

2024 Gymnastics State Banquet Guidelines

Congratulations! You have qualified a Team or Individuals to the State Gymnastics Tournament, won the Section Academic Award, or you are the Head or Assistant coach of the year for your Section! Your Team, Individuals, friends & family are invited to attend. Gymnasts should wear **"Nice dress wear"**. We please ask that your gymnasts where shorts underneath their dresses. They will be announced on an elevated stage, and we would not want our guests in the front row to be uncomfortable in their seats during the event.

RiverCentre Exhibition Hall

Location is 175 W. Kellogg Blvd. in St. Paul

Thursday, February 22, 2024

Parking is available across the street in the RiverCentre ramp.

Please arrive inside by 5:30pm

Banquet will start at 6:00pm

Banquet Meal 6oz Seared Chicken Breast with herb pan sauce served with herb roasted potatoes, green beans, (GLUTEN/DAIRY/NUT FREE)

OR

Vegetarian Meal (VEGETARIAN/GLUTEN/DAIRY/NUT FREE)

Each table will have a basket of bread rolls, chocolate chip cookies and tea, water & lemonade.

Reserve Meals for \$33 per person

All Reservations must be paid for in advance. Please designate one person per team to order & pay for banquet reservations together by going to [Gymnastics - Minnesota State High School Coaches Association](http://www.mshsca.org/gymnastics). (www.mshsca.org/gymnastics)

We need your School, Card payment, Number of People, Phone Number & dinner Reservations
Chicken or Vegetarian meals must be ordered **by Sunday night, February 18th by 3:00 pm**

Banquet State Gymnastics T-Shirts will be available for pre-order only. Store link coming soon.

Shirts are pre-order only and will be distributed at the State banquet.

Head coaches of the qualifying teams, are seated at the head table & will announce their team, coaches & section individual qualifiers. (Do not announce JV/managers) **Double-check name pronunciations!** (You do still need to order and pay for a reservations)

All-State forms can be turned in & certificates picked up near the entrance of the banquet.

All-State Elites will be recognized in the program & at the banquet. Submit the form on the [MGGCA](http://www.mggca.org) website by **Monday, February 19th @ noon.**

Thanks and Congratulations!
Kaitlyn Helmbrecht @ 952-217-1524
State Banquet Coordinator