

To: Dave Klein
From: Scott Schaffer
Date: April 12, 2010
Subject: High Bar at Region 2 Championships
 Scott Schaffer
 Rusty Boicourt

I would like to thank Rusty Boicourt for all his effort, excellent preparation and evaluation. It was invaluable to the success of our work at High Bar.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (16-18)
ATHLETE: Zachary Chase #1051

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			
Vault	B	2		
Endo – 1/1	C	3	0.1, 0.3	Feet hit bar
Weiler 1/1 to L-grip	D	3	0.1, 1.0, 0.3	Fall on 1 st attempt; late regrip on 2nd
L-grip giant	B	4		
hop	A	4		
Front giant	A	1		
Healy	B	1		
Pirouette	A	1		
Back giant				
Double Layout Dsmt.	C+	5	0.1	STICK BONUS ; slight pike

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 2.0	E1 = 1.9	
D = 1	Element Groups = 2.5	E2 = 1.5	
C = 2			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 4	Start Value = 14.6		

D – Panel Comments:

E – Panel Comments:

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010

EVENT: HIGH BAR – Level 10 (16-18)

ATHLETE: Spencer Smith #1102

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme				
Back up-rise	A	1		
Stalder	B	3		May constitute 'layaway' deduction
Back giant	A	1		
Gienger	C+	2		
Endo	B	3	0.1	
Endo 1/1 to L-grip	D	3	0.3	Late regrasp
L-grip giant	B	4		
Hop				
Jam to HS	C	4		
L-grip giant				
Russian giant	C	4		
Hop pirouette			0.1	
Back giant			0.1, 0.1	Wind up deductions
Double layout dsmt.	C	5	0.1, 0.1	Body position ; step

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 2.5	E1 = 0.9	
D = 1	Element Groups = 2.5	E2 = 0.7	
C = 4			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 2	Start Value = 15.0		

D – Panel Comments:

E – Panel Comments: Watch form in wind-up giants. Try to do back-uprise into pirouette and then stalder to avoid potential -0.3 layaway deduction.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (16-18)
ATHLETE: Michah Christensen #1041

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme				
Back up-rise	A	1		
Stalder	B	3	0.3	'layaway' deduction
Back giant	A	2		
Tkatchev	C+	2		
Blind change	A	1		
Jam to HS	C	4		
L-grip giant	B	4		
L-grip giant				Repeated Skill (see E-panel comment)
hop	A	4		
Endo	B	3	0.1, 0.1	
Pirouette				
Back giant				
1/1 double back tuck	C	5	0.3, 0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 2.0	E1 = 1.1	
D =	Element Groups = 2.5	E2 = 0.9	
C = 3			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 4	Start Value = 14.5		

D – Panel Comments: Shoulders not rotated enough in 2nd L-grip giant to get Russian giant 'C'; thus is repeated 'B' giant

E – Panel Comments: control the dismount ; BUR to swing back down/free-hip circle/stalder would get 'layaway' deduction so try doing pirouette into stalder after BUR.

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 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (16-18)
ATHLETE: Ethan Eldred #1071

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme (undergrip)	A		0.1, 0.1, 0.1	Needs to be high & clean
Front giant	A	1		
Healy	B	1	0.1	
Endo 1/1	C	3	0.1, 0.1	
Vault	B	2		
Kip	A	3	0.1	
Cast to pirouette	A	1	0.1	
Back giant	A	1	0.1	
Double back (tuck)	B	5	0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.4	E1 = 1.2	
D =	Element Groups = 1.8	E2 = 1.0	
C = 1			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 13.2		

D – Panel Comments: missing Group 4

E – Panel Comments: loose throughout routine; clean up small mistakes

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010

EVENT: HIGH BAR – Level 10 (16-18)

ATHLETE: Josiah Thomas #1103

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			
Vault	B	2	0.1, 1.0	Fall // no credit
Kip				
Back giant	A	1		
Blind change	A	1		
Front giant	A	1		
Jam to HS	C	4	0.3 , 0.1	Hit bar
L-grip giant	B	4		
hop	A	4		
Endo	B	3	0.1, 0.1	
Pirouette				
Back giant	A	1	0.1, 0.1	
1/1 double back (tuck)	C	5	0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.6	E1 = 2.1	
D =	Element Groups = 2.0	E2 = 2.2	
C = 2			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 13.6		

D – Panel Comments: fall on vault so no Group II skill credit; credit for stemme as 10th skill (no element group).

E – Panel Comments: make sure wind up giants for dismount are clean.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010**EVENT: HIGH BAR – Level 10 (16-18)****ATHLETE: Troy Lindsey #1101**

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme			0.1	
Vault	B	2		
Stalder	B	3	0.3	
Back giant	A	1		
Blind change	A	1	0.1, 0.1	
Front giant	A	1		
Jam to 15°	A	4	0.1	
L-grip giant	B	4		
hop	A	4		
Endo 1/1	C	3	0.3	
Pirouette			0.1, 0.1	
Back giant				
double back (tuck)	B	5	0.3	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.6	E1 = 1.5	
D =	Element Groups = 2.3	E2 = 1.5	
C = 1			
B = 4	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 13.9		

D – Panel Comments:**E – Panel Comments:** land the dismount* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (16-18)
ATHLETE: Zack Ouchida #1093

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme				
Vault	B	2	0.3	
Endo kip 1/1	C	3	0.1, 0.3	Hit bar
Weiler kip 1/1 to L-grip	D	3	0.1, 1.0 , 0.3	Fall on 1 st try // late regrasp on 2 nd try
L-grip giant	B	4	0.3	
hop	A	4		
Front giant	A	1		
Healy	B	1		
Pirouette	A	1		
Back giant	A	1		
Double back layout	C+	5	0.1	Stuck // slightly piked

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 2.1 (incl. stick bonus)	E1 = 1.9	
D = 1	Element Groups = 2.5	E2 = 1.5	
C = 2			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 4	Start Value = 14.6		

D – Panel Comments:

E – Panel Comments: do not hit bar on endo kip up after vault and (obviously) do NOT fall

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010**EVENT: HIGH BAR – Level 10 (16-18)****ATHLETE: Anthony Ambrose #1011**

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	B		0.1	
Vault	A	2	0.3	
Swing ½ turn	A		0.3	Extra half swing
Kip	B	3	0.1	
Back giant	A	1	0.1	
Double back (tuck)	B	5		stuck

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.8	E1 = 0.9	
D =	Element Groups = 1.8	E2 = 0.7	
C =			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 3	Start Value = 12.6		

D – Panel Comments: simple routine; add recognized FIG skill or two so that there is no doubt there are 6 skills.

E – Panel Comments: clean up technique on vault

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Jesse Sutton #1045

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme (mixed grip)			0.1	
Healy	B	1		
Front giant				
Jam	B	4		
L-grip giant	B	4		
hop	A	4		
Pirouette	A	1		
Back giant			0.1	
Tkatchev	C+	2	0.1	
Back giant				
Blind Change	A	1		
Endo 1/1	C	3	0.3	Hit bar
Endo	B	3		
Pirouette			0.1	
Double back (layout)	C+	5	0.1	Slight pike

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 2.3 (with bonus)	E1 = 0.8	
D =	Element Groups = 2.5	E2 = 0.6	
C = 3			
B = 4	Presentation = 10.0		A Panel + B Panel =
A = 3	Start Value = 14.8		

D – Panel Comments:

E – Panel Comments: be careful not to hit bar with feet on endo skills (0.3 deduction each time)

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010

EVENT: HIGH BAR – Level 10 (14-15)

ATHLETE: Logan Melander #1043

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme			0.1	
Back up-rise	A	1		
Free-hip HS			0.3	Counts as 'layaway' deduction
Back giant	A	1		
Gienger	C+	4		
Kip	A	3	0.1	
Back giant			0.3	'layaway' deduction
Blind change	A	1		
Front giant				
Jam	B	4	0.1	
L-grip giant	B	4	0.1, 0.1	
Hop	A	4		
Endo	B	3		
Pirouette				
1/1 double back (tuck)	C	5	0.3, 0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.8	E1 = 1.3	
D =	Element Groups = 2.5	E2 = 1.4	
C = 2			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 14.3		

D – Panel Comments:

E – Panel Comments: Two likely layaway deductions (-0.3) in routine. Take out by adding pirouette. Clean up dismount.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Christopher Short #1074

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme (mixed)				
Back up-rise	A	1		
Front giant	A	1		
Healy to L-grip	C	1	0.3, 1.0 , 0.1	Fall on 1 st attempt; late regasp
L-grip giant	B	4		
Hop	A	4		
Endo	B	3		
Pirouette	A	1		
Blind change				
Yeager	C+	2	0.1	
Kip	A	3		
Back giants			0.1, 0.1, 0.1, 0.1	Sloppy wind up giants
1/1 double back (tuck)	C	5	0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.9 (with bonus)	E1 = 2.1	
D =	Element Groups = 2.5	E2 = 1.8	
C = 3			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 14.4		

D – Panel Comments:

E – Panel Comments: Clean up wind-up giants before dismount ; do not fall.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Nathan Swanson #1075

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			
Vault	B	2	0.1, 0.1	
Kip	A	3	0.3 , 0.1	Comes to stop in support
Pirouette	A	1	0.1, 0.1	Avoids 'layaway' deduction
Back giant	A	1		
Blind change	A	1		
Front giant				
Healy	B	1	0.1	
Pirouette			0.1 , 0.1	Hand adjustment
Double back (tuck)	B	5	0.3, 0.5	Low-WAY OUT! ; spotted

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.1	E1 = 1.9	
D =	Element Groups = 1.8	E2 = 1.7	
C =			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 12.9		

D – Panel Comments: Add you L-grip giants in; only 8 skills are counting because of eliminated Group I skills.

E – Panel Comments: Never stop in a HB routine (some judges might even take a 'fall' deduction); work on dismount sets so that it is consistent.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Tyler Christopher #1012

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme (mixed)	A		0.3	
Vault	B	2	0.1, 0.1	
Kip	A	3		
Free-hip to HS	A	3	0.3	'layaway' deduction
Back giant	A	1		
Blind change	A	1	0.1	
Front giant	A	1	0.1	
Weiler kip	B	3		
Pirouette	A	1	0.1, 0.1	
Double back (tuck)	B	5	0.1, 0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.3	E1 = 1.4	
D =	Element Groups = 1.8	E2 = 1.7	
C =			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 7	Start Value = 13.1		

D – Panel Comments: Well constructed routine; add difficulty where you can; learn L-grip skill

E – Panel Comments: kip to layaway (back giant or free-hip circle) is a -0.3 deduction; fix this.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Banks Hall #1072

Skills	Value (*)	Element Group	Execution Deductions	Comments
Kip	A	3	0.3	Do not come to stop on bar
Front giant	A	1		
Healy	B	1	0.3, 0.1, 0.1	Late regrasp, form issues
Inlocated giant	A	4	0.5	Only had minimal inlocate
Pirouette	A	1	0.1	
Back giant	A	1		
Blind change			0.3	
Hecht	A	5	0.5, 0.1, 0.1	Severely bent legs; loose

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.8	E1 = 2.4	
D =	Element Groups = 1.5	E2 = 1.8	
C =			
B = 1	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 12.3		

D – Panel Comments: If you're going to do only an 'A' dismount for level 10, you might as well just drop off the bar and save yourself from additional E-panel deductions.

E – Panel Comments: Work to increase inlocate on Group IV skill. Take out hecht. Do not stop on bar, but work to kip and switch hands to undergrip as you slide up bar.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Dusty Shiffer #1153

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme (mixed)	A		0.1	
Vault	B	2		
Kip	A	3	0.3	form
Cast to pirouette	A	1		
Back giant	A	1	0.1, 0.1	
Free-hip to HS	A	3	0.1, 0.1	
Back giant			0.1	
Flying giant	B	1	0.1	
Blind change			0.3	Wild legs
Front giant			0.1	
Healy	B	1	0.3	Late regrasp
Front giant				
Pirouette			0.1	
Back giant			0.1, 0.1	
1/1 double back (tuck)	C	5	0.3, 1.0	Fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.4	E1 = 3.3	
D =	Element Groups = 2.0	E2 = 2.5	
C = 1			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 13.4		

D – Panel Comments:

E – Panel Comments: All back giants were done with bent arms (deduction!). Fixing this will add at least 0.5 to routine.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Conor Sheehy #1153

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.3	low
Vault	B	2	0.5 , 0.1	Wild, incorrect technique
Kip	A	3	0.1, 0.3	Form
Back giant	A	1	0.3 , 0.1	'layaway' deduction
Blind change	A	1	0.1, 0.1	
Front giant	A	1	0.1	
Pirouette	A	1	0.1, 0.1 , 0.1	Hand shift; form
Double back tuck	B	5	0.1, 0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.0	E1 = 2.7	
D =	Element Groups = 1.8	E2 = 2.1	
C =			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 2.7		

D – Panel Comments: Work on vault technique to improve skill

E – Panel Comments: Keep tighter form throughout routine

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Zack Mollett #1021

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			
Vault	B	2	0.3	form
Kip	A	3	0.1, 0.1	form
Back giant	A	1	0.1, 0.1	'layaway' deduction
Blind change	A	1	0.1, 0.1	Late turn, form
Front giant	A	1	0.1, 0.1	
Pirouette	A	1	0.1	Late turn
Back giants			0.1, 0.1	Form in wind-up giants
Double front tuck	C	5	0.3, 0.3, 1.0	Early turn, form, fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.1	E1 = 3.0	
D =	Element Groups = 2.0	E2 = 2.5	
C = 1			
B = 1	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 13.1		

D – Panel Comments: only counting 8 parts

E – Panel Comments: giants need to be tighter // late turns/regrasp on turns.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010

EVENT: HIGH BAR – Level 10 (14-15)

ATHLETE: Jared Newman #1061

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			
Vault	B	2	0.1	
Kip	A	3	0.3, 0.1	Stop on bar
Cast pirouette	A	1	0.1	
Back giant	A	1	0.1	Hand adjustment
Blind change	A	1		
Endo	B	3	0.1	
Front giant				
Healy	B	1	0.3, 0.1	Late regrasp, form
Front giant				
Pirouette			0.1	Form in wind-up giants
Back giant				
Back layout	A	5	0.1	Early turn, form, fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.2	E1 = 1.4	
D =	Element Groups = 1.5	E2 = 1.5	
C =			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 12.7		

D – Panel Comments: only 9 counting parts because there are too many Group I skills.

E – Panel Comments: work on getting hand onto bar early (within 30° of vertical) on healy skill.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Patrick Casey #1111

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1, 0.1	Bent knees to stemme, low
Back-uprise to HS	A	1	0.1	
Free-hip to HS	A	3	0.3 , 0.3	'layaway' deduction, low
Back giant				
Blind change	A	1	0.1	
Front giant	A	1		
Jam	B	4	0.3	
L-grip giant	B	4	1.0	Fall; did not complete 360°
Front giant				
Endo	B	3	0.1, 0.1	
Pirouette	A	1	0.1	
Double back tuck	B	5	1.0	Fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.2	E1 = 3.6	
D =	Element Groups = 1.8	E2 = 3.6	
C =			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 13.0		

D – Panel Comments: 9 counting skills (since already 4 Group I skills).

E – Panel Comments: do not fall. Falling . . . bad! Multiple falling . . . badderer.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 10 (14-15)
ATHLETE: Seth Flagel #1000

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	
Back-uprise to HS	A	1	0.5	Very low
Free-hip to HS	A	3	0.3 , 0.3	'layaway' deduction, low
Stalder	B	3	0.3, 0.1, 0.1	Low, form
Back giant	A	1		
Blind change	A	1	0.3, 0.1	Form
Front giant	A	1	0.1	
Endo	B	3	0.1, 0.1	
Pirouette			0.1, 0.1	
Double back (tuck)	B	5	0.1, 1.0	fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.2	E1 = 3.2	
D = 1	Element Groups = 1.3	E2 = 2.8	
C = 2			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 12.5		

D – Panel Comments: start routine with mixed stemme and back-uprise through to pirouette which will eliminate deduction for 'layaway' into free-hip skill.

E – Panel Comments: keep good form throughout routine

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Riley Ward #1000

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	
Back-uprise to HS	A	1		
Free-hip to HS	A	3	0.3 , 0.1, 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1		
Front giant				
Healy	B	1	0.3, 0.1	Late regrasp, form
Pirouette			0.1	
Hop off			0.3	Came in to bar

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.7	E1 = 1.1	
D =	Element Groups = 1.0	E2 = 1.0	
C =			
B = 1	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 11.7		

D – Panel Comments:

E – Panel Comments: layaway to free-hip is a -0.3 deduction (missed in original evaluation); recommend doing back-uprise pirouette and then into free-hip.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Andre Hufnagel #9071

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	
Vault	B	2	0.1, 0.1	
Steinmann	B	4	0.3	
Kip	A	3		
Cast to pirouette	A	1	0.3	form
Back giant			0.1	Hand adjustment
Blind change	A	1	0.1, 0.1	Late regrasp, form
Front giant				
Pirouette	A	1	0.1	Late regrasp
Back giant				
Back layout	A	5	0.1	stick

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.0	E1 = 1.4	
D =	Element Groups = 2.3	E2 = 1.6	
C = 2			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 3	Start Value = 13.3		

D – Panel Comments:

E – Panel Comments:

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Fletcher Braunton #9022

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1, 0.1	
Back-uprise to HS	A	1	0.3	low
Free-hip to HS	A	3	0.3, 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1		
Front giant	A	1		
Jam to 15°	A	4	0.3, 0.3, 1.0	Form, hit bar, fall after jam
Pirouette			0.1, 0.1	
Double back (tuck)	B+	5		stick

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.0	E1 = 2.7	
D =	Element Groups = 2.0	E2 = 2.4	
C = 2			
B = 4	Presentation = 10.0		A Panel + B Panel =
A = 3	Start Value = 13.0		

D – Panel Comments:

E – Panel Comments: Loss of value on jam = 1.6. Clean this up

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010**EVENT: HIGH BAR – Level 9 (12-13)****ATHLETE: Paul Farmer #9023**

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	knees
Back-uprise to HS	A	1	0.3	Low
Free-hip to HS	A	3	0.3, 0.1, 0.1	'layaway' deduction, low, form
Back giant	A	1		
Blind change	A	1	0.3	
Front giant	A	1		
Pirouette				
Back giant				
Double back (tuck)	B	5	0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.8	E1 = 1.3	
D =	Element Groups = 1.5	E2 = 1.4	
C = 1			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 12.3		

D – Panel Comments:**E – Panel Comments:**

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Brandon Mills #9051

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			
Back-uprise to HS	A	1	0.1	
Free-hip to HS	A	3	0.3 , 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1	0.3	
Front giant				
Healy	B	1	0.1	
Front giant				
Healy				
Pirouette			0.1	
Back giant				
Double back (tuck)	B	5	0.3, 0.1, 0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.9	E1 = 1.2	
D =	Element Groups = 1.5	E2 = 1.4	
C =			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 13.8		

D – Panel Comments: Only 7 counting skills. Lots of extra, non-counting skills (e.g. additional/non-counting Healy). Suggest doing pirouette after first healy and then to double back. Note 'layaway' deduction for doing BUR into giant or free-hip. Can you do this: stemme, kip, cast to immediate pirouette, back giant, blind change, front giant, healy, pirouette (extra), double back dismount?

E – Panel Comments: Clean up blind change and dismount.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Zachary Ochsenschlager #9134

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.3	low
Back-uprise to HS	A	1	0.5	Super low
Free-hip to HS	A	3	0.3 , 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1	0.1, 0.1	Form, low
Front giant				
Endo	B	1	0.1, 0.1	knees, toes
Front giant				
Pirouette				
Back giant			0.1	
Double back (tuck)	B	5	0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.1	E1 = 2.0	
D =	Element Groups = 1.5	E2 = 1.6	
C =			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 12.6		

D – Panel Comments: Only 7 counting skills. Perform skills at beginning of routine higher.

E – Panel Comments:

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Evan Vacek #9135

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	knees
Back-uprise to HS	A	1	0.1	Super low
Free-hip to HS	A	3	0.3 , 0.1, 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1	0.1	Form, low
Front giant			0.1, 0.1	
Healy	B	1	0.1, 1.0	Form, fall.
Front giant				
Endo	B	3	0.1	
Pirouette			0.1	
Back giant				
Double back (tuck)	B	5	1.0	fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.1	E1 = 3.6	
D =	Element Groups = 1.5	E2 = 2.9	
C =			
B = 3	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 12.6		

D – Panel Comments:

E – Panel Comments: Bent arm giants. Try not to fall so much.

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010

EVENT: HIGH BAR – Level 9 (12-13)

ATHLETE: Aaron Moss #9031

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	knees
Back-uprise to HS	A	1		
Free-hip to HS	A	3	0.3, 0.1, 0.1	'layaway' deduction, low
Back giant	A	1	0.1	
Blind change	A	1	0.1	
Front giant	A	1		
Pirouette			0.1	
Back giant				
Double back (tuck)	B	5	0.3	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.7	E1 = 1.2	
D =	Element Groups = 1.5	E2 = 1.0	
C =			
B = 1	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 12.2		

D – Panel Comments:

E – Panel Comments:

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Josh Watrous #9084

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.3	low
Back-uprise to HS	A	1	0.3	low
Stalder	B	3	0.3, 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1		
Front giant	A	1		
Endo	B	3	0.1	
Pirouette			0.1	
Back giant			0.1	Hand shift
Back flip (layout)	A	5	0.1	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.0	E1 = 1.3	
D =	Element Groups = 1.3	E2 = 1.0	
C =			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 12.3		

D – Panel Comments:

E – Panel Comments:

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Isaac Weber #9032

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	low
Back-uprise to HS	A	1	0.3	low
Free-hip to HS	A	3	0.3 , 0.1, 0.1	'layaway' deduction, low, form
Back giant	A	1	0.1	
Blind change	A	1	0.1	
Front giant	A	1		
Pirouette			0.1	
Back giant				
Double back (tuck)	B	5	0.3	

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 0.8	E1 = 1.2	
D =	Element Groups = 1.5	E2 = 1.0	
C =			
B = 1	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 12.2		

D – Panel Comments: Only 7 counting skills.

E – Panel Comments:

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010**EVENT: HIGH BAR – Level 9 (12-13)****ATHLETE: David Ganz #9132**

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A			low
Back-uprise to HS			0.3	low
Free-hip to HS	A	3	0.3 , 0.1, 0.1	'layaway' deduction, low, form
Back giant	A	1		
Blind change	A	1	0.1	
Front giant	A	1		
Endo	B	3	0.3 , 0.3	Hit bar, form
Front giant				
Healy	B	1	0.1, 0.1	
Pirouette			0.1	form
Back giant			0.1, 0.1	Form in wind-up giants
1/1 double back (tuck)	C	5	0.1x4, 1.0	Form, 3 steps and a fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.2	E1 = 3.5	
D =	Element Groups = 1.5	E2 = 2.8	
C = 1			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 5	Start Value = 12.7		

D – Panel Comments:

E – Panel Comments: Should only do the routine he can do with perfect form (he's too good of a gymnast otherwise). Try not falling so much next time. Or if you do, take out Leonard.

* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010
EVENT: HIGH BAR – Level 9 (12-13)
ATHLETE: Nathan Weston #9001

Skills	Value (*)	Element Group	Execution Deductions	Comments
Jam	A	4	0.1, 0.3	Extra half swing
Cut-catch	A	2		
Kip	A	3		
Free-hip to HS	A	3	0.3	'layaway' deduction
Back giant	A	1	0.1	
Blind change	A	1	0.1	
Front giant			0.1	
Endo	B	3	0.3 , 0.1	Hit bar, form
Pirouette			0.1	
Double back (tuck)	B	5	1.0	fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.0	E1 = 2.5	
D =	Element Groups = 2.5	E2 = 2.2	
C =			
B = 2	Presentation = 10.0		A Panel + B Panel =
A = 6	Start Value = 13.5		

D – Panel Comments:

E – Panel Comments:

* Counting skills noted in **Bold** font.
 Skills with no noted element group are JO skills only.

COMPETITION: Region 2 JO Championships – April 10, 2010**EVENT: HIGH BAR – Level 9 (12-13)****ATHLETE: Josh Havelind #9133**

Skills	Value (*)	Element Group	Execution Deductions	Comments
Stemme	A		0.1	knees
Back-uprise to HS	A	1	0.3	low
Free-hip to HS	A	3	0.3 , 0.1	'layaway' deduction, low
Back giant	A	1		
Blind change	A	1	0.3	Wild legs
Front giant	A	1	0.1	
Endo	B	3	0.1, 0.1	form
Front giant				
Pirouette			0.1. 0.1	form
Back giant				
Double back (tuck)	B	5	1.0	Form, 3 steps and a fall

Difficulty	A Panel	B Panel	Final Score
F =			
E =	Difficulty = 1.0	E1 = 2.6	
D =	Element Groups = 1.5	E2 = 2.4	
C =			
B = 1	Presentation = 10.0		A Panel + B Panel =
A = 7	Start Value = 12.5		

D – Panel Comments:**E – Panel Comments:** Try to take out the fall from the routine. It does not add anything and, in fact, makes the score much lower.* Counting skills noted in **Bold** font.

Skills with no noted element group are JO skills only.