University of Missouri | Dr. Rick McGuire

The Power of Positive Coaching Digital Workshop!

the Missouri Institute for Positive Coaching

Ideal for Continuing Coaches' Education & Professional Development

This interactive, online platform brings the Power of Positive Coaching directly to your School and Athletic Department!

Dr. Rick "Coach" McGuire, renowned sport psychology leader, professor, & former Head Track & Field Coach at the University of Missouri, guides you and your staff through the instruction and application of Positive Coaching.

13-Lesson Video Instruction with Dr. McGuire Teaching Positive Coaching

Each Lesson includes Video Instruction, Text, & Evaluative Quizzes

Ideal for Continuing Coaches' Education & Professional Development, New Coach Orientation, & Coach Remediation

\$1,500 per School, with a \$500 Annual Renewal Fee, or, \$50 per person for schools with 30 participants or fewer

Includes 2 Hardcopy Companion Manuals of "The Power of Positive Coaching" & 2 Copies of "Winning Kids With Sport!" per School

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Video Lesson Overview of Dr. McGuire Teaching Positive Coaching

- **Lesson #1:** Introduction to Positive Coaching
- Lesson #2: "Thinking Right in Sport!"
- Lesson #3: The Scientific Foundations of Positive Coaching
- Lesson #4: Stage 1 Discover the Calling
- **Lesson #5:** *Stage 2* Build the Foundation
- Lesson #6: Building a Construction Model for Positive Coaching
- Lesson #7: Stage 3 Cultivate Positive and Caring Relationships
- **Lesson #8:** *Stage 4* Empower Growth Mindsets
- Lesson #9: Critical Conditions for Achieving Fulfilling Team Experiences
- **Lesson #10:** *Stage 5* Inspire Passionate Hearts
- Lesson #11: Teaching the Skill of Focus
- Lesson #12: Developing Mentally Tough Athletes
- **Lesson #13:** *Stage 6* Produce and Achieve Optimal Performances

Our Mission

To promote
POSITIVE COACHING
in sport at all levels, and
to enhance lives and
society by "Winning Kids
with Sport!"

Positive Coaching develops competitive athletes and teams by teaching and modeling the process of how to be a SuCCCCCCCess, both in and out of sport!

Demanding Not Demeaning!

Building Blocks of Positive Coaching Teaching Guiding Encouraging Building Believing Caring Sharing Giving Forgiving Expecting Respecting Modeling Serving Inspiring