

Liisa Cramer, (D) Appleton United

Liisa understands the challenges she faces on the ice and in the weight room. She comes to the rink ready to play, practice hard and prepare her teammates for any battle. Liisa does not back down in a battle, especially on the boards. Her size, strength and skill equip her to take on any opponent. Liisa pushes herself and her teammates in the weight room. She leads by example by lifting difficult weight and challenges her teammates to equally match.

Liisa excels to high standards of play by playing with Team Wisconsin before and after the regular high school season. This is her 4th year playing with Team Wisconsin.

She has received a number of hockey honors, including being selected as a Team Captain. Liisa has received All-Conference awards 3 years in a row. In the 2015-16 season, she was named All-Conference Honorable Mention, the 2016-17 she was named Second Team All-Conference Defense, and the 2017-18 she was named First Team All-Conference Defense.

Academically, Liisa holds a 3.7 cumulative GPA. She challenges herself in the classroom by taking AP psychology and AP English.

Liisa is involved in volunteering efforts through organizations at school and in the community. She is a member of the National Honor Society, an organization that accepts high academic students to help others around their community. Liisa is a math tutor for students at a local Middle school and volunteers with elementary students for events such as the Knowledge-athon. She also works as an instructor for the program Learn to Skate, that teaches children the basic skills to skate.

I am really proud of Liisa and her accomplishments and I am happy to present her as a nominee for Miss Wisconsin Hockey.