



Water Polo 2017

PRACTICE Starts October 23rd

Monday, Tuesday, Wednesday & Thursday

PRACTICE is @ Borah Pool

6:45pm – 8:00pm Each Night

This is for athletes who are done with their FALL sport. Please bring the following:

- Goggles(Mandatory), speedo, jammers, water bottle, warm clothes

Week of October 30th

Monday, NO HALLOWEEN PRACTICE, Wednesday & Thursday

PRACTICE is @ Borah Pool

7:00pm – 8:00pm Each Night

GAMES ON Saturday November 4th

Right after STATE SWIM MEET @ West YMCA

Time: 3:00 P.M.

November, December and January

Move practice to the West YMCA.

Every Tuesday, Wednesday, Thursday.

Time will be 7:00-9:00.

Dry Land 7:00-7:20

Pool Time 7:30-9:00

Saturday is Game Day or Practice

10a.m.-12 p.m.

Other Dates

Tournament on Nov 18th at West YMCA or Twin Falls

December 9th Coeur d'Alene Tournament. Will be traveling to this. Need 1 team.

January 6th Twin Falls or Boise Tournament

January 26th and 27th State Tournament West Y

My Contact Information:

Adam Winspear (Head Coach)

208-371-4240

winspearadam@gmail.com