Goaltending Development



November 2016



Panelists

"The Next Level"

Joe Exter

Ohio State (Big Ten)

Dave Lassonde

Dartmouth (E.C.A.C)

Andrew Whiteside

Wilks-Barre (NAHL)

Taylor Nelson

Tri City Storm (USHL)

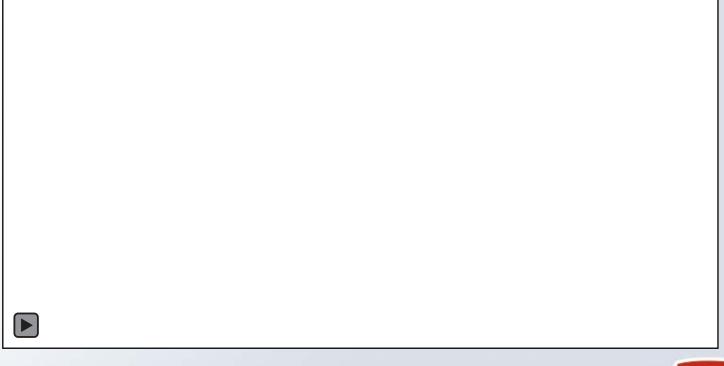
Technical Talk Using the Goal Stick Dave Starman

- Montreal Canadiens
- USA Hockey, GDC
 New York



Stance-The Foundation

http://www.usaho	ckeygoaltendin	g.com/page/sh	ow/890039-stance





Stick and Hands In Front Of Goalie

Good Stick Position



Low Crouch-Like the Stick





Stick Saves-Look at Arch of Stick





Stick Saves

- Starts with a good stance-don't cover covered space
- Stick 6-9" off the feet
- Good knee bend
- Stick blade angled towards the goalie
- Arms loose and ready to move



Stick in an arch standing or butterfly





Rebounds We Can Eliminate

Relying On Pad Only?

Not Leading With Stick







Proper Stick vs Sloppy Stick

Stick Down and Used

This Rebound Was Put In!!







Drills For Goalie Coaches

- Double Goalie Off The Post
- Stick Save 2 and Tip Drill
- Standing and Butterfly Arch Drill-10U keep these kids on their feet
- Remember-if the kids look awkward it is not a bad thing.



Johnny Bower and the Poke Check







Poke Checks in Today's Game



CONCLUSION

- Important With Young Goalies-Teach Them To Use Their Sticks!
- Lead With Your Stick For Explosive Movement In The Crease
- Check Stance-Make Sure They Are Set Before Every Rep
- Use your stick aggressively, keep the crease clean.



Andrew Whiteside-N.A.H.L
Where do you begin to look for your next goalie? Do you watch prospect video?



Taylor Nelson-USHL
What do you value in a goalie's pedigree?



Dave Lassonde-Dartmouth My son is in 9th grade and has a great grade point and is interested in Ivy League Schools. What should we do to get him in front of those schools?



Joe Exter- Ohio State I have a son and a daughter who play goalie. What stats are important to you for youth goalies in order to notice them so you will scout them?



















Call to Action

- Implement a drill!
- Point out a good stick save during an NHL game to a future NHLer or NWHLer.
- Have the discussion with your goalie families about the 'Next Level'



"Determined people working together can do anything"

Next Webinar: December 12th
Culture - Jared Waimon-Quinnipiac
Technical - Skating for Goalies

#51in30 #Goalie Nation

