

Lower Hudson Volleyball Association is a nonprofit organization designed to provide

athletes with a competitive volleyball experience. Our goal is that each player performs to their peak level of ability, as well as learn important life lessons. Through hard work, determination and teamwork, each player will gain self-confidence in the sport of volleyball on and off the court. Our coaching staff consists of experienced coaches from around the area and LHVA alumni who are ready to share their knowledge of the game.

2017-2018 Teams & Programs

17s Travel Team

16s Regional Team

15s Regional Team

14s Regional Team

13s Regional Team

12s Regional Teams

Developmental Program (Grades 1-8)

Developmental Play Sessions (Grades 5-8) HS Skills and Scrimmage (Grades 9-12)

LHVA & WVBNY Juniors Beach

Doubles (Grades 7-12)

Need More Information?

Website

www.lhvavolleyball.com

Contact Us

Email: info@lhvavolleyball.com

Directors

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2017 - 2018

AN ALL GIRLS CLUB

VOLLEYBALL

PROGRAM DESIGNED

TO IMPROVE

AND ENHANCE

A YOUNG ATHLETE'S

SKILLS AND ABILITIES!



Travel and Local Teams

Information Meeting

Thursday, November 2nd @ 7pm Pelham Middle School Gym

New and returning parents and players are encouraged to attend to learn more about our program and to meet the 2017-2018 coaches.

Tryouts

Date: November 18th

Place: Pelham Middle School Gym Fee: \$75 non-refundable (does not include GEVA Player Registration) *Register w/ LHVA Online before

11/8 to save \$15.

Tryout Times for New Players

Age: 12s, 13s, 14s **1:00 - 3:00pm**

Players born on or after 9/1/03

Age: 15s, 16s, 17s **3:00-5:00pm**

Players born between 9/1/00 and

8/31/03

Tryout Times for Returning Players

Go to your age group (see above for times) unless you played up on a LHVA team in the 2016-2017 Season.

(Ex: A player is supposed to go the 14s tryout times, but they played on the 15 Regional LHVA Team in the 2016-2017 season. This player would go to the 15s tryout time.)

Registration for Tryouts

Players must be registered with GEVA and LHVA online prior to tryouts. Each player MUST bring the GEVA Medical Form, Proof of GEVA membership, and tryout fee (if not paid online) to registration.

Website: www.geva.org

Website: www.lhvavolleyball.com

Place: Pelham Middle School

Date: November 18th

Time: *12s, 13s, 14s* 12:15-1:00pm 15*s, 16s, 17s* 2:15-3:00pm

Cost of Season

4th Consecutive Year- No Increase!

17s Travel: \$2,500 16s Regional- \$1,600 15s & 14s Regional- \$1,500 13s & 12s Regional- \$1,300

What's Included:

- * Uniform Package
- * Qualified Impact Certified Coaches
- * Two practices a week (17s-14s)
- * Six practices a month (13s-12s)
- * Additional Positional Practices on Mondays 4:30-6:00pm
- * Local & Travel Tournament Entry Fees
- * Hotel Accommodations for Travel
 Teams
- * GEVA Fees
- * Training Equipment

Developmental Program

This program is designed for players in grades 1-8 who are looking to learn and build basic volleyball skills. Players will be divided by grades, but can be moved depending on their ability. There are no tryouts and no experience is needed!

Cost: \$300

Place: Pelham High School & Middle

School

Time: 1:00-2:30pm

Dates:

December 2^{nd} , 9^{th} & 16^{th} January 6^{th} , 13^{th} , 20^{th} & 27^{th} February 3^{rd} & 10^{th} March 3^{rd}

Snow Make-Up Date: March 10th

Registration:

Register online starting October 20^{th} @ www.lhvavolleyball.com.

After completing registration, you can pay by credit card online or bring cash or a check made payable to LHVA for \$300 to the first practice on 12/2.

All registered players must arrive to practice on 12/2 at Pelham High School at 12:30pm to complete registration and receive your t-shirt.