



**IN THE OREGON ICE ARENA
100 N. PERRY PARKWAY
OREGON, WI 53575**

MAKE 2018 AWESOME!!

DO YOUR RESOLUTIONS NEED A REBOOT?

NEW CLASSES AND TIMES BEING OFFERED WITH MORE ON THE WAY!

GET FIT IN FEBRUARY CHALLENGE

ATTEND 4 CLASSES IN A WEEK AND GET ENTERED FOR A CHANCE TO WIN A FREE MEMBERSHIP FOR A YEAR!!

**ANY PERSONAL TRAINING OR SMALL GROUP SESSION
=
ONE MORE ENTRY PER SESSION**

SENIORS 55+ & STUDENTS

**20% DISCOUNT ON ALL TRAINING
MEMBERSHIPS FOR ONLY \$25/MONTH (NO CONTRACTS)**

PROJECTION ROOM

**YOGA ON THE BEACH
SPIN CLASS IN THE MOUNTAINS
ROW IN THE OCEAN**

MORE INFORMATION AT:

THEFARMGYM.COM

PERSONAL TRAINING

10% OFF THROUGH THE END OF FEBRUARY

\$50/HOUR 1-1 TRAINING

\$20/HOUR 3-1 TRAINING (BRING SOME FRIENDS)

BUY A 10 PACK AND GET ONE FREE!

CLASSES

BOOTCAMP

SPIN

YOGA

COUNTRY HEAT DANCE

INSTRUCTORS

BRIDGET DAVENPORT

JEN BARNARD

AMBER LEHNHERR

LARRY CLEMENS

JOSH LEHR