



SCHEDULE

Learn To Play (LTP) is held three (3) times per year – once in the Summer, Fall, and Spring. All sessions are 6 consecutive weeks, typically on Saturdays. Our LTP program rotates to different rinks each session - the Mills (Summer), Granite City (Fall), and East Alton (Spring).

EQUIPMENT RENTAL

All players registered in the LTP session must wear the proper equipment to participate in the on-ice activities. Twin Bridges offers an equipment rental service that includes all the proper equipment for FREE! or families can supply their own equipment if it meets proper safety requirements.

A check in the amount of \$100 is required as a deposit and must be submitted the day of the Equipment Rental Handout, typically a couple of hours before the first day of LTP. The check is returned or shredded when the equipment is returned in good condition.

Equipment available for rental is listed to the right. We also recommend the following items to enhance your child's LTP experience...

- **Mouth Guards are HIGHLY RECOMMENDED** as they provide adequate protection against players biting their tongues, biting down hard on their teeth, and protect against concussions. They can be purchased (\$2) in the Pro Shop at East Alton Ice Arena.
- **A Hockey Jock** provides a player with pelvic protection and Velcro straps to hold hockey socks in place. A regular jock can also be worn but tape will most likely be necessary to keep the hockey socks in place.
- **Tape** is applied against hockey socks and over the shin pads to prevent the shin pad from shifting and the hockey sock from sliding down. Tape can be purchased (\$3/roll) in the Pro Shop at East Alton Ice Arena (enough for the entire session).

	INCLUDED	NOT INCLUDED
Helmet w/Cage	X	
Shoulder Pads	X	
Hockey Pants	X	
Shin Pads	X	
Elbow Pads	X	
Hockey Gloves	X	
Skates		X
Hockey Stick	X	
Equipment Bag	X	
Mouth Guard		X
Jock		X

FREQUENTLY ASKED QUESTIONS...

Does my child qualify for the LTP program?

Our club has very few requirements in order to participate in the LTP program. They are:

- *Your child must be between the ages of 4-10*
- *Your child has participated in no more than 3 Twin Bridges Lightning sponsored LTP (3 LTPs is the max)*
- *Your child must not have played a full regular season with a MO Hockey team*
- *Your child resides in a Twin Bridges zip code - excludes Summer LTP hosted by MO Hockey ([visit tblhockey.com](http://tblhockey.com), then the Association page to view the zip code table)*
- *Maximum registered kids per LTP session: 60*

Does my child need to know how to skate to participate?

NO. We encourage first-time skaters to participate in our LTP session while also introducing them to the game of hockey. We reserve a section of the ice to teach kids the ability to stand and take a few strides before integrating them into the other areas of the LTP session. This area is called Learn To Skate (LTS) and is located at the end of the rink across from the scoreboard.

Will my check be cashed for the equipment loan program?

Checks will be held during the program and returned when the equipment is returned. Checks will only be cashed if equipment is not returned or returned damaged in a way that it cannot be reused.

What should my child wear to the sessions?

Comfortable athletic clothing, such as soccer shorts, socks, long sleeved shirt. Moisture wicking material does help keep your child cool as they sweat while participating.

My child cannot attend all sessions, can they still participate?

Yes, but if they need loaner equipment a parent or other adult must attend the equipment hand out session. If the child will not be present for equipment return arrangements should be made with the program coordinator to return the equipment early.