STMA Boys Lacrosse



Coaches Code of Conduct

This Coaches Code of Conduct document lays out the expectations that the STMA Youth Lacrosse Board of Directors has for the behavior of their coaches and their team. To ensure compliance with league rules and to ensure our players have a positive experience while in our lacrosse program, the Coaches Code of Conduct must be followed at all times. If at any point you feel you can not adhere to the details of this document for any reason, you must inform the Board of Directors in writing. If there are any questions about this document, please reach out directly to the Coaching Director.

<u>Honesty and Integrity</u> are essential elements of our Code of Conduct. Understanding that coaches are role models for our players, I will make every effort to reflect these values in all my endeavors with STMA Youth Lacrosse.

I will familiarize myself with and abide by the US Lacrosse Code of Conduct which requires us to <u>"Honor the Game"</u> and demonstrate respect to players, coaches, officials, spectators, and fans. I will register as a coach with US Lacrosse.

I will familiarize myself with the STMA Lacrosse Association Mission and Philosophy:

"The STMALAXA provides all youth of our communities the opportunity to develop as Lacrosse players within a team concept to the extent allowed by their physical abilities and interest. This is accomplished through skill development during practice sessions and execution during games. STMALAXA believes that winning is positive, but only when it can be done in harmony with the welfare and interest of each individual player. Each player will be encouraged to develop characteristics that promote team concept. Players, coaches, and parents must realize that coaching is teaching and that perfection is not possible."

I will display a high level of <u>Sportsmanship</u>. I am expected to treat our players, officials, and opposing team with <u>Respect and Dignity</u>. Misconduct such as taunting or the use of foul and abusive language has no place in the game of lacrosse.

I will teach our players good sportsmanship and <u>Fair Play</u>. If one of our players is disrespectful, irresponsible, or overly aggressive, I will take the player out of the game at least long enough for him to calm down.

I will study and understand the <u>National Federation of State High School Associates</u> (NFHS) Boys <u>Lacrosse Rules</u> for boy's lacrosse and the US Lacrosse Youth Rules and Best Practices Guidebook for the age level I am coaching.

I will <u>Respectfully</u> address the referees with grievances. At no time are our players to address the referees before, during, or after games with their own grievances.

I will be <u>Respectful</u> to our opponent's team and coaching staff. Any grievances with the opposing team will be addressed directly through the STMA Youth Lacrosse Association board of Directors and the associated league.

I will make the <u>Safety and Welfare</u> of our players a top priority.

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I will attempt to maximize the potential of every player on the team through <u>Positive Coaching Techniques and Leadership</u>. Understanding that all boys develop differently at different degrees, I will make every effort to incite a love for the game of lacrosse in all of our players. I will play all players and ensure that each player feels like they have made a positive contribution to the success of our teams.

I will teach the <u>Fundamentals of Lacrosse</u> and emphasize that winning is the result of good <u>Teamwork</u>. Fundamentals are a necessary base and proper form for executing lacrosse skills. They include proper individual skills and techniques as well as team concepts and formations. I will encourage our players to work together and share the responsibilities of play.

I understand that once my team roster is set, <u>I must play only players on that roster</u> for any association/league games including any end of year tournaments. Any adjustments to an existing roster must be made with the approval of the STMA Youth Lacrosse Association board of Directors and the associated league.

I understand that I am a <u>Role Model</u> for our players and will make every effort to live up to their expectations.

Coaching plays an important role in <u>Growing The Game</u> of lacrosse in our community. Although coaching positions at STMA Youth Lacrosse are volunteer/unpaid positions, I understand that any violation of this Code of Conduct can have me removed from my volunteer coaching position.

Name of Coach	Signature	Date