

2019-2020 Dance Team Eligibility Information





2019-2020 Season

Meet/Practice Schedules Online:

www.wcconference.org

-or-

www.nphsathletics.sportngin.com

Asst. Activities Director = Kevin Kleiner

- previously the Activities Director at New Life Academy (Woodbury)

Mr. Skogerboe's Purpose Statement

I am an Activities Director to help coaches teach the importance of work ethic, mental toughness, respect for others, and humility. I firmly believe these core values will make our young people successful in life.

Coach Sandhurst's Purpose Statement

My purpose is to LEAD! Listen: listen to what is said and not said, verbally and non verbally, and give everyone attention Educate: teach and inspire young adults to give value and purpose to what they do, it's not all about dance, it is teaching life lessons as well Applaud: be the team's biggest cheerleader giving dancers necessary approval and praise Drive: push the team beyond what they think their limits are, be responsible, organized, and dedicated I coach because I want to share the knowledge and passion that I have for dance with others. I am dedicated to teaching the discipline of hard work while providing a positive learning environment. I am committed to promoting personal and team growth and development as well as inspiring students to not only become great athletes, but outstanding community members as well.

Purpose



**We Prepare, Plan & Play to 'win'
But the 'win' is not our PURPOSE**

Education is our PURPOSE





2019-2020 Season:



-Event Admissions:

- ALL K-12 New Prague students are FREE to ALL athletic events!
- Adult Passes = \$60 (individual) or \$80 (Co-Adult) – *Lynn is on Medical Leave!*

-Dance Team Fee: \$180 (Gr. 9-12) or \$100 (Gr. 7-8);

-\$475 Family Cap Refunds (due to injury, etc.) are prorated.

-Registration System: TIES FeePay

- <https://npaschools.feepay.com/>

- Post-Season Student-Athlete On-Line Evaluations



KIM PENKERT, ATC

- **Services contracted through Mayo Clinic Health System**
 - **Office Hours: 2:30 pm – 5:30 pm**

- **Appropriate Health Care Professional (AHCP)**
 - **i.e. she determines return to play!**



Concussion Management

NPHS STEPS

- **ImPACT Testing – YEAR #9**
 - Thanks to Mayo Clinic Health System – New Prague
 - All 9-12 grade “contact” sport athletes must take the baseline test (free of charge).
 - Football; Gymnastics; Wrestling; Cheerleading; Soccer; Basketball; Swimming/Diving; & Hockey.
- **ALL Coaches (paid or volunteer) must complete concussion management program.**
- **Return to Play Protocol**
 - *“WHEN IN DOUBT, SIT THEM OUT!”*

Trojan Communications...

School Website:



<http://nphsathletics.sportngin.com/>



Trojan Communications... **(Cont.)**



Parent Notification E-mails!

- Instructions on the “Schedules” tab on the Activities website.



IMPORTANT POINTS:



- #1 Student-Athletes are students first! Grades will be checked at Mid-term & End of Semester.
- #2 TRANSFERS – please talk to me after the meeting.
- #3 **Student Code of Responsibilities:**
 - I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
 - I will be fully responsible for my own actions and the consequences of my actions.
 - I will respect the property of others.
 - I will respect and obey the rules of my school and the laws of my community, state, and country.
 - I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.
 - **A student whose character or conduct violates the Student Code of Responsibilities or is suspended or expelled is not in good standing and is ineligible for a period of time as determined by the principal. While a student is not in good standing, a student may not serve any penalty for MSHSL Bylaw violations.**

2019-2020 Academic Timeline

Mid-Semester #1	November 1, 2019
End of Semester #1	January 17, 2020
Mid-Semester #2	March 12, 2020
End of Semester #2	May 28, 2020

ALL Athletes MUST be passing “all” courses on these dates to maintain their academic eligibility!

CHEMICAL VIOLATIONS:

CHEMICAL/TOBACCO/CONTROLLED SUBSTANCE VIOLATIONS: (D & E were new language in 2014)

- D. use or consume, have in possession, buy, sell, or give away products containing or products used to deliver nicotine, tobacco products and other chemicals. “Tobacco products” means: any product containing, made, or derived from tobacco that is intended for human consumption, whether chewed, smoked, absorbed, dissolved, inhaled, snorted, sniffed, or ingested by any other means, or any component, part or accessory of a tobacco product; or,
- E. use or consume, have in possession, buy, sell, or give away any substance or product where the intent of such use of the substance or product is to **induce intoxication, excitement, or stupefaction of the central nervous system**, except under the direction and supervision of a medical doctor. Such substance or products shall include, but are not limited to, **synthetic drugs, gasoline, glue, aerosol devices, bath salts, and any substances addressed by Minnesota or Federal law.**



CHEMICAL PENALTIES:



- **1st Violation: 2 Weeks or 14 calendar days (whichever is greater)**
- **2nd Violation: 3 Weeks or 21 calendar days (whichever is greater)**
- **3rd Violation: 4 Weeks or 28 calendar days (whichever is greater)**
- **Couple of Points:**
 - #1 Penalties are cumulative (starting with 7th Grade year).**
 - #2 Student-athletes must be in “good standing” in order to serve/complete their penalty.**

(i.e. Can't serve their Chemical Violation until they are “academically” eligible!)
 - #3 Denial Disqualification – additional 9 weeks.**



Attendance/Behavior Standards

- Students excused due to illness must be in school by the beginning of fourth period (**10:30 am**) and remain in class for the remainder of the day in order to be eligible to practice or participate in activities that day.
- If the nurse sends a student home, he/she is **NOT** eligible to participate in athletics/activities that evening.
- Students with an "excused" absence are allowed to practice, compete, or perform.
- Students with in-school, or out-of-school suspensions, may **NOT** practice, compete, or perform in activities on days of suspension.
- Students with an unexcused absence for **ANY** hour of the day may not practice, compete, or perform on that day.
- Students with detentions may practice, compete, or perform in athletic/activities contests after serving their detention time after school.

If a student should practice, compete, or perform on a day when he/she is ineligible, he/she will be held out of the next equivalent practice, competition, or performance.



New Prague Activities Chain of Command:



Player contacts Coach



Parents contact Coach



Parents contact Activities Director



Parents contact High School Principal



Parents contact Superintendent of Schools



Parents contact School Board

TROJAN CAPTAIN EXPECTATIONS

- 1- Personal
- 2- Toward Teammates & Managers
- 3- Toward Coaching Staff
- 4- Contest Expectations
- 5- Activities Office Expectations:
 - Be aware of AED locations.
 - Establish Student Response Teams.
 - Help Activities Dept. whenever necessary.
 - Meeting will take place after captains are announced.
 - Captains should schedule a date/time with me.



Mr. Skogerboe's Core Values



- I will treat “all” programs and “all” students fairly!
 - I will be visible!
 - I will listen!
 - I will respect “all” people I deal with!
- I will communicate with all parties in a respectful/timely manner!



Questions:



New Prague Activities Office

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