



ALBANY HIGH SCHOOL

Wrestling

2017-18

DAY	DATE	OPPONENT	LOCATION	GIRLS	JV/VAR
Sat.	Nov 18	Yellow Jacket Tournament (V)	Berkeley HS		7:00am
Sat.	Nov 25	Folsom Tournament	Folsom HS	7:00am	
Sat.	Dec 2	Newark Memorial Tournament	Newark Memorial HS	7:00am	
Sat	Dec 2	Falcon Duals (V)	Freedom HS		7:00am
Mon.	Dec. 4	WACC Novice Tournament	Berkeley HS	7:00am	
Thurs	Dec 7	Scrimmage @ Berkeley	Berkeley		4:00pm
Sat	Dec 9	Foothill Frosh/Soph/JV	Foothill HS		7:00am
Sat	Dec 9	Pittsburg	Pittsburg HS	7:00am	
Wed	Dec 13	Dual @ Drake	Drake HS		3:00pm
Fri - Sat	Dec 15-16	West Coast TOC	Hardwood Palace Rocklin	7:00am	
Fri-Sat	Dec 22-23	Lou Bronzan (V)	Liberty HS		7:00am
Sat	Dec 23	Brittney David Tournament	Liberty HS	7:00am	
Thurs.	Dec. 28	Santa Rosa Dual/Girls Scrimmage	Santa Rosa HS		6:00pm
Fri - Sat	Jan 5-6	Napa Valley Classic	Vintage HS	7:00am	
Sat	Jan 6	Granada Tournament (V)	Granada HS		7:00am
Wed.	Jan. 10	Dual @ Albany, De Anza, Richmond	HOME		5:00pm
Sat	Jan 13	Albany Girls / Boys JV tournament	HOME	7:00am	7:00am
Thur	Jan 18	Double Dual vs San Leandro / Castro Valley	TBA	TBA	
Sat	Jan 20	Bankson Inv. Tournament	HOME		7:00am
Wed	Jan 24	Double Dual vs Arroyo / Newark Memorial	Newark Memorial HS	TBA	
Wed.	Jan. 24	Dual @ St. Patrick - St. Vincent	SPSV		5:00pm
Sat	Jan 27	Balor Bash Tournament	San Benito HS	7:00am	
Sat	Jan 27	Dawn 2 Dusk (V)	Marin Catholic HS		7:00am
Fri-Sat	Feb 2-3	Mission San Jose Tournament (V)	Fremont		7:00am
Sat.	Feb. 3	Castro Valley League Tournament	Castro Valley HS	7:00am	
Fri.-Sat.	Feb. 9-10	NCS Championships (Girls)	HOME	7:00am	
Sat.	Feb. 10	NCS Dual Team Tournament (V)	Newark Memorial HS		10:00am
Fri.	Feb. 16	TCAL League Tournament	SPSV		10:00am
Fri.-Sat.	Feb 23-24	CIF Championships (Girls)	Visalia Convention Center	7:00am	
Fri.-Sat.	Feb. 23-24	NCS Championships (Boys)	James Logan HS		7:00am
Fri.-Sat.	Mar 2-3	CIF Championships (Boys)	Robobank Arena		7:00am

Varsity Coach: Tyrone Rose
 Girls Varsity Coach: Jason Griffin
 Asst. Coach: Manny Acosta

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Athletic Director: Zeke Lopez elopez@ausdk12.org
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 Website: GoAlbanyAthletics.org

Colors: Red & White
 Mascot: Cougar