your arrival at the course on October 16th – you will need to get race numbers to your runners. **You will need to declare which seven of your runners are competing as your varsity team at that point, per Metro Classic Conference Guidelines.**

AWARDS: Medals to top 10 finishers in Varsity races – those runners are designated as the Metro Classic Conference All-Conference team.

STARTING BOXES: Each school has been assigned to a starting box – they will be 15 feet wide, so you may plan your starting alignment accordingly.

<u>Box</u>	<u>School</u>	<u>Box</u>	<u>School</u>
# 1	Catholic Central	# 6	Kenosha St. Joseph
# 2	Racine St. Catherine's	# 7	St. Thomas More
# 3	Dominican/Eastbrook	# 8	Racine Lutheran
# 4	The Prairie School	# 9	Shoreland Lutheran
# 5	Martin Luther		

PARKING:

All busses, team vehicles & spectators should come in on Highway E and then turn onto Highway JR to access the UW-Parkside parking lots east of the course. There is no participant drop off on Highway JR.

No parking allowed in any of the Petrifying Springs parking lots – this includes teams, coaches and spectators. The Kenosha County Sheriff Department has been and will be ticketing anyone violating this policy! Please inform your fans of this information as well.

Handicap Parking (with Permit) is allowed in the Parking Lot immediately North of the course on Highway JR.

COURSE MAP: Attached as a PDF – new this year – 5k JR Course

SPECIAL NOTES:

- 1) There will be a concession stand run by UW-Parkside on the course throughout the day.
- 2) The WIAA rule is that there should be NO DOGS at CC Meets – please inform your fans of this policy again this year.
- 3) **No team tents may be erected or team camps established in Petrifying Springs Park across Highway JR from the course. Tents may be erected at the UW-Parkside course ONLY between the finish chutes and the line of trees immediately to the north of the chutes.**
- 4) UW-Parkside is charging \$5 for adult admission to the course for the duration of the meet.
- 5) Prepare your runners for what to expect with the UW-Parkside finish chute area with the MyLaps timing. We need to have all runners continue running until they enter the chutes. This allows their chips to be accurately read on both mats. It also allows all runners the opportunity to have a fair finish, and minimizes the possibility of a runner being injured by impact between runners after the finish line is crossed.
- 6) Please remind your athletes about sportsmanship before, during and after their races – this is the championship part of the season and it would be a shame to have to disqualify someone.

If I can be of any help before race day, please feel free to contact me.

Tom Scheller
 CC Coach
 Racine St. Catherine's H.S.
 (262) 308-4216 (cell)
 Email: tscheller@saintcats.org (BEST METHOD!)