

Teams will have the responsibility to maintain every pitching chart and have available at each game Each team will record pitch counts on the official NYALB pitch count form

After each half inning the pitch counts will be confirmed, any discrepancy resolved by home team

At games's conclusion, the ALB pitch count form will be signed by both head coaches

Froms must be kept for the entire season

Геат name:	Date:

Required Rest								
1-30	0 Days							
31-45	1 Days							
46-60	2 Days							
61-80	3 Days							
81+	4 Days							
Max pitches 105								

ream name:						ı			Date	<u>:</u> :										1	viax p	oitch	es 10	15			
Pitcher Name & #	Cross off a number for every pitch thrown excluding warmups and pick off attempts																										
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	Pitches	51		53	54	55	56		58	59	60	61	62	63		65	66	67	68	69	70	71	72	73			Required
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Coach Signature