

PHILOSOPHY/PRINCIPLES–

- Athletes First-Winning Second-Have FUN
- Support Multi-sport Athletes
- Family, Academics, School Sports, Club Team
- Missed Practices–communicate conflicts, illness, injury
- Contact coach email or text before practice if missing or arriving late
- Make every effort to be at practice–
 - Builds Camaraderie
 - Team Cohesiveness
 - Earn Playing time

Charles Smith
Director

Kim Smith
Juniors Director

Emily Collas
Assistant Director
12/13/14

Rachel Houseman
Assistant Director
15/16

COACHES / PLAYERS–

- 2 coaches for each team
- 10-11 players per team
- Specialization–Developing setters, Defensive Specialists, Right Side Hitters, Outside Hitter, Middle Hitter/Blocker

PLAYING TIME–

- 14/15/16–Positions on court will be determined by ability
- 14/15/16–Playing time is not guaranteed
- All will play at tournaments but players who give team best chance to win will play more
- Issues with playing time should be addressed by following the ROCK VBC Conflict Resolution Policy

12/13– Multiple positions
12/13–Equal time is goal

SCHEDULES–

- Practice and Tournament Schedules will be posted on the SportsEngine website www.rockvbc.com
- Choose CALENDAR
- Check for possible updates and changes weekly
- Tournament schedule will be finalized by December 7th (may change due to tournament availability)

PRACTICE–

- Wednesdays–14, 15, 16 7:30-9:30 PM
- Thursdays–12, 13 7:30-9:30 PM
- Sundays–(non-tournament weekends) 6:00-8:00 PM

PRACTICE

FEES–

- Badger Region memberships must be upgraded to a full membership and offer accepted.
- Team Dues: **16/15–\$925 14/13–\$860 12–\$750**
- Payments made from website home page–**2024-25 Season Dues**
- Payments can be made in one payment or installments due on the 10th of each month
 - Dec 1st- \$100, Jan 10th, Feb 10th, Mar 10th
- Remaining Balance needs to be paid by 3/10/24
- Any changes in the payment plan can be requested through the Director

MEMBERSHIP

PARENT CONDUCT/BEHAVIOR–

- Supportive/Positive
 - Keep an open dialogue and listen–"I've noticed that..."
 - Help your athlete look to the positives, what are they doing well
 - Encourage athlete to improve skills during practice
 - Don't criticize the other players or coach in front of your athlete
- Tournaments
 - Full day (7:30 AM-4:30 PM)
 - All Players will participate in a Ref Crew
 - Classy not trashy
 - Other club's parents may yell and scream at players, officials, and refs.
 - Think about someone yelling at your daughter
 - If a problem of fairness or safety exists, please address the coach
 - If the coach is working, find the tournament director
- Comments to Officials
 - Do NOT yell at the officials over calls, do NOT yell at officials about the score, do NOT address the officials personally before or after the match to complain about a call or game decision.
 - Referees can file a formal complaint and YOU could be fined for HARASSMENT or ASSAULT

GROWTH vs FIXED

- Comments to Coaches—See Conflict Resolution Policy <https://www.rockvbc.com/policy>
 - Coaches have a lot to worry about during the tournaments
 - Do NOT address the coaches at a tournament with CRITICISM or SUGGESTIONS of how to coach. If you know the game and have noticed something that may be helpful to a coach...feel free to talk to them after the next practice. If you are frustrated...communicate with your athlete what you see and wait 24 hours
 - If you have a concern about your daughter’s playing time, position, perceived role on the team, or a comment or decision made by a coach...Please follow the Conflict Resolution Policy
 - If you feel that your concern is not being handled, call or text the DIRECTOR (608-436-4283)

SPORTSENGINE APP/ONLINE—

- Download the app to follow your team and stay connected. Coaches may use the app to communicate
- Email groups, text chains, team chat groups
- Send tournament pictures to Director rockjv199@gmail.com for the website and Facebook accounts (team photos, candid, fun, game action)

CANCELLATIONS—

- Practices may be canceled due to weather when Janesville Public Schools are canceled. Please check online at: WCLO.com/closings/post OR Facebook: Rockvbc Janesville

ROCK GEAR

ROCK GEAR—CLOTHING—Orders will be on-line

- LINK will be added to the ROCK VBC Website (QR code)
- Not obligated to buy—All players get a team shirt, white jersey and purple jersey
- Dec 8th due date.
- Pick up order Dec 18th and 19th at Craig High School
- Gear can add names—if requested
- Nothing will be printed on the “bottoms” of sweats
- Shirts for sale tonight—venmo or cash



FINAL THOUGHTS

- Please contact your coach or director as soon as you know of a conflict with your team’s schedule
- Athletes from younger teams may be moved up to fill positions for a tournament
- We are excited to start the season and hope to be competitive in our tournaments
- Parent Social: Mix together and find the parents of the players on your team here tonight.

ROCK ROSTERS

16	Lauren Halon	15	Riley Levenson	14	Juliana deLorimier	13	Aubrey Gregory	12	Emma Gremminger
16	Nova King	15	Daveta White	14	Ellie McCormick	13	Lilliana Lewis	12	Emily Huie
16	Alli Greco	15	McKayla Smith	14	Chesney Speich	13	Jordyn Speich	12	Peyton Klemencic
16	Lily Paitel	15	Adilynn Wellnitz	14	Emma Schaffner	13	Lucy Olsen	12	Juliana Ramos
16	Lydia Wixom	15	Addie Kennedy	14	Rachael Reilly	13	Sophia Robinson	12	Charlotte Richards
16	Haley White	15	Olivia Perry	14	Harper Steuck	13	Marti Klassy	12	Gianna Seeliger
16	Alexis Blaser	15	Rylyne Lund	14	Andrea Hanson	13	Kylie Hunsbusher	12	Sydney Sheridan
16	Madison Klemencic	15	Giada Partipilo	14	Maddie Lawton	13	Lily Dongarra	12	Ila Wachsmuth
16	Aalayah Sausberry	15	Kenley Antczak	14	Kaitlyn Rye	13	Bailyn Strickert	12	Addley Winn
16	Madelyn Corder	15	Celia Johnson	14	Maeva Schmidt	13	Lucy Woodman	12	Brynn Witt
						13	Grace Braunschweig		