

## Description

Finishing from close range

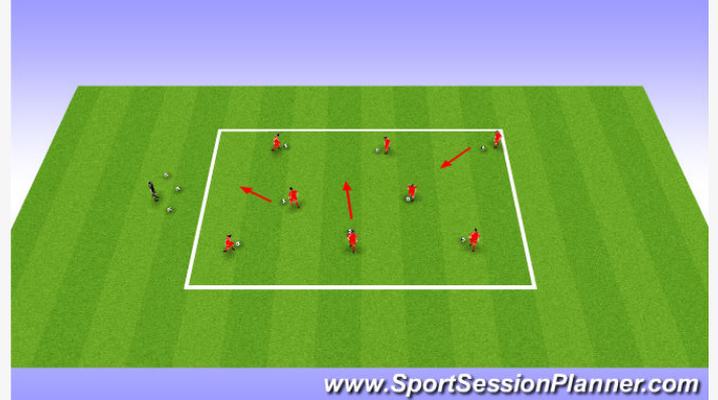
## Warm Up

### Organization

15 x 15 Yard square

Players have a ball each and dribble around at various speeds performing a variety of soccer specific movements/skills

- Step over/Scissors
- Double step over/Scissors
- Cruyff
- Toe Taps
- Drag backs/Sole turns



## Finishing Techniques

### Organization

Set up a channel with a goal at one end

Player 1 plays to player 2 who opens up and takes a touch inside to set up for a close range finish

Encourage players to use the inside of the foot to 'place' or 'pass' the ball into the net

Accuracy versus Power !

Players follow their pass and go to the back of the start line after they have had their turn

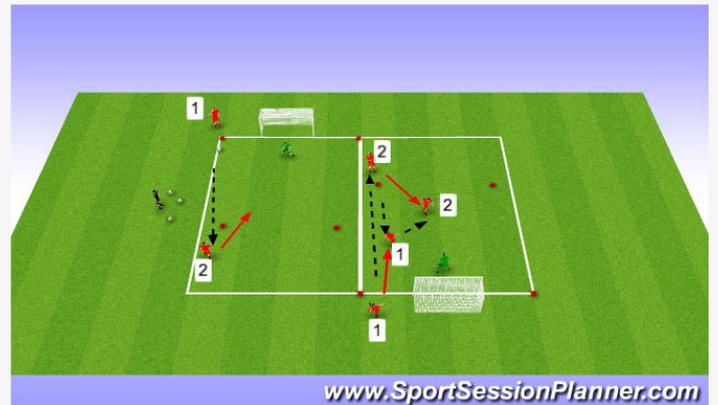
Set up from both sides to create right and left foot opportunities

### Progression

Add in a give and go at the cone between the players before the finish

### Competencies

- Head up to look at target
- Recognize GK's position
- Head down to see the ball
- Inside of the foot for accuracy over power
- Follow through before the head comes up



## Small Sided Game

### Organization

2 teams with a field split into 2 small ends

Players must stay in their own end

Encourage shooting or 'finishing' at every opportunity due to the short length of the field

If a team scores they start with the ball again

Each team has a striker who can score by picking up rebounds or pressing the defenders into making mistakes



## Small Sided Game

### Organization

4 v 4 or 5 v 5

Encourage shooting at every opportunity

Encourage proper technique when finishing from close range

Inside placement

Accuracy versus Power !

