

QUICK REFERENCE SHEET
Little, U12 - AGES 11-12, 5TH & 6TH Grade
Max weight limit 145lbs

Kickoff/Restart	Drop Kick
Kicking	Yes
Conversion	No
Drop Goal	No
Pass	Backwards
Touch/Tackle	Tackle
Maul	Yes (2 vs. 2; runner, tackler plus 1 from each side)
Ruck	Contested (2 vs. 2; runner, tackler plus 1 from each side)
Scrum	Uncontested Scrum (engage, no push)
Line-out	Contested lineout
Lifts in line-out	No
Penalties	5 M retreat - Tap and go on ref command
Field Size	70 M X 40 M + two 5 M try zones
Coaching Certification	Level 200
Players per side	7
Min Referee Resource	Center
Ball Size	4
Game Duration	7 min halves / 14 min