

## SNOHOMISH LACROSSE CLUB

### PLAYER CODE OF CONDUCT AGREEMENT

The Snohomish Lacrosse Club believes strongly in the values of teamwork, sportsmanship and leadership through example. As a player in the Snohomish Lacrosse Club, your actions reflect not only on you, but also on your teammates, your coaches and the club. As a player in the Snohomish Lacrosse Club, I agree to abide by and follow the rules and guidelines below.

- I will adhere to the Snohomish Lacrosse Zero Tolerance Policy. I will never be under the influence of or in possession of drugs, alcohol, tobacco products or weapons of any kind at practices, games, trips or other events. We all deserve to participate in an environment that is free of drugs, tobacco and alcohol and I will expect teammates and adults to refrain from their use at all lacrosse events.
- I understand that the use of foul language towards anyone (coaches, teammates, officials, opponents or spectators) will not be tolerated. I will not engage in any language or actions with the intent to initiate, hurt, intimidate or humiliate another player, coach, official or spectator. I will not tolerate these acts from any players, coaches or adults associated with Snohomish Lacrosse. These acts shall be considered harassment and will result in the immediate removal from the team.
- I will not post on any social media site with the intent to initiate, hurt, intimidate or humiliate another player, coach, official or spectator. The posting of negative, demeaning or derogatory comments will not be tolerated. These acts shall be considered harassment and may result in the immediate removal from the team. Furthermore, if I see anything of concern from or about another Snohomish player on a social media site, I will immediately contact my Head Coach or a Snohomish Lacrosse Club Board Member.
- I understand that school work will take precedence of Lacrosse.
- I will respect my coaches at all times and listen carefully to their instructions. I understand that they are giving their time to make me a better lacrosse player.
- I will support and respect my teammates and opponents at all times. I will not tease, ridicule, put down or make fun of any players on my team or the opposing team, at any time. Lacrosse is a team sport and I will be a team player.
- I understand that my behavior reflects on my teammates, my coaches and the Snohomish Lacrosse program. I will always be on my best behavior and maintain self control at games, practices, hotels and other team events.
- I will not complain about penalties or calls made by the officials and I will respect the referees at all times. I understand that they are in charge of enforcing the rules of lacrosse, and I will respect their decisions at all times.
- I will show good sportsmanship at all times, both when winning and losing. I will always congratulate the other team and wish them good luck.
- I will be committed to developing as a lacrosse player. This includes attending practice, listening to my coach, and always giving my best effort.
- I will arrive at practices and games on time and prepared. I understand that it is my responsibility to have all of my equipment packed and ready to participate in practice or in a game.

SNOHOMISH LACROSSE CLUB

- I will participate in every practice and game, except for illness, injury or school events. If I must miss a practice or game, the coach will be contacted as soon as possible.

I understand that by signing this agreement I promise to uphold the Snohomish Lacrosse Player Code of Conduct. I realize that violation of this Code of Conduct may result in loss of playing time, suspension for part of or all of a game or even ejection from Snohomish Lacrosse teams or programs.

Player Name (Printed) \_\_\_\_\_

Player Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Name (Printed) \_\_\_\_\_

Parent/ Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_