REVAMP CAMP

with Zach Blom & Tara Lane



What: Puck Skills with Zach Spencer Gold, Yeti Goalie Cost: \$165

Power Skating with Tara Lane

When: Jan. 3-5, 2018
Where: Dobson Arena

Details: Hockey players from Mites to Pros

need constant work and

development on the 4 basic skills: Skating, Stickhandling, Passing, and Shooting. Zach Blom and Tara Lane, along with Goalie Specialist Spencer Gold, will get back to the basics that fuel the best players in the world. Squirts & U12 Girls (5.75 hrs/ice)

Wed/Thurs 8:15-9:15am Power Skating

9:30-10:45am Puck Skills

Friday 10:30-11:45am Puck Skills **PeeWees & U16 Girls** (6.25 hours/ice)

Wed/Thurs 11am-Noon Power Skating

12:15-1:45pm Puck Skills

Friday Noon-1:15pm Puck Skills

Bantams & U19 Girls (6.25 hours/ice) Wed/Thurs 2-3pm Power Skating

Friday

2 Spirit Ower Skating

3:15-4:45pm Puck Skills 1:30-2:45pm Puck Skills