

7 and Under Coach Pitch Rules

This league will run from mid-April and to the end of June. Teams will compete in 10 games with multiple practices through the season.

General Rules

1. Emphasis will be placed on proper instruction and mechanics of the game of baseball while displaying good sportsmanship and learning the basics of the game.
2. Each team must provide a volunteer that will help the coaches by bringing out the tee when it is required per the rules below. They will not call balls and strikes and only help with the tee.
3. Score will be kept at start of game.

Games

1. We will finish the inning we have started to complete the game with no new inning starting after 65 minutes of play or 6 innings.
2. After each game, all players will line up and congratulate the players from the other team on a good game.

Equipment

1. The league will provide each team in the division an equipment bag that contains helmets, and soft core baseballs.
2. Each player will be given a DC-G Baseball Club hat and jersey.
3. If you desire you may provide your own helmet and bat to use if you don't want to use the league provided equipment.

Batting & Baserunning Rules

1. Batting order should change for every game.
2. The same kid will not lead off every game.
3. On deck batters are not permitted to leave the dugout until it is their turn to bat.
4. There is no bunting and no walks in this division. Batters must hit the ball to get on base.
5. Coaches will pitch from a knee or sitting on a bucket 40 ft from home plate.
6. There will be standard rules with 3 outs per inning and coaches umpiring the game.
7. There is a 5 run limit per inning or until 3 outs, whichever occurs first.
8. Each batter will be allowed 5 pitches then the ball will be placed on tee. If the 5th swing results in a foul ball the player will get one more pitch.
9. Runners may advance one base for an overthrow and stealing of bases is not allowed.
10. Once an infielder gets the ball and raises their hands for time, the ball is dead. Outfielders need to get the ball to the infield, and in fair territory in order for time to be called.
11. Base distances will be set at 60 ft.

Fielding Rules

1. Teams that have more than 9 players on the roster will play 10 players with 4 outfielders.
2. Kids will sit no more than one inning at a time.
3. Coaches must play all players in the field for each inning.
4. Coaches are encouraged to stand on the field during the game to assist players with positioning and fielding fundamentals.
5. Coaches are encouraged to allow players to try most/all of the positions during the season.
6. Batting team will need to provide an adult catcher to return balls back to pitcher.

End of season Tourney for Coach Pitch 7 and Under will be at the end of June.