

EJEPL Monthly Review

Issue 2

News for the Month of October, 2017

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It is our mission to prepare players to become the Junior, Prep School, and College recruits of the future. Players are introduced to elite practices, skill development opportunities, and academic guidance throughout the entire process.



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OUR STARTING LINEUP



The Greater New York Stars 12u Futures Gold Division team took the ice at The Pond Ice Arena in their new 50th Anniversary jerseys during the October Showcase

Eastern Junior Elite Prospects League in Review

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The Hockey Dad

As hockey parents, we all know that there are as many different styles of cheering at youth hockey games as there are brands of hockey sticks. Unless we have a private, soundproof suite at our kids' games, we're exposed to other parents and their cheering styles a few times per week. My own cheering style has evolved over the years as I've become wiser and more experienced. I certainly don't endorse one "correct" or "best" way to cheer for our children — we all develop a style that suits us best.

CHEERING AT YOUTH HOCKEY GAMES: A PRIMER

I do, however, offer five truths to assist novice hockey moms and dads in adopting cheering styles that will serve everyone well — from the players and coaches, to the referees, parents ... and you.

1. Your child is doing the best he/she can, regardless of whether or not you cheer for him/her. It is natural for parents to believe that the words they yell from the stands can influence their child's effort and performance on the ice. After all, cheering for our children *did work* when they were toddlers. By the time they're 9 or 10 years old, however, our kids have either developed the instinct to give 100 percent at all times, or they haven't. If they haven't, they still might develop that mindset, but it certainly won't be nurtured by a parent loudly urging them to hustle ("Skate! Skate!") in the middle of a game. In my experience as a parent and youth coach, I've noticed that the "hustle" instinct is developed at a very young age, outside of organized sports — at recess, in pickup games with neighbors, practicing with parents, etc. If you have taught your child the importance and joy of always hustling, just your presence at the game will be enough to give your child that extra boost of inspiration.

2. Your kids can't hear you. In most sports, the athletes playing the game can easily hear and understand the words being yelled by fans from the sidelines. (This can be a good thing, or a not-so-good thing.) But ice hockey is different. Even if your child can hear and recognize your voice, he/she probably can't understand what you're saying, for a few reasons. First, your son/daughter is wearing a helmet, which partially covers his/her ears. Second, almost all rinks have horrible acoustics that make all sounds merge into one loud cacophony of echoes.



Third, that tall fiberglass wall between the ice and you blocks much of the sound coming from fans' mouths. And finally, your child is already paying close attention to commands and reminders from his/her coaches and teammates. Indeed, one reason not to cheer during the action is to allow your child to focus on those more important voices.

3. All of the other parents can hear you. Imagine listening to a recording of everything you yelled from the stands during your child's most recent hockey game. Now imagine playing that recording for all of your friends, with the volume on high. Of course, you do play that recording for your fellow hockey parents at the rink, at every game. Knowing this, ask yourself these questions: Is this a recording of someone I'd want to be friends with? Does this recording reflect the kind of parent I want to be? Because the chances are your child can't hear you, but I guarantee that all the other parents hear you loud and clear. Of course, impressing other parents isn't our main goal when we attend our children's hockey games, but it's helpful to remember that the way we cheer reveals to others a lot about us. I've always admired those parents who cheer in such a way that no one can tell which player is their child. These are the parents who know all of the players' names and shower them with equal

encouragement and praise. And there's a special place in the hockey parent hall of fame for those parents who cheer for all great plays, even those made by players on the opposing team.

4. You are a parent first, and a fan second. A "fan" of a team is someone who wants that team to win. I have been a fan of all of my children's teams. So why is it important to make a distinction between "parent" and "fan?" Because sometimes the zealous "fan" inside us takes over our personalities, overshadowing the higher-level "parent" side of us that just wants our child to do his/her best, be a good teammate, grow as a person and an athlete, and avoid injury. When you're watching your child's game and you find yourself getting emotionally affected by what the scoreboard says; when you feel the urge to express your disgust with a referee's call; when you hear yourself cheering the same way you would cheer at Game 7 of the Stanley Cup Final; take a deep breath and remember that you are a parent first, and a fan second. (Of course, parents of goalies get a reprieve on this one — it's impossible not to get caught up in what the scoreboard says when your child is in net.) Keeping the "fan" side of ourselves in check is not easy to do. We all learned, at a young age, to root like crazy for our hometown professional and college teams. We learned to glorify wins and despise losses. We learned to boo the refs when our team was penalized by questionable calls. But NHL games are different from youth hockey games in many ways — most importantly the age and developmental stage of the players involved — so the way we cheer at professional games is generally not appropriate at our children's youth hockey games. Of course we want our children's teams to win. It's just that, on the list of top parental priorities that one is well down the list.

5. You are the parent, not the coach. Inside every hockey parent, there's a coach that's dying to break out. Even parents (like me) who never played organized hockey have the urge to communicate advice to the players that, if heeded, would (we think) improve their performance. *"Move to the open space!" "Get back on defense!" "Skate! Skate!" "Cover number 5!" "Stay on sides!"* I think that parents who yell coaching advice to their kids during the game believe that this is what good, knowledgeable, caring, involved parents do. I certainly thought this was true back when I was a new youth sports parent. Then, my son's AAU baseball coaches called a parent meeting in the middle of the season, and the head coach said to us, "Please don't coach your children during the game. It's confusing to the players to listen to coaching instructions from us *and* you. You can cheer for your child, but remember, we're the coaches. Please leave the coaching to us." He was right. With respect to games, a parent's role is to make sure the child arrives on time, has all of his/her equipment, eats a good pregame meal and is in a good frame of mind when he/she arrives at the rink. After that, Mom and Dad, it's all about the applause (and the postgame hug).



The Goalie Guru

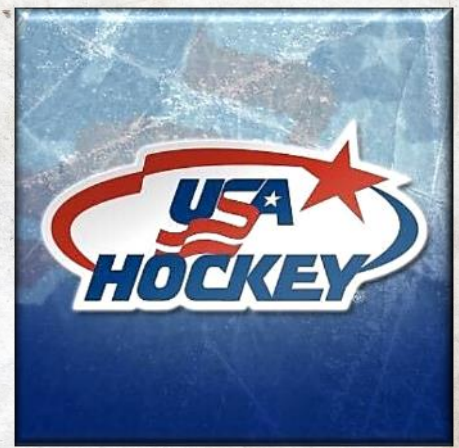
"If you're a Hockey Coach, Think like a Goalie Coach"

Consider the following a cautionary tale heading into your 2017-18 hockey season. Perhaps the worst thing for a dedicated coach is to see a team fail to reach its potential. All things being equal, wins and losses are usually predicated on talent. And talent, particularly at the high school level, can vary dramatically from year to year. Getting the most out of whatever talent you have on the ice is the goal. When a team doesn't, it's incredibly frustrating. To illustrate, I'll refer to a girls team that I knew well (I'll refrain from identifying the squad, to protect the guilty and the innocent alike).

Part of the reason this particular team fell short of its potential is the predictable dilution of talent that often happens with girl's high school hockey programs. The 2016-17 team I'm referring to lost its best natural sniper, who led the team in scoring as an eighth grader, to a local prep school. They also lost another talented eighth-grade defender to a full-season "select" program. I saw this changeover firsthand. The year before, during the 2015-16 season, I was part of the staff as a goalie coach. The first-string net minder that season was a freshman who had come on board the year before as an eighth-grader, having never played hockey, much less goalie. She hardly saw the ice that first year, backing up a senior. Her mom even told me that she was happy in the role, content to record stats and cheer on her teammates. This youngster (I'll call her Patty) was a very good student, and a solid little athlete, playing field hockey and softball. Those are all good things. But it was also clear that hockey was going to be number No. 4 on her "depth chart," behind academics, field hockey and softball.



Patty worked hard, made nice strides during the 2015-16 season, and actually was given the "Most Improved Player" award at the team's banquet. It was nice to see. The following summer, things went sideways for me, as health issues forced me to step back from my coaching role. My lower back



tightened up in early July. By August, I was losing feeling in my feet. A visit to a back specialist led immediately to an MRI on my spine, and a next-day appointment with a neurosurgeon. The prognosis was spinal stenosis — an arthritic narrowing of the spinal column and nerve openings — and two herniated discs. By mid-October, I was scheduled for surgery, with a three- to 12-month recovery period. When it became clear that my back wasn't going to allow me to get back on the ice, I immediately told the head coach that I wouldn't be able to work with Patty. Another long-time goalie coach attended a few early season practices, but that was it. That's not going to make much of a difference. The instruction has to be consistent to have any lasting impact. There was also a former All-American goaltender who lived in town, but no one bothered to reach out to her. That gets to the very core of my frustration with this team. When you, as a coach, have an obvious need, you have to be creative in addressing that need. That's an integral part of coaching. You need to go beyond the X's and O's. Out of habit, I attended several practices, and quickly noticed that not only was Patty not getting any specific instruction,

but also she was victim of the traditional "goalie killer" drills. Warm-ups consisted of players waltzing right down the slot, on their forehands, without any pressure, ripping shots. Seriously, how the heck is this supposed to "warm up" the goalie? Instead, it's the perfect recipe for developing a case of "the yips." And Patty had the yips in spades. Moreover, Patty wasn't doing any of the goalie-specific skating exercises that I gave her the previous year. Those exercises are specifically designed to allow goalies to limber up without getting peppered by pucks. So I went home, drew up a set of three goalie-specific shooting drills (which, by the way, are also excellent shooting drills for the forwards), and a "save sequence" warm-up developed by Brian Daccord at Stop It Goaltending. This sequence is a form of physical visualization — or "ghosting," as Daccord calls it — where a goaltender mimics the basic saves: stick left, stick right, smother, butterfly glove, butterfly blocker, standing glove and standing blocker, following the imaginary rebound (except for the smother and glove saves). I walked the coaches through the "save sequence" warm-up, and the drills. I reiterated how important the drills were for the shooters as well as the goalie. Shooters had to go at game speed, stay on their backhand if they cut in on their backhand, and drive the net for rebounds.

The first session was encouraging. And then ... nothing. I checked in occasionally to make sure the goalie-specific drills were being run and was disheartened to learn they weren't. It was if the other coaches felt that single session would make a difference.

News flash: It won't. Goalies, especially young goalies, need to work on these basics, over and over again. If you're coaching kids at the high school level or younger, you have to make sure they're adhering to a good warm-up routine and good practice habits. That's your job.

Almost predictably, Patty's development stalled, and the team finished two games below .500, and out of the playoffs. In short, nowhere near its potential.

So here's the bottom line: It doesn't matter if you're not a "goalie coach," per se. You owe it to your goalies, and ultimately your team, to learn the basics and be able to run some rudimentary goalie-specific drills. Your goalies will benefit. And if they benefit, your team benefits. What other motivation do you need?

Posts & Crossbars

Typically, I'm a fan of technology, (even if I'm a slow learner sometimes). I'm perfectly OK with using cameras and instant replay to determine a goal at the game's higher levels (NHL, minor pros and collegiate). But the idea of winding back the video 20, 30 seconds and sometimes even more than a minute to determine if the offensive team gained the zone illegally is ludicrous. So I wholeheartedly endorse the NHL rule change that penalizes teams with a two-minute penalty if an offside challenge isn't upheld upon review. In fact, I'd like to see the offside review rule abolished altogether.

In a game that's starving for goals, this review simply makes no sense. It seems like everyone (except goalies and goalie coaches) complains about net minders and their gear being too big and taking up too much space. At the same time, rule makers are allowing borderline calls to take goals off the board. I've found that linesmen at the game's higher levels do an exceptional job at making these calls correctly, on a consistent basis. Even if they get the occasional call wrong, it's typically a matter of inches and certainly doesn't contradict the spirit of the rule (which, of course, is to prevent cherry picking). I equate it to the strike zone in baseball. Can you imagine a video review after every close call at the edges? Of course not.

There is rarely any distinct advantage gained by an offensive team when a call at the blue line is that close. Let it go.

Hockey Nutrition

Make kitchen your 'pharmacy'

From dusting shelves when we were in kindergarten to stocking shelves in middle school, my siblings and I grew up working in our dad's pharmacy. Aside from a short stint at a grocery store to prove I could get a job on my own, I also worked in the pharmacy during high school. So did my friends. In college, I followed in my father's footsteps and became a pharmacist. Cold and flu season in the pharmacy meant very busy days with lots of questions from sick patients. Cold and flu season to a hockey player is different, though. Being sick might mean missing practices and games and not traveling with your team. It means watching your teammates play while wishing you were out there on the ice with your line mates. It might mean school work to catch up on and a doctor's note for permission to return to play.

No matter what level of hockey you are playing right now, you play because you love the game. So what can you do to stay healthy?

Well, the pharmacist in me would like to remind you to wash your hands frequently and to cough and sneeze into your elbow, but the nutritionist in me has some additional advice.

First, the obvious: vitamin C. Although there is no evidence to suggest that mega doses of vitamin C can ward off the common cold, it is understood that vitamin C plays a role in supporting the immune system and might decrease the severity of the first symptoms of a cold. Vitamin C is essential to a healthy hockey player, too, because it is a powerful antioxidant that protects cells and aids in tissue healing. Vitamin C plays a role in producing and maintaining collagen, which is not only great for skin, hair and nails but also is important for connective tissue such as tendons and ligaments. It is found in citrus fruits, broccoli, leafy greens, peppers and berries. Zinc is an essential trace mineral that also is considered an antioxidant. Zinc plays a key role in keeping the immune system healthy. Because of this, zinc often is taken in the form of a lozenge or nasal spray to ward off a cold. Although study after study shows that zinc does not prevent the common cold, there are many people who swear by it. Zinc is found in

Vitamin C is essential to a healthy hockey player because it is a powerful antioxidant that protects cells and aids in tissue healing

oysters and shellfish, as well as red meat and poultry. Beta carotene is converted in the body to vitamin A, which is most notably known for its role in protecting vision and guarding against eye problems but also supports the immune system and helps ward off infections of the lungs such as lower respiratory infections. The best sources of vitamin A are carrots, sweet potatoes, cantaloupe, peaches, eggs and dark green leafy vegetables.

Hippocrates said, "Leave the drugs in the chemist's pot if you can heal the patient with food." This pharmacist-turned-sports nutritionist is a firm believer in this statement.

The kitchen can be your pharmacy. Eat quality calories from food you recognize. You not only will be fueled for performance on the ice, but also will stay healthy so you can continue to play.



EJEPL Split Season Championships 16u, 18u



CONN COLLEGE, CT... It was a day for the Stars of So Conn and Greater NY as both the 16 and 18 U Championship games featured the same organizations. The teams, part of the EJEPL's Split Season conference all defeated their semi-final opponents to get to the Championship games. In the 16 U, So. Conn defeated Hunterdon 13-1 and Greater NY defeated the West Mass Vipers 5-3. In the 18 U division, the Greater NY Stars defeated the RI JR. Blues 7-5 & the So Conn Stars beat the LI Arrows 4-2. All the 18 U games were close and hard fought. "The beautiful Connecticut College setting was a perfect atmosphere for the games" stated Admin. Assistant and Dean of Discipline **Steve Kauffman** who supervised the event for the EJEPL. The teams were happy with the weekend chosen way back at the annual meeting in April as local Leagues start their playoffs in November.



Trevor Earley of the Southern CT Stars opens up the scoring for his team with a power play goal in the first period

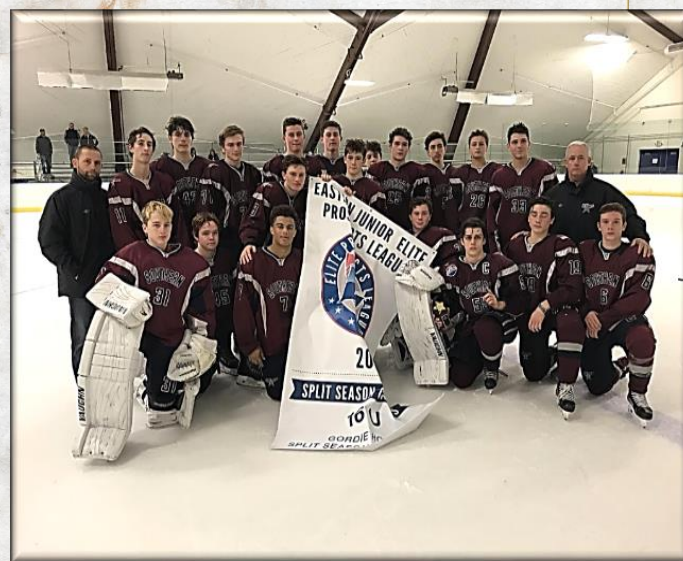
In the 16 U Championship game, GNY took a 1-0 lead on a goal by **John Lamantia** on an assist by **Thomas Smith**.

So Conn tied the score at 1-1 as **Trevor Earley** scored a PP goal late in the period. **Travis Nussbaum** assisted on the goal. The 1st half ended 1-1 as the teams went to their locker rooms. "The locker room was tense" stated assistant coach **Mike Davie**, who played at SUNY Cortland and was a 2010 Junior B National Champion with the old Apple Core Junior team in the Empire League. So Conn quickly opened the 2nd half scoring as **Travis Nussbaum** scored on an assist from **Troy Harwell**. So. Conn made it 3-1 with 9:24 left in the game --unassisted.



#11 Anthony LaTona of the 16u GNY Stars battles for the puck in the corner and scores an even strength goal late in the second period to cut the Southern CT Stars lead to 3-2

Greater NY did not quit and made the score 3-2 on a goal by **Anthony LaTona**. So Conn held on for the victory and their Championship banner.



16u Southern CT Stars Split Season Champions: Dan Manning, Owen Luft, Matt Siciliano, Troy Harwell, Jay Csejka, Travis Nussbaum, Ben O'Connor, Evan White, Jake Walker, Justin LaSella, Kacy Adams, Simon Van Wees, Ben Chicoine, Ben Craine, Will Forrest, Tim Manning

In the 18 U game between the same two organizations, Greater NY who came in first in the regular season KRACH ratings, dominated the first half taking a 4-1 lead to the ice cut. Goals by **Joe Fama, (2) by Ian Lavitman & another by Noah Gold** overcame the lone So Conn goal by **Ty Fujitani**. **Andrew Cardi** had (2) assists for Greater NY in the 1st half. So Conn scored early in the 2nd half on a goal by **Samuel New**. Greater NY kept their cool and lead and with 3:56 left in the game, **Andrew Cardi** sealed the deal for Head Coach **Pete Lompado** and the GNY Stars 18 U team.



18 u Split Season Champions GNY Stars: Thomas McAleer, Brendan Burns, Mitchell Kamm, Sergey Pivnev, George Fomin, Andrew Summa, Peter Lamantia, Jordan Mazzaro, Brian Moloney, Noah Gold, Jeffrey Sperling, Zach Chan Min, Jordan Gaeta, Joseph Fama, Jake Temkin, Andrew Cardi, Charlie Nadrowski, Ian Lavitman, Eric Gayzler, Liam Burns



#13 Andrew Summa of the 18u GNY Stars team helps his squad win a faceoff in a 5-2 Championship win over the Southern CT Stars

MVP'S:

16 U Level----- **So Conn-----Will Forrest**

18 U Level----- **GNY-----Ian Lavitman**

Congratulations to all 4 Championship game teams and a great day of hockey.



16u Split Season Championship MVP Will Forrest of the Southern CT National Team alongside Erik Roos and Lani Siciliano



18u Split Season Championship MVP Ian Lavitman of the GNY Stars

“Organizational Spotlight” Featuring the Greater New York Stars Organization



“Building character & responsibility through hockey”

GNY Stars 16u and 18u Teams Both Finish in 1st Place in the EJEPL Split Season

The GNY Stars 16u and 18u division teams in the EJEPL Split Season both had strong seasons finishing in first place. The split season came to a close two weeks ago and both squads were looking to close out their season by bringing a championship back to the Greater New York City Area. In 10 games, the 16u team did not lose a game in regulation time and earned at least one point in each game they competed in. Going into the playoffs, they had a seven game winning streak that they looked to extend and outscored their opponents 39-10 in those games. They faced off against the Western Mass Vipers in the semi-final round defeating them by a score of 5-3. Vincent Ponzio led the charge as both shots he took in the game went into the back of the net. Anthony LaTona picked up a power play goal in the second period followed by an even strength goal by Daniel Apice, who also picked up an assist in the game. James Fox also scored an even strength goal in the second period and had an assist on Apice's goal to pick up two points during the contest helping their team move on to the championship against the Southern Ct Stars. After a hard fought championship game and a great game by goaltender Micheal Marino who made 35 saves on 38 shots, they were defeated by Southern Ct by a score of 3-2. They will look to come back strong next season hoping to continue and feed off of the success they had this year.

The GNY Stars 18u team is as equally impressive as the 16u team as they only had one loss in regulation when they played the Maine Moose on October 7th. They were a dominant defensive team as they shutout their opponents three times only allowing 13 goals in the ten regular season games that they played. They squared off against the Rhode Island Junior Blues in the semi-final round defeating them by a score of 7-5. During this game, Noah Gold and Andrew Cardi led the team in scoring with three points each. Gold picked up two goals and three assists with playmaker Cardi contributing with his three assists. Cardi also led his team in points during the regular season finishing with 10 goals and 11 assists for 21 points while Gold and Ian Lavitman tied for second scoring 18 points, respectively. Now all they had to do was win one more game...against the Southern CT Stars to clinch the championship!



With the "never quit" attitude that the entire GNY Stars Organization has, James Fox works hard and dives in front of his own net to prevent Southern CT from scoring in the 16u Split Season Division



GNY Stars 18u goaltender Thomas McAleer makes 26 saves on 28 shots with an impressive .929 save percentage as his team defeats the Southern CT Stars to win the 18u Split Season Championship

50th Anniversary and Contributions to the Community



This marks a special year for the GNY Stars organization as it is their 50th Anniversary year. This is an amazing accomplishment, for a youth hockey organization to be around this long, still going strong. Pete Lompado knows that this is a great celebration because it is rare that a travel youth hockey organization stays intact for 50 years. "To have this kind of longevity over some time speaks volumes to how this organization is run. We have an awesome coaching staff and great cooperation from parents which makes this even more impressive", Pete stated. He also said that the commitment from parents and players are what keeps this program strong. To honor this anniversary, the 12u team wore their new retro 1992-93 All Star jerseys during their October Showcase at the Pond Ice Arena, which the GNY Stars organization helped provide.

The GNY Stars organization also participates every year in an event that they host "Stars Skate for a Cure" which is an event that helps raise funds to fight breast cancer. During the

On Saturday October, 28th the GNY Stars were up against a tough opponent in the 18u Split Season Championship against the Southern CT Stars. GNY got off to a hot start scoring four goals in the first period. Joseph Fama opened up the scoring with an even strength goal with yet another assist from playmaker Andrew Cardi, who had two assists during this game. Ian Lavitman followed with the next two goals both at even strength and Noah Gold would help his team finish the period strong scoring one more even strength goal. Andrew Cardi would add an insurance marker in the second period with one more goal and the GNY Stars would go on to play a great defensive game limiting the Southern CT Stars to just two goals, defeating them by a score of 5-2 to win the 18u Split Season EJEPL Championship! With two goals in the contest, Ian Lavitman would go on to win the 18u Split Season MVP Award. We would like to congratulate the MVP Ian Lavitman, coach Pete Lompado, manager Tom McAleer, President/GM Matt Davie, the rest of the coaching staff, all players, and all supportive parents for all their hard work and dedication to the EJEPL and for a well deserved championship!



#81 Ian Lavitman of the GNY Stars 18u Split Season team wins championship and MVP Award

last weekend in October, this event was hosted at Abe Stark Skating Arena. From Mites to Midgets, travel team players ranging in age from 7 to 18 skate hour long laps around the rink with pledges coming from parents and sponsors to raise funds in the fight against breast cancer. There are too many people out there who are personally affected or know of someone fighting this cancer and the GNY Stars have joined the fight against breast cancer and have been hosting this event for the past 8 years.

All proceeds are donated to the American Cancer Society and as of their event in 2016, have raised a whopping \$86,000 for this cause. Every year, the GNY Stars organization skate in memory of Mrs. Doreen Quirk, Abe Stark concessionaire's wife, who passed away from this devastating disease. At the most recent "Stars Skate for a Cure" event, there were between 300-400 participants and their financial impact for the American Cancer society has now surpassed \$100,000.

Participants at the Annual "Stars Skate for a Cure"



GNY Stars Skate for a Cure



GNY Stars Mites



GNY Stars Squirts



GNY Stars PeeWees

2018 EJEPL Playoffs/League News

The EJEPL is proud to announce the official dates, venues and formats for the 2017-18 playoffs for all the boys divisions. Please review carefully each level you have a team. There are many different formats based on factors such as # of teams in a division, geography, level of play, etc. KRACH ratings will be used exclusively to determine all playoff spots. Larry Nastasi is the EJ's KRACH guru and has announced the first ratings will be announced on Monday DECEMBER 4th and each Monday night after DEC 4 till the playoffs.

Any questions pertaining to the KRACH are to be addressed to Larry only.

There will be a set schedule for each venue and teams will be slotted into these slots based on their KRACH ratings. There will be absolutely no changes to any schedule at any venue. If your team cannot participate with the set schedule, the next team in the KRACH ratings will be offered the spot.

The Playoff tab will be updated by NOV 10 to reflect the venues, formats, tie breakers and special playoff rules that will be in effect.

Actual schedules for each age group at each venue will be announced by JANUARY 1. -----a full month in advance.

There is NO CHARGE for the playoffs, it is in your League Fees.

AGE GROUP	DATE	VENUE	FORMAT
9 U	FEB 2-4	ICE WORKS, ASTON	FINAL 4
10 U DIAMOND	FEB 9-11	TBA (EITHER NORTH / SOUTH) DEPENDING ON MAKE-UP	6 TEAM ROUND ROBIN
10 U FUTURES GOLD	FEB 9-11	RED BANK ARMORY	FINAL 4
10 U FUTURES SILVER	FEB 9-11	RED BANK ARMORY	FINAL 4
11 U	FEB 2-4	ICE WORKS, ASTON	FINAL 4
12 U DIAMOND	FEB 2-4	ICE WORKS, ASTON	8 TEAM ROUND ROBIN
12 U FUTURES GOLD	FEB 9-11	RED BANK ARMORY	6 TEAM ROUND ROBIN
12 U FUTURES SILVER	FEB 9-11	RED BANK ARMORY	FINAL 6
13 U	FEB 2-4	ICE WORKS, ASTON	6 TEAM ROUND ROBIN
14 U DIAMOND	FEB 2-4	ICE WORKS, ASTON	8 TEAM ROUND ROBIN



Image size 12" x 12"

14 FUTURES SILVER	FEB 9-11	LONG BEACH ARENA	FINAL 8
15 U	FEB 2-4	ICE WORKS, ASTON	FINAL 4
16 PLATINUM	FEB 2-4	IGLOO ICE CENTER	1 VS 2 --- (BEST OF THREE)
16 DIAMOND	FEB 2-4	IGLOO ICE CENTER	6 TEAM ROUND ROBIN
16 FUTURES	FEB 2-4	IGLOO ICE CENTER	TBA
18 PLATINUM	FEB 2-4	IGLOO ICE CENTER	1 VS 2 --- (BEST OF 3)
18 DIAMOND	FEB 2-4	IGLOO ICE CENTER	6 TEAM ROUND ROBIN

SPLIT SEASON PLAYOFF RESULTS

The playoffs were held Oct 28th at Connecticut College.

In the 16 U -----So Conn Stars----- (3) Greater NY Stars (2)

In the 18 U -----Greater NY Stars ----- (5) So Conn Stars (2)

Congratulations to the Champions!!

MADD CONFERENCE TO BEGIN PLAY

The limited travel (House League) MADD (Mid-Atlantic Development Division) Conference will begin play shortly in the 10 U----12 U----and 14 U levels. All the teams are from Long Island. It is a (6) game schedule with Playoffs in March. Rinks / Organizations involved include-----Nassau County / Long Beach / Dix Hills / Superior and the Arrows. Playoffs will be held again at Freeport March 10-11.

WOMAN'S CONFERENCE

The Woman's conference is in full swing with 12 and 14 U divisions. Teams play a (10) game regular season which includes a (4) game showcase in December at Dartmouth College and Kimbal Union Academy Prep.

It will be well scouted by College and Prep schools. Playoffs for this conference will be at the end of January in MASS.

WEB SITE ROSTERS / SCHEDULES / PICS / EJEPL DIRECTORY

We ask that you check all parts of your team site for accuracy. Please contact us with any corrections. A new Directory will be sent out in early November.

REMAINING SHOWCASES

Dec 15-17 @ Northern Cyclones (Platinum / Diamond teams---16/18 U)

Jan 5-7 15 U @ Norwalk, CT

Jan 5-7 All Midget levels 16-18 U ----Aston Ice Works, The Pond, Igloo Ice Center and Revolution