



# NEWSLETTER

W i n t e r 2 0 1 4



Greetings Everyone,

This past November, the gymnastics community lost one of its most knowledgeable and experienced officials. Cindy Sielski impacted countless people in gymnastics. As a coach, Brevet official, former NY State Chairman, current NAWGJ-NYN Director, former Region 6 Technical Chairman, friend and incredible mentor, her love for gymnastics, will serve as a beacon for future generations. She has touched the lives of many and will be missed by all.

The 2014 championship season is on the horizon. It is important for coaches to review the policies for entering the Regional Championships [Level 9/10; Level 7/8 and Xcel]. Information is enclosed detailing the on-line registration process. This procedure allows the State Championships to be less hectic – but clubs will be responsible for adhering to strict registration deadlines. Please take the time to review the material in the Newsletter.

**Don't forget** – the 2014 Region 6 Congress will be held August 1 – 3 in Providence, RI. EARLY BIRD registration is open at <http://usagym.org/pages/education/courses/U310/6/>. Don't miss this educational opportunity servicing the Women's Program; Men's Program; Officials; Club Owners and Recreational staff. There is something for everyone.



Cindy Sielski

Warm wishes for a happy, healthy and safe 2014.

*Kathy*

## SAVE THE DATE

## REGION 6 CONGRESS

## 2014

August 1-3

Westin Providence  
Providence, RI

## CONTENTS

Regional Directory .....	2
2013 Tops Team .....	3
Election .....	4
2014 Regional Championships .....	5 - 8
JO Reports .....	9 - 10
Calendar .....	11

# REGION VI

## USAG WOMEN'S PROGRAM COMMITTEE

Web page: [www.region6usag.org](http://www.region6usag.org)

REGIONAL CHAIRMAN	KATHY OSTBERG <a href="mailto:region6usag@gmail.com">region6usag@gmail.com</a>	365 Spring Street Shrewsbury, MA 01545	(508) 842-5614 (Voice) (508) 735-3149 (cell)
REGIONAL TECHNICAL CHAIRMAN	PATRICIA PANICHAS <a href="mailto:panichas@aol.com">panichas@aol.com</a>	9 Sherman Lane Hamden, CT 06514	(203) 248-7999 (H) (203) 392-6082 (W) (203) 392-6093 (Fax)
REGIONAL JO PROG. CHAIRMAN	LARRY GOLDSMITH <a href="mailto:lgoldniag@aol.com">lgoldniag@aol.com</a>	41 Brook Court E. Amherst, NY 14051	(716) 694-6557 (Work / Fax)
REGIONAL Xcel COMMITTEE CHAIRMAN	DAVID AUGER <a href="mailto:dave@10-Ogymnastics.org">dave@10-Ogymnastics.org</a>	181 Great Road Stow, MA 01775	(978) 897-8184(Phone)

## STATE CHAIRMEN

CONNECTICUT	ROBIN DEARY FILLMORE <a href="mailto:usagconnecticut@sbcglobal.net">usagconnecticut@sbcglobal.net</a>	31 Commerce Ave. Danielson, CT 06239	(860) 774-7425 (Work/Fax) (860) 774-9284 (USAG PHONE) <a href="http://www.ct-usagymnastics.com">www.ct-usagymnastics.com</a>
MAINE	DONNA LANDAU <a href="mailto:dmlandau@hotmail.com">dmlandau@hotmail.com</a>	29 Chickadee Lane Kennebunk, ME 04043	(207) 294-1180 (Cell) <a href="http://www.maine-gymnastics.org">www.maine-gymnastics.org</a>
MASSACHUSETTS	MICHELE ARCHER <a href="mailto:michele.archer@aol.com">michele.archer@aol.com</a>	P.O. Box 742 Shirley, MA 01464	(978) 866-0439 (Cell) (978) 425-0360 (Fax) <a href="http://www.massusag.com">www.massusag.com</a>
NEW HAMPSHIRE	HAVEN MILTON <a href="mailto:HavenNHSC@aol.com">HavenNHSC@aol.com</a>	PO Box 1344 Dover, NH 03821	(603) 312-0880 (Cell) (603) 749-1234 (Work) (603) 749-5678 (FAX) <a href="http://www.nh-usag.org">www.nh-usag.org</a>
NEW YORK	ERIK QUAAL <a href="mailto:nyusag@gmail.com">nyusag@gmail.com</a>	World Class Gymnastics 630 Columbia St. Latham, NY 12110	(518) 727-4113 (Cell) (518) 785-3481 (Work)
RHODE ISLAND	Kelli Doorley <a href="mailto:kelliscri@yahoo.com">kelliscri@yahoo.com</a>	P.O. Box 293 Wakefield, RI 02880	(401) 213-6645 (Phone/Fax) <a href="http://www.riusag.com">www.riusag.com</a>
VERMONT	JILL G. VANDERPOT <a href="mailto:jillnlg@yahoo.com">jillnlg@yahoo.com</a>	94 Olcott Dr. White River Jct., VT 05001	(603) 252-6074 (Cell) (802) 295-2070 (Work) <a href="http://www.vermontgymnastics.com">www.vermontgymnastics.com</a>

**USAG OFFICE:** (317) 237-5050  
(317) 237-5069 Fax  
[www.usa-gymnastics.org](http://www.usa-gymnastics.org)

**USAG MEMBERSHIP:** 1-800-345-4719

# CONGRATULATIONS 2013 TOPS TEAM MEMBERS



**Anna Huber**  
Rochester Gymnastics  
Academy, NY  
TOPs A Team  
Developmental Camp



**Annie Mills**  
Gymnastics Learning  
Center, MA  
TOPs B Team



**Alexandra Richardson**  
Rochester Gymnastics  
Academy, NY  
TOPs A Team



**Jessica Johanson**  
NEGX, CT  
TOPs B Team



**Tessa Sutton**  
Rochester Gymnastics  
Academy, NY  
TOPs B Team



**Natalie Scibetta**  
NYC Elite, NY  
TOPs B Team

## STATE ADMINISTRATIVE COMMITTEE CHAIRMAN ELECTIONS

2014 is an election year for the position of State Administrative Committee Chairman.

### PROCEDURE

The Director of Program Administration and the Regional Administrative Committee Chairman will solicit nominations from the Professional Membership via e-mail and web site. The election will be conducted online at [www.usa-gymnastics.org](http://www.usa-gymnastics.org) from April 1 – April 15. State officers are elected by a vote of the entire Women's Professional Membership in their respective state. The winner must be elected by a majority [1 over 50%] of the votes cast. Elections will be completed by April 15<sup>th</sup> and the term of office will begin July 1, 2014.

### CRITERION FOR NOMINATION

All candidates must be Professional Members in good standing and at least 21 years of age. Candidates must have been active within the State's program for minimum of [2] consecutive years.

It is strongly recommended that the candidates have:

- Financial skills
- Working knowledge of the program
- Organizational skills
- Willingness to fulfill the duties and responsibilities of the position.
- Communication skills

[Duties and Responsibilities Operating Code p. 25 – 26]  
<http://usagym.org/PDFs/Women/Rules/operatingcode.pdf>



## State Administrative Committee Chairman

### Nomination Form

State: \_\_\_\_\_  
Name of Nominee: \_\_\_\_\_  
Address of Nominee \_\_\_\_\_  
Town/City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell \_\_\_\_\_  
E-mail \_\_\_\_\_

**Nomination will NOT be accepted without complete information**

RETURN TO: Regional Administrative Committee Chairman (RACC)

Region 6: Kathy Ostberg – [region6usag@gmail.com](mailto:region6usag@gmail.com) or 365 Spring St., Shrewsbury, MA 01545

**Postmark Deadline: FEB 28, 2014**





**2014 REGIONAL CHAMPIONSHIPS  
GENERAL INFORMATION  
[www.region6usag.org](http://www.region6usag.org)**

**LEVEL 9/10**

- DATE:** April 11 – 13, 2014
- HOST:** USA Gymnastics Region 6  
[Region6usag@gmail.com](mailto:Region6usag@gmail.com)
- SITE:** MassMutual Center  
1277 Main St  
Springfield, MA 01103
- ACCOMMODATIONS:** Springfield Marriott  
2 Boland Way  
Springfield, MA 01115  
1 800 – 228-9290  
Code: USA Gymnastics Region 6 Room Block  
\$114.00++  
**ROOM BLOCK OPENS 3/26/14**  
**Coaches wishing to secure rooms may contact**  
[Region6usag@gmail.com](mailto:Region6usag@gmail.com) **prior to this date**
- QUALIFYING CRITERIA:** 34.00 at the State Championships  
Injury Petitions: Rules and Policies p.19  
<http://usagym.org/PDFs/Forms/Women/injury2013.pdf>
- FORMAT:** Modified Capitol Cup
- ENTRY FEE:** \$100.00  
[www.meetmaker.com](http://www.meetmaker.com)
- DEADLINE:** 3/25/14  
Entries received after 3/25/14 are subject to a \$25/ gymnast fee.  
No entries will be accepted after 3/29/14
- SCHEDULE:**
- |          |          |          |
|----------|----------|----------|
| Friday   | April 11 | Level 10 |
| Saturday | April 12 | Level 9  |
| Sunday   | April 13 | Level 9  |
- \*FINAL MEET SCHEDULE WILL BE DETERMINED 3/26/14**
- EQUIPMENT:** AAI
- ADMISSION:**
- |                  |   |
|------------------|---|
| Day Pass         | Adult / \$15 / Senior & Student [12 and under] \$10 |
| All Session Pass | Adult / \$25 / Senior & Student [12 and under] \$15 |

REMINDER: If you have athletes qualify to Level 9 Easterns and / or Level 10 Nationals, you must fill out entry forms at Regionals, immediately after each session. You will need a separate club check per level [NO PERSONAL CHECKS ACCEPTED].

***\*Schedule is tentative and subject to change***



**2014 REGIONAL CHAMPIONSHIPS**  
**GENERAL INFORMATION**  
[www.region6usag.org](http://www.region6usag.org)

**LEVEL 7 & 8**

DATE:	April 26 – 27, 2014		
HOST:	Brestyan's Gymnastics	SITE:	Woburn High School 88 Montvale Ave Woburn, MA 01801
ACCOMMODATIONS:	Boston Marriott Burlington One Burlington Mall Rd Burlington, MA 01803	1 800 228-9290 or 1 781 229-6565 Code: USA Gymnastics Region 6 Cut off – April 4, 2014 \$104.00 ++	
EQUIPMENT:	AAI		
FORMAT:	Capitol Cup		
AGE GROUPS:	Level 8 [8-11] [12] [13-14] [15+]		
QUALIFYING CRITERIA:	<p><b>Level 7</b> Qualification will take place at the state championships. Top 7 gymnasts Regardless of age group will qualify as the State Super Seven.</p> <p><b>Level 8</b> Qualification will take place at the state championships. Top 7 gymnasts regardless of age group will qualify as the <i>Super Team</i>. There is no bye squad in this session. The top 7 gymnasts in age group [8 – 12]; top 7 gymnasts in age group [13 – 14]; and the top 7 gymnasts in age group [15+] will qualify as the state team. The 8<sup>th</sup> gymnast in each age division will advance to a Mixed State Team. An additional 48 qualifiers [All Stars] will be selected on a % of a % formula. Athletes in the All – star session will compete on all-star teams.</p>		
ENTRY FEE:	\$100.00 <a href="http://www.Meetmaker.com">www.Meetmaker.com</a>		
DEADLINE:	3/25/14 [CT / MA / RI] 4/1 / 14 [NY/ VT / MA – L 7] 4/8/ 14 [ME / NH ] Entries received after the deadline are subject to a \$25 / gymnast fee No entries will be accepted after 4/12 / 14		
ADMISSION:	Day Pass Weekend Pass	Adult \$15 / Senior & Student [12 and under] \$10 Adult \$25 / Senior & Student [12 and under] \$15	
SCHEDULE	Saturday	Level 7 – <i>Super Seven</i> Level 8 – [13 – 14] State Team Level 8 – <i>Super Team</i>	
	Sunday	Level 8 – [15+ ] State Team Level 8 – [8 – 12] State Team Level 8 –All Stars	

*\*Schedule is tentative and subject to change*



## 2014 XCEL REGIONAL CHAMPIONSHIPS

### GENERAL INFORMATION

[www.region6usag.org](http://www.region6usag.org)

### SILVER; GOLD; PLATINUM; DIAMOND

**DATE:** May 31 – June 1, 2014  
**HOST:** USA Gymnastics Region 6  
[Region6usag@gmail.com](mailto:Region6usag@gmail.com)

**SITE:** Shrewsbury High School  
 Holden St  
 Shrewsbury, MA 01545

**ACCOMODATIONS:** Hilton Garden Inn  
 35 Major Taylor Blvd  
 Worcester, MA 01608  
 [508] 735-5700  
 Cut off Date – 5/7/14  
 \$125.00++

**EQUIPMENT:** AAI

**FORMAT:** Modified Capitol Cup

#### QUALIFYING CRITERIA:

- Qualification will take place at the State Championships. States not hosting Championship events may determine the qualifying criteria.
- The top [ 7 ] gymnasts in each division will qualify as the state team. An additional 60 qualifiers [All Stars] will be selected on a % of a % formula. This formula will be determined using the State Xcel membership as of 2/1/14.

**ENTRY FEE:** \$80.00  
*Deadline to Register: Wednesday following the State competition*  
**No entries will be accepted after 5/21/14**  
[www.meetmaker.com](http://www.meetmaker.com)

**ADMISSION:** \$10.00 / Adult \$5.00 / Student [12 and under] – Senior

#### SCHEDULE:

##### Saturday - Silver / Gold

Session 1	Silver	All Star
Session 2	Silver	State Team
Session 3	Gold	All Star
Session 4	Gold	State Team

##### Sunday – Platinum /Diamond

Session 5	Platinum	All Star
Session 6	Platinum	State Team
Session 7	Diamond	All Star
Session 8	Diamond	State Team



**SOME VERSIONS OF GOOGLE CHROME CONFLICT WITH THE REGISTRATION PAGE, PLEASE USE ANOTHER BROWSER FOR THIS PART OF MEETMAKER.COM**

We welcome Region 6 to MeetMaker we hope to make your regional entry as easy as possible. We encourage you to fill out a profile and roster now so it will save you time later.

MeetMaker is a 3 step process:

Step 1: Fill out a Gym profile

Step 2: Create a Gym Roster (can be downloaded from the USAG web site)

Step 3: Go to the registration link for the meet you are entering and click the gymnast you want to enter.

**If you filled out a Profile and Roster previously it is still in our system.** You can upload and update your current gymnast and coaches roster right from the USAG web site. This will update gymnast levels and all expiration dates for coaches as well as the U100.

Create a Profile:

1. Click the "Sign Up a New Gym" link
2. Enter all the information in the profile page
3. In the Organization box click "Add New Organization" click the [arrow] and select USAG, then fill in your club number. Then click "SAVE"
4. Click the "Save" button on the bottom off the screen

Create a Roster:

1. From your MY GYM page click the "MY ROSTER" link
2. You can hand enter your gymnast or select the **IMPORT FROM USAG LINK**
3. To hand enter click the "ADD NEW GYMNAST" box (fill in all the information on this page)
4. Scroll down and enter your coaches on this page too.

Edit Gymnast and Coaches In Current Roster:

1. On the "MY ROSTER" page click the Edit link next to the gymnast you want to edit their level
2. Scroll down to the "Level Grid" Click the "EDIT" box next to their level and select the correct level
3. Click the "SAVE" button and the "SAVE" the gymnast to return to the ROSTER page
4. Do the same for your coaches (you can update the expiration dates here too).

Register:

1. Click the "MEETS" link on the top menu bar (the "MY METS" are for the meets you have already entered)
2. You can enter a gymnast on the "DIRECT ENTRY" screen if you are missing a gymnast if not scroll down to the gymnast grid
3. Click the box for each gymnast the is going to compete (and any boxes that pertain to that gymnast)
4. Click the coaches that will be attending
5. Click the "CONTINUE" box at the bottom, Then enter your payment info; You will receive a registration email and you can see the entry in the MY MEETS link on your home page
- 6.

There are help tutorials on the help page. The HELP link is on the top of every MeetMaker web page. If you have any questions about our service or would like to have your meet listed for online entries. Please contact our customer support, at [support@meetmaker.com](mailto:support@meetmaker.com).

[WWW.MEETMAKER.COM](http://WWW.MEETMAKER.COM)

[SUPPORT@MEETMAKER.COM](mailto:SUPPORT@MEETMAKER.COM)

[JASON@MEETMAKER.COM](mailto:JASON@MEETMAKER.COM)

[TRACY@MEETMAKER.COM](mailto:TRACY@MEETMAKER.COM)



## Regional Report from Larry Goldsmith USA Gymnastics Region 6 J.O.Chairman

This past September and October the region hosted our “Working Together for Nationals” and the “Rising Stars” training camps. We have expanded the number of clinics in order to raise additional monies for the athletes in the region. We had 4 clinics this season: Rising Stars – Long Island at New Image Gymnastics, Working Together for Nationals, Rising Stars – Roots Gymnastics, Rising Stars – Compulsories at Gymnastics and More, and Rising Stars – Working with Coaches and Judges at Bright Raven Gymnastics.

Working Together for Nationals is a clinic where the gymnasts are invited based on tier qualification to Level 9 Eastern Championships or Level 10 J.O. National Championships or by petition. The goal of this clinic is to have the top gymnasts work with some of the top coaches and judges in the region (along with National clinician- **Tammy Biggs**) to better prepare them for the National Championships.

The Rising Stars clinic is the major fundraiser for the region and all gymnasts are eligible to enroll. It is a wonderful experience for gymnasts of all levels to work with excellent coaches from across the region. We had a tremendous turn out for all of these clinics and every clinic was sold out. If coaches are interested in their athletes attending one of these great clinics, they must get their entries in as soon as the information becomes available. Each entry is dated when received and I can only allow a maximum number of athletes into the clinic to allow for a safe, learning experience.

A special ‘thank you’ to Kathy King (Bright Raven). This is the 15<sup>th</sup> year that Bright Raven has hosted the Rising Stars clinic! Thank you to the other gym hosts - Keri and Frank Demarinas (Roots), Jen and Dan Scannell (Gym and More) and Robin Thomas Harper (New Image). They have opened their gyms to the hundreds of gymnasts involved with these Regional clinics. They are hard working, professional and dedicated to USA Gymnastics.

Thank you to the coaches and officials who have volunteered their time at the following clinics:

### ***Rising Stars- Long Island***

Barbara Tiess, Mary Tiess, Caryl Crasa, Kevin Tiess (**Expertiess**) Chris Cote (**NEGX**), Briana Dipinto (Gym and More), Roxanne Deshaies (Dudziak’s), Julie Hyngh, Taylor Dinapoli, Amanda Depaola, Cindy Ferrara, Robin Thomas Harper, Jackie Perulla (New Image), Pete Neu, Hannah Forti (FGA), Michelle Manga (Nina’s), Anthony Espinoza (Chelsea Piers), Wayne Thoden (Nastics), Terri Rich, Jeff Levine (Richmond), Valeri Koltchine (Sports Fitness and Fun), Oskar Romero (Gold Medal), Jack Smith, Randy Nebel (NYC Elite), Sasha Babykov (Mid Island), Vicki Lee Tucker (Dutchess County), Alison Tosi (Excel), Matt Towers (GMRP), Coach Mary (Aviator), Judges: Diane Preeves and Pat Tosi, USA Gymnastics National Staff Members: Tammy Biggs and Ivan Ivanov.

### ***Working Together for Nationals – Roots Gymnastics***

Dan Scannell (Gymnastics and More), Blaine Jefferson (**NEGX**), Eric Quaal (**World Class**), Marlyce Morace (**Daggetts**), Patrick Palmer (Mass Gym Center) Tammy Biggs (National Staff), **Officials:** Kathy Ostberg, Diane Cote- Burke, Mikki Geenty and Lorraine Duffy

### ***Rising Stars – Roots***

Marlyce Morace (**Daggetts**), Krystal Polychronis (**Walkers**), Tracey Gannon (**Aim High**), Matt Yellis (**Atlantic**), Patrick Palmer (**Mass Gym Center**), Shari Cirrito (**Thames Valley**), Mary Elges (**All Star**), Robert McElroy (**GLC**), Janie Murakovskaya (**NESA**), Justin Hall (**Shoreline**), Laurie DeFrancesco (**Arena**), Rett Ware (**South Shore**), Steve McSparren (**Aim High**), David Rine (**Niagara**), Kari Demarinis (**Roots**), Kristin Paradis (**Brentwood Commons**), Shaun Goldsmith (**Niagara**), Sharon Cocharo (**Blaze**), Kristin Comley (**Brentwood Commons**), Keith Boccaccio (**NE Air Time**), Carlos Castro Rosas (**NESA**), JJ Klenda (**Maine Academy**), Rodica Marcov (**Quiggs**), Christy Lee (**Roots**), Stacey Jones (**Dunne’s**), Josh Orton (**GLC**), Paul Neale (**Off the Wall**), Danielle Guidi (**GM-RP**), Katie Oulette (**South Shore**).

A special thank you to Cheri Jackson (**Aim High**) for all of her help to make this clinic a success.

### ***Rising Stars – Compulsories***

Christine Auger, Dave Auger (**10.0 Academy**), Brock Freehling (**CT Gym Academy**), Jason Watkins (**Cape Cod Gymnastics**), Jacqui Olsen (**Elite Gymnastics**), Brandon Hutchinson (Phantom Gymnastics), Andrea Toth (**Brestyan’s**), Shixin Mao, Pete Degenhardt (**MGC Waltham**), Jen Scannell, Dan Scannell (**Gym and More**).

### ***Rising Stars – Working With Judges and Coaches***

Ami Sabari, Craig Bednarczyk, Marisa Fruscio (World Class), Gary Gregory, Lauren Gresens (CNY), Youlia Coss, Mitko Dimitrov (RGA), Jamie Winkler (Galaxy), Peter Sielski (Orchard Park), Kurt Stumpf, Keith Stumpf (Stumpfs), Danielle McQuery, Matt Bond (Valley), Sharon Hirsch (Greater Buffalo), Sarah Anken (Victor’s), Kaity Watson (STGA), Maria Masticiccio, Melanie Janiga (Hamburg), Maribeth Robinson (GTC) Officials: Val Stoughton, Jim Burton, Gail Caspare, Barb Quackenbush, Cindy Sielski, Carol Goldsmith, Jeanne DeKeyserling, Karen Gurnett, Sarah Jane Clifford, Linda Bowser.

The Rising Stars is the major fundraiser for the region and is really a great experience for the gymnasts. It should not be missed. The application and information for this clinic is published in the winter newsletter. If you would like your athletes to attend Rising Stars, please get your entries in early, as the clinics fill up quickly.

Best of luck on the upcoming season,

Larry Goldsmith  
[lgoldniag@aol.com](mailto:lgoldniag@aol.com)

## ***REGION VI ATHLETE APPAREL FUND***

The Region VI Athlete Apparel Fund supports our gymnasts who qualify to Regional and National meets in their respective levels – Level 10 and Level 9. The fund provides apparel for National qualifiers; a plaque for Regional Team Members, additional awards at Regional meets regional champion gifts and more. In 2013 the entry fee for JO Nationals was paid through the Regional account.

The policy regarding athlete and coach's apparel for the JO National and Eastern Championships has been revised. The Athlete Apparel Fund is solely supported by the funds generated from the Rising Stars Training Camps and individual donors.

### **The following policies will impact the 2014 JO National / Eastern Championships:**

- Every club with potential JO National / Eastern competitors is expected to provide a coach to work as a clinician for a minimum of two sessions at a Rising Stars Training camp.
- Any club that donates \$500 **prior** to the Level 9/10 State Championships will be eligible for athlete and coaches apparel.
- Clubs that did not volunteer at a Rising Stars Training camp will be charged \$150.00 per athlete. Coaches will be charged an additional fee for apparel.
- A hotel has been reserved for the 2014 JO National Championships. Rooms have been blocked for coaches, athletes and family members at the host hotel. Rooms will not be released until the Regional Championships.
- There are no special hotel accommodations for Level 9 Eastern qualifiers.

### ***The following clubs have fulfilled their regional obligation:***

*10.0 Academy; Aim High Gymnastics; Arena Gymnastics; Atlantic Gymnastics; Blaze Gymnastics; Brentwood Commons; Brestyan's Gymnastics; CT Gymnastics Academy; Cape Cod Gymnastics; Connecticut Gymnastics Academy; Chelsea Piers; CNY Gymnastics; Daggett's Gymnastics; Dudziak's Gymnastics; Dunne's Gymnastics; Dutchess County; Elite Gymnastics Academy; Excel Gymnastics – NY; Exper-Tiess Gymnastics; Farmingdale Gymnastics; Galaxy Gymnastics; Gymnastics Learning Center; Gold Medal Huntington; Gold Medal Rocky Point; Greater Buffalo Gymnastics; GTC Rochester; Gymnastics and More; Hamburg Gymnastics; Maine Academy; MGC – Waltham; Mid Island Gymnastics; Nastics; N.E. Airtime; NEGX; NESA; New Image Gymnastics; Niagara Gymnastics; Nina's Gymnastics; NYC Elite; Quigg's Gymnastics; Off the Wall; Orchard Park; Phantom Gymnastics; Richmond Gymnastics; Rochester Gymnastics Academy; Roots Gymnastics; Shoreline Gymnastics; South Shore Gymnastics; Stumpf's Gymnastics; Thames Valley; Valley Gymnastics; Victors Gymnastics; Walker's Gymnastics; World Class Gymnastics*

---

## **REGION VI**

### **ATHLETE APPAREL FUND CONTRIBUTION**

Name \_\_\_\_\_

Club \_\_\_\_\_

Address \_\_\_\_\_

Amount \_\_\_\_\_

Make checks payable to:

**USAG VI – Athlete Apparel**

Please mail your contribution to:

**Kathy Ostberg – 365 Spring St – Shrewsbury, MA 01545**

# CALENDAR 2014

## 2014

### FEBRUARY

28	Nastia Liukin Cup	Greensboro, N.C.
----	-------------------	------------------

### MARCH

1	A T & T American Cup	Greensboro, N.C.
22 – 23	Level 9 / 10 State Championships	Various Locations

### APRIL

11 – 13	Level 9 / 10 Regional Championships USAG Collegiate Nationals	Springfield, MA Providence, RI
26 – 27	Level 8 Regional Championships Level 7 Team Challenge	Woburn, MA

### MAY

2 – 4	Level 9 Eastern Championships	Tampa, FL
9 – 11	J.O. National Championships / NIT	Jackson, MI
31 – June 1	Xcel Regional Championships	Shrewsbury, MA

### AUGUST

1 – 3	USAG Region 6 Congress	Providence, RI
2	Secret U.S. Classic	TBA
21 – 24	USA Gymnastics National Congress P & G Gymnastics Championships	Pittsburgh, PA

### SEPTEMBER

20	National Gymnastics Day
----	-------------------------



**USA Gymnastics Raises Over \$45,000 for One Fund Boston!**





365 Spring St.  
Shrewsbury, MA 01545

PRESORTED FIRST CLASS  
U.S. POSTAGE  
PAID  
HUDSON, MA  
PERMIT NO. 6