

## Wisconsin Association of Cheer & Pom Coaches, Inc.

## **College All Girl**

## CHEER

	Team:	
udge:	Division:	
	Performance:	Comp Year:

		Ch	eer Score				
Driver	7	Score	Max Score	ĺ	Juc	Judge Comments	Judge Comments
	Strong Voice (volume, projection)		1				
Crowd Engagement	Vocal Enhancements (inflection, ad libs)		1				
gage	Good Pace/Flow		1				
vd En	Genuine Spirit		1				
Cro	Consistent Engagement		1				
	Crowd Engagement		5				
	Props Easy to Read/Follow		1				
rial	Uniformity of Style		1				
Mate	Props Enhance Crowd Engagement		1				
ing	Creative		1				
Leading Material	Strong Technique		1				
-	Proper Use of Crowd Leading Material		5				
	Precise Placement		1	ļ			
Su	Precise Technique (strong arms/straight wrists)		1				
Cheer Motions	Precise Synchronization		1				
er⊵	Motions Enhance Crowd Engagement		1	l			
Che	Incorporation of Footwork		1				
	Cheer Motions		5				
	Stunts Enhance Crowd Engagement		2.5				
Stunts	Clean/Clear Transitions In & Out of Stunts		2.5				
½	Proper Use of Stunts		5				
	Precise/ Sharp Movements		1	l			
	Precise/Sharp Skills (jumps, tumbling, kicks, stunts)		1				
	Precise Synchronization		1				
_	Precise Spacing		1	ļ			
utio	Clean/Clear Transitions		1				
Cheer Execution	Showmanship		1	l			
reer	Confidence		1				
ָ לַ	Natural, Excited Faces & Smiles		1				
	Energy Maintained		1	ļ			
	Absence of Mistakes		1	l			
	Cheer Execution		10	l			
	TOTAL SCORE						
	TOTAL SCORE		30				



## Wisconsin Association of Cheer & Pom Coaches, Inc.

## **College All Girl**

## DANCE & ROUTINE FORMATIONS & TRANSITIONS

	Team:	
Judge:	Division:	
	Performance:	Comp Year:

			<b>-</b>
	Dance Score (a minimum Driver	m of ONE Score	8-ct of co
	Strong Pace	30016	1
	Use of Levels		1
₹	Formation Changes		1
Difficulty			
Δif	Intricate Movements		1
	Incorporation of footwork		1
	Dance Difficulty		5
	Sharp/Precise Movements		0.5
	Perfect Motion Technique		0.5
	Precise Synchronization		0.5
	Strong Control of Tempo/Rhythm		0.5
_	Visual Appeal		0.5
Execution	Showmanship		0.5
=xec	Confidence		0.5
_			
	Natural, Excited Faces & Smiles		0.5
	Energy Maintained		0.5
	Creative		0.5
	Dance Execution		5
	Dance Score		10
			ine Form
	Execution Driver	Executio	Max Score
s	Clear/Easily Seen		0.5
2	Good Spacing	I	05

#### Good Spacing 0.5 Variety (using levels, different 0.5 shapes, etc) Appropriate Use of Floor 0.5 0.5 Formations enhance the routine Clean Movement 0.5 Creative 0.5 0.5 **Good Pace** Minimal Downtime 0.5 Strong Coordination between Visual 0.5 Elements Formations/Transitions Score **TOTAL SCORE 15**



#### Wisconsin Association of Cheer & Pom Coaches, Inc.

# College All Girl TUMBLING & JUMPS

	Team:	
Judge:	Division:	
<u> </u>	Performance:	Comp Year:

			TUMBLING E
	Execution Driver Few (≤50%) 0.1 - 0.3 Majority (> 50%) 0.4-0.7 M	Score lost - Full (≥ 75)	Max Score %) 0.8 - 1.0
	Clear Body Lines		1
	Strong Technique (solid block, high set, squeezed		1
STANDING	legs) Clean Entry		1
STAN	Clean Landing		1
	Correct Skill Form		
	Standing Tumbling Execution		1
	Clear Body Lines		5 1
	Strong Technique (solid block, high set, squeezed		
			1
RUNNING	Clean Entry		1
"	Clean Landing		1
	Correct Skill Form		1
	Running Tumbling Execution		5
	<b>Tumbling Execution Score</b>		10
			JUMP EXE
	Execution Driver  Few (≤50%) 0.1 - 0.3 Majority (> 50%) 0.4-0.7 M	Score lost - Full (≥ 75	Max Score %) 0.8 - 1.0
То	pes Pointed		1
10	gs Straight		1
Hip —	ps Rotated		1
Pro	oper Placement (Legs & Arms)		1
Ва	nck Straight/Chest Up		1
	Jump Execution Score		5
	Julip Execution Score	OVER	ALL TUMBLIN
	Execution Driver	Execution Score	Max Score
a	Few (≤50%) 0.1 - 0.2 Majority (> 50%) 0.3 Most - Confident/Natural	Full (≥ 75%) 0.4 -	0.5
anshi	Source Maintained Thomas have		
owm	Confident/Natural  Energy Maintained Throughout  Genuine Crowd Presence		0.5
Š	Genuine Crowd Presence		0.5
	Team Synchronized		0.5
ling	Variety of Skills		0.5
Tumbling	Spacing/Formations		0.5
	Routine Enhancing		0.5
_	-		
St	Team Synchronized		0.5
Jumps	Spacing/Formations		0.5
'	Routine Enhancing		0.5
	Impact Score		5
	TOTAL SCORE		20

WACPC
3W

0.0

0.0

0.0

Few Team + Few Team<sup>+</sup>

Single Jump Skill Occurrence

Level Variety Not Met

Judge:

Гeam:		
Division:		

/15

Performance:	Comp Year:

	(M)													
	0.3	0.5	0.8	1.0	1.3	1.5	BLING DIFFI 2.0		2.0	3.5	3.8	4.0	4.5	5.0
	Rolls	Cartwheels	Roundoffs	Series including cartwheels, Roundoffs	Walkover	Series including walkovers	Side Aerials	Series including side aerials	Single Jump handsprings	Standing Tucks	Roundoff Tucks	Roundoff Back Handspring Tucks/Flips	Layouts (stretched out)	Standing Fulls
	Handstands	Combination including handstands					Handsprings	Front flips	Standing/ Running Series including handsprings	Standing series including Tucks/Flips	Single Jump Tucks	Series not already listed including Tucks/Flips	Series including Layouts	Series including twists (full or Arabian)
		Sorio	s including	directional	rhanaes la	irhorne to air	borne) or inclu	ıdina flin/aer	ial to airborn	e skill will i	ncrease score	Whipback		
		Jene.	3 including	unectionar	inunges (u		core will not		iai to aii boiii	e skiii wiii ii	icrease score	: 1/2 point.		
# skills each														
Skill Calculati on														
										Judges N	lotes:			
enter # athletes	TEAM SIZE									Junges .				
	DIFFICULTY			oifficulty Si							Τι	ımbling Dif	ficulty Sco	ore /10
							MP DIFFICU							
	LEVEL	BASE SCORE				וטנ	MP DEFINITI LEVE	ONS L DEFINITIO	NS AND VA	RIETY				
EXPER		4.1					Single Novice	e jump. <b>4 D</b>	ifferent Jun		nown			
ADVAN		3.1					Different Ju			=::				
NOVICE	MEDIATE =	2.1 1.1					) + 1 Single N Front/Side I					ımn Skille S	hown	
BEGIN		0.1						indialet, FIRE	e, Double 9,	HEIRIC, Z	Different Ju	כ פווואכ קוווא		
	BEGINNER 0.1 Star, Tuck, Double Hook; 2 Jumps Shown few ≤ 50%   majority > 50					most ≥ <b>75</b> %	full	= 100%						
		Bonus (ha	rder skill will dr					Ju	umps Base Score			Jump Bor	nus Score	
	0.9 Full Team + Full Team													
	0.8 Full Team + Most Team 0.7 Full Team + Majority Team													
0.7				am + Few T							Jump Diffic	ulty Score		
	0.5			am + Most									/-	
				n + Majorit									/5	
	0.3			am + Few										: 
	0.2			am + Major		-				OVE	RALL TUM		MP	
	0.1 Majority Team + Few Team							DIFFICULT	Y SCORE					



Judge: \_\_\_

### Wisconsin Association of Cheer & Pom Coaches, Inc.

## **College All Girl**

STUNTS & PYRAMIDS

Team:	
Division:	
Performance:	Comp Year:

			GROUP STUN	TS EXECUTION	
	Execution Driver	Execution Score	Max Score	Judge Comments	
Str	ong Top Person Technique - locked legs		1		
Str	ong Top Person Technique - motions / body positions		1		
Str	ong Base Technique - locked arms		1		
Str	ong Base Technique - use of legs		1		
Str	ong Technique - tight core		1		
Per	fect Control		1		
Coı	rect Dismount & Tosses Technique		1		
Per	fect Synchronization / Timing		1		
Per	fect Spacing		1		
Cle	anly Performed Higher Skills in Difficulty Level		1		
	Group Stunts Execution Score		10		
	Execution Driver	Execution Score		EXECUTION  Judge Comments	
Str	ong Top Person Technique - locked legs	Execution Score	Max Score 1	Judge Comments	
Str	ong Top Person Technique - motions / body positions		1		
Str	ong Base Technique - locked arms		1		
Str	ong Base Technique - use of legs		1		
Str	ong Technique - tight core		1		
Per	fect Control		1		
Per	fect Transitions		1		
Per	fect Synchronization / Timing		1		
Per	fect Spacing		1		
Cle	anly Performed Higher Skills in Difficulty Level		1		
	Pyramids Execution Score		10		
	Formation Prince			PYRAMIDS IMPACT	
\/2+	Execution Driver iety: number of skill categories performed in stunts OR	Execution Score	Max Score	Judge Comments  Circle Categories Observed: Inversion Release Twistin	ng Dismounts Other Stunts
	amids (0.2 per category, max 5)		1	Tosses	ig Distributits Other Stuffs
	Personnel: min # of bases/bracers used, max # of athletes used		0.5		
UNTS	Formations: clear/easily seen, variety, appropriate use of floor		0.5		
ST	Transitions: creative stunt sequences, minimal downtime		0.5		
	Showmanship: engaging, energy maintained		0.5		
	Personnel: min # of bases/bracers used, max # of athletes used		0.5		
PYRAMIDS	Formations: clear/easily seen, variety, appropriate use of floor		0.5		
PYR	Transitions: creative stunt sequences, minimal downtime		0.5		
	Showmanship: engaging, energy maintained		0.5		
	Impact Score		5		
	TOTAL SCORE		25		



Judge:	

Team: Division:

Performance:

Comp Year:

COLLEGE GROUP STUNT/PYRAMID DIFFICULTY  DEFINITION											
INVERSION	RELEASE	TWISTING	DISMOUNT	OTHER STUNTS TOSSES			TOSSES	PYRAMIDS			
	**AG Single Base =	Bump up 1 level**		**Single based skills are ASSISTED unless specified**				**Pyramids skills are 2 1/2 high, unless specified**			
specified**  BEGINNER LEVEL											
To prep or below without release	To extended or below (vertical/horizontal)	Less than full to any level	Straight to ground	Shoulder Stand / Si	t		Straight ride				
William release	(vertical/nonzonial)	Full to prep	To below prep  Straight cradle from any	Quad Based Stunts (any level, 1 or 2 leg		(wi	One Trick th or without twist)	Any level 2 high pyramids - performed double or single based (including braced BEGINNER, NOVICE, INTERMEDIATE, SKILLED, ADVANCED or EXPERT skills)			
To below prep or below with release	High to low (1 or 2 leg)	Modified full to any level	level Full to 1¼ twist from any level	Assisted or Unassisted Single base hands			Two Trick (without twist)				
NOVICE LEVEL (straight = toss or walk in)											
Full Control of the C									u wa mai da		
To extended+ without release	To extended single leg+ (switch up)	to extended  Prep to prep full	2+ trick without twist	Press extended single base hands		2+ trick		Step up to 2 1/2 high py		iyrannus	
Wilload Felease	(Switch up)	High to low									
To prop		(1 or 2 leg)	Full to 1¼ twist from	Unassisted BEGINNE	. D	with one twist					
To prep from below prep+ with release	BEGINNER release with 1/2 + twist	Full to extended single leg	extended single leg body position	single based skills				Dismount landing in cradle without twist			
	I		INTERMED	IATE LEVEL		I		II .			
To extended+ from below prep+ with release	Low to high - single leg, switch foot ending in single leg	Low to high full to extended+	2+ trick including 1 twist	Single base hands+ with release	•			Pitch up with brace to 2 1/2 high			
Handstand to prep with release	High to high - single leg, switch foot ending in single	Full to extended single leg body position	2 trick (double down) from prep level (1 or 2 leg)	Straight to extender single base hands			2+ trick with <u>two</u> twists				
To prep	leg			Press extended single base single leg	<b>z</b> +						
from ground with release	NOVICE release with 1/2 +	1 1/2+ to extended (2 leg)	Front flip	Front flip Unassisted NOVICE				Dismount landing on ground			
	twist		SKILLEI	single based skills							
To extended+ from ground with		1 1/2+ to extended single leg body	SKILLLE	1				P. 1 11			
release (with or without twist)	Low to high - single leg, switch foot ending in body position	position High to high	2 trick (double down) from extended level (1 or 2 leg)	Press extended single base single leg (main base or coed gr		Tuck Flip		Pitch up with release without brace to 2 1/2 high  Roll dismount with brace			
Handstand prep to extended (2 legs)	extended (2 ending in 2 leg										
with release	High to high - single leg, switch foot ending in body position	High to High ending in single leg+	Back flip	Press extended one arm (1 or 2 legs) Back flip		Tuck Flip +1 Trick (no twist)		Full up from prep level to 2 1/2 high Inversion/Flip without release to 2 1/2 high			
INTERMEDIATE inversion with 1/2 +Twist	INTERMEDIATE release with 1/2 + Twist	Double twist to extended+	·	Unassisted INTERMEDIATE single based skills				Full down dismount to cradle or ground			
	I		ADVANC	ED LEVEL		ı		1			
Handstand prep to extended single leg+ with release Ground inversion to prep level handstand	Low to high - body position switch foot to body position	High to High body position to body position	Front flip with 1/2 twist	Straight to extended single base single leg+ (main base or coed grip)		Tuck Flip + 1 Trick (with twist)		Full up from prep level to 2 1/2 high			
Rewind to prep (1 or 2 leg) Prep to prep flip	High to high - body position switch foot to body position	Souty position		Straight to extended one (2 legs)	e arm	Layout		Inversion with flip from prep level with release to 2 1/2 high			
SKILLED inversion with 1/2 + Twist	SKILLED release with 1/2 + Twist	Double twist to extended+	Back flip with 1/2 twist				Pike Open Flip	Flip dismount (front or back)			
			EXPER	LEVEL		1					
Handstand extended+ to extended+ with release			Format Allin					Full up from ground to 2 1/2 high			
Ground inversion to extended level handstand	ADVANCED release with 1/2 + Twist	Refer to skills in other categories for EXPERT determination	Front flip with full twist	Straight to extended one (1 leg)	e ariii	Layout or pike open fli trick		Inversion/ flip from ground to 2 1/2 high with release			
Rewind to extended+ (1 or 2 leg)  ADVANCED inversion with 1/2 +			Back flip	Unassisted ADVANCE			Layout +	Full up/inversion/flip transition in 2 1/2 to 2 1/2 high			
Twist			with full twist	single based skills			Full Twist	Fli	with 1/2 + twist dis	mount	
1<-few < 50%   majority ≥ 50%   most ≥ 75%   full = 100%			cted elements 0		Double Braced		l at Top		Max 1 0.1		
				0.1 1.1					0.2		
Group Stunt Base Score Group Stunt Bonus (max 1)		1 Inter & 1 Novice 2.1		Bracer Bonus - Sc		oring Pyramid 2		Max 1			
4 Majority 4 Most+ Few Majority Most Full Beg 0.5 1.5		2 Inter OR 1 Skilled & 1 Novice 3.1 1 Skilled & 1 Inter 4.1									
Novice 2.0	3.0	No Points 2 Skilled		R 1 Adv'd & 1 Inter 5.1		Single Braced	at Top	Тор 0.3			
Inter 3.5 Skilled 5.0	4.5 6.0 0.1	0.2 0.4 0.6	1 Adv'd &	1 Skilled 6.1 R 1 Expert & 1 Skilled 7.1				ransition Skills		Max 1 0.1	
Adv'd 6.5	7.5 0.2	0.4 0.6 0.8	1 Expert &		8.1		3+ Variety of T	ransition Skills Fransitions Skills		0.1	
Expert         8.0         9.0         0.4         0.6         0.8         1.0         2+Expert		9.1 Quantity Bonus 3+ Pyramids ii			Scoring Pana	0	Max 1 0.1				
Construct Date Construction											
Group Stunt Base Score Group Stunt Bonus (max 1)				Pyramid Base Score Bracer P1				Bracer P2	Transition	Quantity	
Group Stur	nts Difficulty Score (M	ax Score = 10)		Pyra	mids Di	fficult	y Score (Max Sco	re = 10)			