



ClubOne  
Volleyball®

the ace of clubs

# Player Handbook

**CLUBONE** is committed to providing student-athletes with the opportunity to develop and enhance their individual and team skills by teaching good sportsmanship, teamwork, and competitiveness.

**OUR VISION** is to be known as the Northern Colorado youth sports organization where:

- Every player is significant and feels it.
- Healthy competition is coached and encouraged.
- Play is based on dedication, commitment, and performance. Skill level, position, attitude and work ethic will be the determining factors for evaluating playing time.
- Integrity is part of every practice, game, and success.

**OUR MISSION** is to create a fresh, fun, supportive and structured environment where student-athletes can advance individual skills and experience.

### **Club Membership**

- Club membership is open to any interested player.
- All players must be in good standing with RMR before participating in the club.
- Positions on the club's roster and on each team are earned through tryouts and competitive performances.
- If a player commits to a team (verbal and/or written) and then switches to another club, that player will be suspended from ClubOne participation for the following club season.
- A player's playing time is based on practice performance, tournament performance, physical and competitive skills, work ethic, position, and attitude. The coaching staff will make decisions regarding starting positions and playing time.

### **Membership Fees**

- Each athlete who participates in ClubOne will be required to adhere to the membership fee agreement.
- Practice and tournament participation will be denied to players with delinquent accounts, beginning the day after the final due date and will continue until the account is current. Future fundraising credits cannot be applied to the account to meet the payment schedule.

### **Season-ending injuries, dismissal from ClubOne or Voluntary Withdrawal from ClubOne**

- If a player has a season-ending injury, player/family will still be financially responsible for 90% of the remaining player fees, regardless of the amount of time remaining in the season.
- If a player is dismissed by ClubOne or voluntarily withdraws from ClubOne, that player/family is still financially responsible for all player fees and any incurred expenses.

## Hardship Fund

- ClubOne offers a Hardship Fund for our athletes who qualify. Athletes' grades must be in good standing with their Middle or High School. Documentation of current grades must be received with Hardship Fund application.
- Please go to the ClubOne website to download the Hardship Fund application:  
<http://www.clubonevolleyball.com/>
- Please also apply for the Shinkara Hardship Fund scholarship through RMR:  
[http://assets.ngin.com/attachments/document/0136/0969/2018\\_Shinkara\\_Hardship\\_App.pdf](http://assets.ngin.com/attachments/document/0136/0969/2018_Shinkara_Hardship_App.pdf)

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## ClubOne Membership Expectations & Policies

- Players selected for ClubOne must make ClubOne a priority for all scheduled competitions and tournaments.
- Athletes will display responsible and appropriate behavior in all settings while representing ClubOne.
- All athletes are expected to attend **every practice**. Failure to notify the coach of absences will impact the athlete's playing time. Excessive tardiness at practices will not be tolerated.
- **Each coach determines playing time for all athletes.** There is no guarantee of equal playing time on any team or at any tournament. Skill level, position, attitude and work ethic will be the determining factors for evaluating playing time.
- Coaching decisions such as line-ups or subs are not decisions that coaches will defend. Meetings between players and coaches will take place during mutually agreed upon times; not during practices or at tournaments.
- Players may not leave a tournament site until excused by the coach. The coach will determine if all officiating duties have been completed for the team before any player will be excused.
- Parents and athletes will be responsible for the transportation of athletes; ClubOne coaches **will not** transport players.
- **NO FOOD or SPORTS DRINKS** are allowed in any of the practice gyms or tournament facilities. The team will be penalized if players, parents or supporters violate this rule.
- Players and Parents will accept the policies set forth by the RMR, USA Volleyball and ClubOne regarding the code of ethics and conduct for players/parents as stated in the RMR-USAV and in the ClubOne handbook.
- Members of ClubOne shall participate at their own risk in practices, facility use and transportation to and from tournaments.

- ClubOne shall not be liable for damages or injuries that occurred during these events or traveling to and from the events. Personal items lost, damaged or stolen during ClubOne activities shall be fully assumed by the individual and not by ClubOne.
- The ClubOne Board of Directors and the Club Director have the right at any time during the season to terminate a player's agreement if the player fails to comply with any of the policies set forth in the player handbook or if the player or parent conduct is determined to be improper or disruptive.
- Any discussions, concerns or controversial matters must be addressed during a scheduled meeting with your coach. These meetings are not to take place during practices or at tournaments. If you feel that the situation was not remedied, you may contact the Club Director after following this protocol.
- Practices *may* be open to parents, but parents must remain on the sidelines and refrain from verbal input. Coaches may elect to close all practices if this policy is not followed.
- Complaints, gossiping and negativity that result in team disruption may result in club membership dismissal.
- The ClubOne disciplinary process shall follow this process:
  - Warning ➢
  - Suspension ➢
  - Expulsion
- The Coach and Club Director will collectively deal with any club member who violates club policies. Expulsions will require the approval of the Governing Board of Directors.

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### **ClubOne Grievance Policy**

- If a player has a concern regarding playing time, team rules, or team play, the player is required to first discuss the concern with the coach at a prearranged date and time.
- No conferences will be allowed between parents, players & coaches prior to or following matches & tournaments.

### **ClubOne Grievance Procedures**

- **All** athletes are expected to address concerns such as playing time, coach expectations or policies by communicating with the coach first.
- After meeting with the coach, and the issue is not resolved to the satisfaction of the player and/or parent, you may contact the Club Director.

### **Practice Policies**

- Practices are scheduled for Monday-Saturday (some Sundays, if needed). Any practice schedule changes or gym conflicts that may occur will be pre-approved only with the consent of the Club

Director.

- Scheduled practice time is the starting time, not the time to arrive at the gym. At the end of the scheduled practice time, all players, parents, and staff should vacate the premises immediately once the site has been cleaned.
- All players are expected to attend every practice and/or tournament.
- If you must miss a practice or a tournament, for any reason, you must call your Coach prior to the scheduled practice or tournament. Failure to make timely contact with your coach may lead to disciplinary action or club dismissal.
- Continued absences from practice and tournaments may result in game suspensions or club dismissal.
- **Practice cancellations due to weather will not be determined until 5:00 pm. Cancellations will be posted on the ClubOne website and the Team Coordinator or Coach will notify you.**
- Multi-sport athletes are encouraged and supported as a CLUBONE member. **Accommodations are made, but communication is critical.**

### **Expectations of All Coaches**

- The Coach is ultimately responsible for the team and must be available for the players during all tournaments and practices.
- The Coach may delegate some of his/her team's activities to the team coordinator if needed during tournaments.
- Uses of profanity, alcohol, tobacco or bad sportsmanship are not to be displayed or tolerated.
- The Coach has the right to initiate disciplinary measures if rules are broken or if a player's conduct is not acceptable. The Coach may bench a player for a game, match, tournament, or send the player home at the player's expense. The Coach will notify the Club Director and the player's parents of any actions that are taken.
- Coaches must attend, organize, and conduct all practices.
- Coaches must attend **ALL** ClubOne meetings.
- Although equal playing time for each athlete is not guaranteed, we do guarantee opportunities for quality coaching and practices.

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### **Responsibilities of the Coach**

- To provide adequate knowledge of the sport of volleyball.
- To promote safety in all circumstances.
- To be open when communicating with players, parents, or other individuals.

- To provide discipline in a manner that is both fair and consistent.
- To listen to the athletes' needs and concerns.
- To teach sportsmanship, teamwork, and competitiveness.
- To provide athletes with the opportunity for personal growth in terms of cooperation, teamwork, decision-making skills, time management skills, and other aspects of being part of a team.
- Only authorized & approved ClubOne coaches may have contact with players during ClubOne events, practices, and tournaments.
- To provide players and parents with a written evaluation of the players at least 2 times during the ClubOne season.

### **Extracurricular School Activities**

- ClubOne supports and understands the importance of student-athletes participating in school-related extracurricular activities. However, we also expect our players to respect and honor the commitment they have made not only to the Club but to their teammates as well.

### **Girls' Junior National Championships (GJNC)**

- The goal of each ClubOne team is to qualify for the GJNC. If a ClubOne team qualifies (tournament is typically toward the end of June), each player will be expected to:
  - Attend practices during the months leading up to the event.
  - Attend the tournament; **this is not an optional tournament if your team qualifies.**
  - Accept the financial responsibility for attending the GJNC (player and coaches expenses).

### **Player/Tournament Checklist**

- Power tournament information/results can be found on the RMR website: [www.rmrvolleyball.org](http://www.rmrvolleyball.org)
- Once a power has finished, it usually takes 3-4 days before the results & next locations are available.
- **No food, gum or sports drinks should ever be taken into practice site facilities or tournament sites. All sites should be cleaned and inspected before leaving. At power tournaments, any team leaving their site dirty will be fined \$100.00 by RMR.**
- Athletes should be at their assigned tournament playing sites by 7:30 a.m. unless otherwise requested by their coach.
- All team members are responsible for officiating duties during all tournaments and individual members are not allowed to leave until the entire team leaves.
- During all tournaments, athletes and parents are expected to demonstrate good sportsmanship and

be courteous towards all coaches, opponents, officials, and everyone associated with the tournaments **at all times**. Parents are not allowed to sit on or near the team benches.

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### **Volunteer Team Coordinator**

- Team Coordinators will be required to attend practice when their assistance is needed or requested by the coach.
- Each team will need 1 Team Coordinators.
- Team Coordinator serves as a direct link between Club Director and Coaches for all communications (practices, tournaments, schedule changes/conflicts, snow cancellations, publicity or tournament results).
- Team Coordinator promotes and informs parents about fundraising opportunities as well as track and accept monies for team players, except for player fees.
- Directs all communications from Club Director and Coach to assigned players and parents.
- Organizes team-related functions, communicates community service projects or team-building opportunities.
- Informs the team about tournament rules.
- Schedules and conducts team parent meetings, as needed.
- Supervises players and assists coaches with any violation of club policies.
- Is available to supervise players during off-court time.

### **ClubOne Fundraisers**

- Individual fundraising opportunities will be offered to each and every ClubOne player to assist with Membership fees.
- All fundraising credits will be directly applied to player fees, travel expenses or ClubOne summer clinics.
- Credits must be posted to a player's account before credits may be used towards fees or costs. If a big fundraiser has taken place, it may take 1-2 weeks for the fundraising coordinator to get all credits calculated, so please be patient!
- At no time will fundraising credits be refunded as cash to families. If there are remaining credits in a player's account at the end of the season, we will retain those credits for the player to use for the following year.
- At no time will coaches accept any fundraising donations, player fees or other Club payment.

## **Crisis Plan**

- All coaches will have emergency information on every player with parent directives at every practice/tournament. The coaches will determine whether medical emergencies require ambulatory services. Parents will be financially responsible for these services.

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## **Board of Directors**

- ClubOne has a Board of Directors consisting of members that are non-paid volunteers whose primary function is to set policies and procedures for the organization and provide direction for the Club Director. The ClubOne Board meets once a month.

### **ClubOne Board of Directors & Staff**

Club Director LaVerne Huston 970-302-9204 [laverne.clubone@gmail.com](mailto:laverne.clubone@gmail.com)

Bookkeeper LeAnne Kelly 303-587-8354 [leanne.clubone@gmail.com](mailto:leanne.clubone@gmail.com)

Gari Dunn [gdunn\\_vbcoach@outlook.com](mailto:gdunn_vbcoach@outlook.com)

Brittany Euresti [brittany.clubone@gmail.com](mailto:brittany.clubone@gmail.com)

Eddie Jimenez [tats3j@gmail.com](mailto:tats3j@gmail.com)

## **Code of Conduct**

### **Spectators**

At ClubOne we expect good behavior as a spectator while attending all ClubOne Volleyball events. The following is a list of some basic rules for you to consider.

- Remain in the spectator area during games.
- Do not make derogatory comments to coaches, officials, tournament directors or players of either team.
- Do not drink alcohol at tournaments or come to a tournament having drunk too much.
- Respect the integrity and judgment of the officials without taunting or approaching them between sets or at the end of the match.



- Be in control of your emotions.
- Respect the rights of others and treat the visiting team and their spectators courteously.
- Abide by all applicable federal, state, and local laws while attending any match.
- Cheer positively for your team, using socially acceptable language.
- Follow the rules of the tournament.
- Follow the rules of the facility, such as NO FOOD IN GYM, no coolers, chairs, etc.
- Use litter receptacles to properly dispose of trash.
- Use only designated smoking areas that are clearly posted.
- Applaud good performances for both teams.
- Discourage all forms of violent behavior.

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#### **Parent Code of Conduct**

- Remain in the spectator area during games.
- Do not advise the coach on how to coach.
- Do not make derogatory comments to coaches, officials, tournament directors or players of either team.
- Do not approach tournament officials, coaches or players during tournament play.
- Do not try to coach your child during the game.
- Do not drink alcohol at tournaments or come to a tournament having drunk too much.
- Cheer for your child's team.
- Show interest, enthusiasm, and support for your child.
- Be in control of your emotions.
- Help when asked by coaches or officials.
- Thank coaches, officials, tournament directors, and other volunteers who conducted the event.
- Know the rules.
- Avoid conduct that is inappropriate as determined by comparison to normally accepted behavior.
- Physical or verbal intimidation of any individual is unacceptable.

- Follow the rules of the tournament, such as NO FOOD IN GYM, no coolers, chairs, etc.

**P** is for praising, which your child needs often.

**A** is for accepting, so hard edges will soften.

**R** is for recognizing your child's many talents.

**E** is for encouraging a good healthy balance.

**N** is for nurturing, to help your child grow.

**T** is for teaching, then letting go.

**S** is for smiling at the growth and the glow.

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Parent Signature

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Player Signature