Falls Hockey
Rink Rat Program

The Rink Rate Program is designed to improve our youth player's hockey skills by encouraging kids to work on these skills outside of their scheduled practices and games.

Guidelines:

- 40+ hours of extra practice time is the goal to earn a t-shirt
- Team practices and league/tournament games do not count for extra time.
- Working on hockey skills, puck handling, shooting, skating skills and pick-up games with friends/family.
- Use the form below to record your child's time.
- Return your sheet to your parent rep **NO LATER THAN MARCH 1, 2018.**
- Any other questions, contact your coach or parent rep.

DATE	HOURS	ACTIVITY	DATE	HOURS	ACTIVITY

Player:_____ Coach:_____Team:_____

Parent Signature:_____Total Time:_____

Shirt Size (circle): Youth: S M L XL Adult: S M L XL