

MC United Soccer Club Policy regarding playing time and communication with your coach (Last modified 10/18/2017):

MC United Soccer Club believes that playing time during games is a critical factor in players' development. Lack of playing time during games inevitably limits a player's ability to improve technically and tactically. Below are the standards used by coaches for general management of playing time over the course of the season:

- **U9 and U10:** Equal Playing time
- **U11 and U12:** Approximately equal (e.g. 40% – 60%)
- **U13 and Up:** Minimum 30% target, but subject to the coach's discretion based on technical and tactical abilities of the players.
- **State and MRL teams (all ages):** There are no minimum playing time targets for individual games; playing time is subject to the coach's discretion based on technical and tactical abilities of the players.

Coaches may reduce playing time at their discretion for individual players due to any of the following:

- Poor attendance and/or punctuality at practices and/or games
- Poor effort, attitude, and/or behavior during practices and/or games
- Poor fitness level, including injuries
- Inability to work/play well with teammates

2. **MC United Soccer Club** expects its coaches to consider what is best for individual players *and* what is best for the team as a whole in determining how much playing time individual players receive.

3. **MC United Soccer Club** expects its coaches to communicate decisions to limit/reduce playing time to the players who are affected by those decisions. Coaches should communicate the factors in their decisions, as well as any steps that the player(s) can take to receive more playing time in the future.

4. Players with questions or concerns about playing time may approach their coach directly in a manner prescribed by the coach.

5. Parents with questions or concerns about playing time should first communicate directly with the coach (**but not until a 24-hour cooling down time following a game in which a concern over playing time is considered an issue**). In the event that parents and coach are unable to resolve the issue, the chain of command to be used to resolve the problem is as follows: to Director of Coaching to Club President and finally the issue may be brought up before the MC United Board of Directors.