

QUICK REFERENCE SHEET
Littles, U8 - AGES 7-8, 1st & 2nd Grade

Kickoff/Restart	Drop Kick
Kicking	No
Conversion	N/A
Drop Goal	N/A
Pass	Backwards
Touch/Tackle	Touch or Flag (No restrictions until inside 10M)
Maul	No
Ruck	No Ruck - 5 M retreat
Scrum	Free pass - 5 M retreat
Line-out	Free pass - 5 M retreat
Lifts in line-out	N/A
Penalties	5 M retreat - Tap and go on ref command
Field Size	30 M X 20 M + two 5 M try zones
Coaching Certification	Level 100 or greater
Players per side	5
Min Referee Resource	Coach referee
Ball Size	3
Game Duration	10 min halves / 20 min full