



2018 SUMMER PROGRAMS



MARTIN LUTHER HIGH SCHOOL



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WeTeachTruth



Thank you for your interest in Martin Luther, a Christ-Centered School of Excellence! Martin Luther is part of the Lutheran High School Association of Greater Milwaukee. Find more information about the schools and our mission here:

Martin Luther: 414-421-4000 - www.martinlutherhs.org

LHSAGM: 414-421-9100 - www.weteachtruth.org

All summer camps and programs run at Martin Luther High School are run through the WEPLAYFORHIM REC ASSOCIATION, INC. (WPFH). WPFH is a non-profit organization. WPFH mission is to provide affordable, competitive, organized youth sports, fine arts and academic programs for youth from all different ethnic and socioeconomic backgrounds in the greater Milwaukee and surrounding counties. We offer a supportive Christian community that helps youth discover their purpose and their potential through various sports camps and leagues, fine arts, and academic activities. This taking place at an age (5 -17 years old) when youth need character shaping and guidance the most. Our goal is to not only teach the basics of the sports and activities offered but to also teach life skills that our participants will use and carry with them long after they leave our programs.

FINE ARTS



DRAMA - \$75

This one-week drama camp will work on skills and techniques to boost students' confidence and expand their acting skills. Through theatre games and exercises, students will be ready for their next play audition!

July 23 – 27

10:00 AM - 12:00 PM

Students entering Grades 5-9

Katie Dennert & Abby Brown: Drama Department - Martin Luther

AP WRITING: EXCELLENCE IN HIGH SCHOOL WRITING - \$70

Looking forward to challenging yourself in AP courses? Take a few hours out of your summer and learn how to write a college-level essay. The course will push students to a new level of purposeful essay writing that will be especially helpful in AP English Literature and AP US History. Using specific examples and practice prompts from past AP exams, students will learn the process of analyzing prompts, organizing information, and presenting clear arguments. Get a head start on AP success with this class. The camp meets in the library. (Note: Adult-sized Tee Shirts are provided with this camp.)

July 23 - July 27

1:00 PM - 3:00 PM

Students entering Grades 10-12

Mike Loveless: AP U.S. History Teacher - Martin Luther

FINE ARTS



CERAMICS AND DRAWING - \$75

In this one-week program students will learn drawing and ceramic sculpturing techniques. Students are encouraged to enroll in both art sessions (See Painting below) but may enroll in only one if necessary. This camp meets in Room 201. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 18 - June 22 10:00 AM - 12:00 PM
Students entering Grades 5-9 (maximum 15)
Thomas Doty: Art Department - Martin Luther

PAINTING - \$75

This one-week program is designed for the beginners as well as for those who have experience in art. Students will learn techniques in watercolor and acrylic painting. The program gives an opportunity to improve their artistic skills and creativity. This camp meets in Room 200. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 25 - June 29 10:00 AM - 12:00 PM
Students entering Grades 5-9 (maximum 15)
Thomas Doty: Art Department - Martin Luther

POTTERY FOR KIDS - \$120

In this two-week program, students will learn the fascinating art of working on the Potter's Wheel as well as the coil and slab method in the creation of pottery. During the first week students learn the techniques of working with the clay and the second week the students will glaze the interesting pottery they have created. This camp meets in Room 201. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 18 - June 29 12:30 PM - 2:30 PM
Students entering Grades 6-9 (maximum 12)
Thomas Doty: Art Department - Martin Luther



SPEED AND STRENGTH



SPEED AND STRENGTH TRAINING - \$120

This co-ed course consists of weight lifting, agility training, plyometrics, and speed training. The purpose of this program is to help increase an athlete's speed, size, strength, body coordination, flexibility and jumping ability. The course is highly recommended for all athletes including beginning level trainees and advanced trainees. In-depth training is provided before athletes begin lifting. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 8 – August 3 (Mondays, Wednesdays, Fridays. Not July 4.)

9:30 AM - 11:00 AM

Students entering Grades 9-12

Tony Romano: Strength Coordinator - Martin Luther

SPEED AND STRENGTH ELITE TRAINING - \$195

This co-ed course consists of advanced high intensity weight training, agility training, plyometrics, and speed training. This program is intended for the highest level of competitive athletes to increase their over all athleticism. An athlete should expect to see growth in size, speed, strength, core strength, stability, flexibility, and vertical jump. This is for high achieving athletes who have completed at least 1 year of Speed and Strength or have had communication and clearance through Patrick Dhein or Tony Romano.

June 8 - August 3 (Mondays, Wednesdays, Fridays. Not July 4)

7:30 AM - 9:15 AM

Students entering Grades 10-12 (With at least one year of Speed and Strength experience)

Tony Romano: Strength Coordinator - Martin Luther

JUNIOR HIGH SPEED AND STRENGTH - \$75

This course is similar to the high school speed and strength class. It will feature personal instruction and introduce junior high students to the key elements of strength and speed development through the use of weight lifting, plyometrics, stretching, and speed training. Instruction will take into account the varying age and size differences. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 12 – August 2 (Tuesdays & Thursdays, not July 5.)

8:00 AM - 9:30 AM

Students entering Grades 6-8

Tony Romano (Strength Coordinator) and Patrick Dhein (Personal Trainer)

BASEBALL



“SANDLOT SPARTANS” BASEBALL CAMP - \$70

Sandlot Spartans is a program designed to give your child training and instruction in the fundamental aspects of baseball in an encouraging environment. Players will refine and grow their skills in the areas of hitting, throwing, fielding, and pitching through a variety of drills and competitions, including live game experience at the end of the week. Instruction will be supervised by Chad Janetzke, Head Baseball Coach at Martin Luther High School. Coaches will include current and former Spartans, including some who have gone on to play college baseball. Participants should provide their own glove and bat. This Camp meets on the Martin Luther baseball field. In the case of rain the camp will be moved into the school's Upper Gym. (Note: Child sized Tee Shirts are provided with this camp.)

Grades K5-2

June 25 - 29

9:00 AM - 10:30 AM

Boys & Girls entering Grades K5-2

Chad Janetzke: Boys' Varsity Baseball - Martin Luther

Grades 3-5

June 25 - 29

10:30 AM - 12:00 PM

Boys & Girls entering Grades 3-5

Chad Janetzke: Boys' Varsity Baseball - Martin Luther

Sandlot Game Days will be July 10, 17, 24 at 6:30 PM in the Martin Luther baseball fields.

SOFTBALL - \$60

This 3 day camp put on by new ML Varsity Softball Coach Dax Rodriguez will cover the basics skills of fast pitch softball with an Offensive emphasis. Coach will focus on the fundamentals of proper swing mechanics, as well as the techniques involved in bunting and slap hitting. Activities are designed to welcome all skill levels, from the beginner to the select player. Camp will be held rain or shine, as instruction will take place in the ML Upper Gymnasium. Participants should provide their own bat and glove.

June 13, June 20, June 27

2:30 PM - 4:00 PM

Students entering Grades 6-9

Dax Rodriguez: Head Varsity Softball Coach -
Martin Luther



BASKETBALL



SMALL FRY “SLAMMA JAMMA” BASKETBALL CAMP - \$55

This camp is to introduce campers to basketball. We will focus on basic drills of dribbling, passing, shooting, and defense. If your camper is new to basketball, then this is the camp for them! Our drills will be in small group stations. We will end each day with competitions using the skills we learned that day. A highly trained coaching staff and members of the high school girls' basketball program will provide daily instruction. (Note: Child-sized Tee Shirts are provided with this camp.)

***Takes place at Hales Corners Lutheran Janesville Community Center**

June 11 – June 14

10:00 AM - 11:30 AM

Boys & Girls entering Grades K-3

Corey Scheel: Girls' Varsity Basketball - Martin Luther

Erin Janetzke: Coach & Teacher - Martin Luther

4TH - 7TH GRADE GIRLS' BASKETBALL CAMP - \$70

This camp is designed to provide individual skill development and team play in basketball. Emphasis will be placed on offensive and defensive strategy and developing a greater appreciation for court sense in live situations, scrimmages, and games. **Seventh graders with limited team experience should enroll in this camp.** A highly trained coaching staff and members of the high school girls' basketball program will provide daily instruction. (Note: Child-sized Tee Shirts are provided with this camp.)

June 25 - June 28

9:00 AM - 11:30 PM

Girls entering Grades 4-6

Corey Scheel: Girls' Varsity Basketball - Martin Luther

7TH - 9TH GRADE GIRLS' BASKETBALL CAMP - \$70

This camp will put equal emphasis on skill development, team play, and competition. It is designed to **prepare the player for the higher level** expected in the 7th-8th and freshman teams. Fundamentals, special situations, and court sense development will be key aspects of this camp. Seventh graders with a good basketball foundation should enroll in this camp. A highly trained coaching staff and members of the high school girls' basketball program will provide daily instruction. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 25 - June 28

12:00 PM - 2:30 PM

Girls entering Grades 7-9

Corey Scheel: Girls' Varsity Basketball - Martin Luther

BASKETBALL



3RD - 5TH GRADE BOYS' BASKETBALL CAMP - \$60

This camp for beginning basketball players will teach students the fundamentals of shooting, dribbling, and passing and an understanding of what constitutes offensive and defensive play. (Note: Child-sized Tee Shirts are provided with this camp.)

June 11 – June 14 (Monday – Thursday)

10:00 AM - 12:00 PM

Boys entering Grades 3-5

5TH - 7TH GRADE BOYS' OFFENSIVE SKILLS BASKETBALL CAMP - \$85

This camp is designed to improve the player's fundamentals in shooting, passing, ball handling, cutting, screening, team play, and individual offensive and defensive skills. Seventh graders with limited team experience should enroll in this class. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 18 - June 21 (Monday – Thursday)

1:30 PM - 3:30 PM

Boys entering Grades 5-7

7TH - 9TH GRADE BOYS' ADVANCED BASKETBALL CAMP - \$85

This camp will put equal emphasis on skill development, team play, and competition. The camp is designed to prepare the player for the higher level expected in 7th-8th and freshmen teams. An expert coaching staff will help push the players to new levels of basketball expertise. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 18 - June 21 (Monday – Thursday)

10:00 AM - 12:00 PM

Boys entering Grades 7-9

All of our girls basketball camps are led by 2017 State Runner-Up, and 2 time defending Conference Champion girls' basketball Head Coach Corey Scheel and his staff.

All of our boys' basketball camps are led by our 6 time State Champion boys' basketball Head Coach Paul Wollersheim and his staff.



VOLLEYBALL



GIRLS' VOLLEYBALL CAMP GRADES 3-5 - \$85

This Spartan Volleyball camp is open to girls entering 3rd – 5th grade. The camp will focus on all aspects of the game with emphasis on fundamental skill development from beginner to the more experienced player. Campers will be grouped based on age and skill level. Campers should bring a snack for our mid-morning devotion and break. (Note: Child and Adult-sized Tee Shirts are included with cost.)

July 16 – July 19

9:00 AM - 12:00 PM

Girls entering Grades 3-5 (maximum 32)

GIRLS' VOLLEYBALL CAMP GRADES 6-8 - \$85

This Spartan Volleyball camp is open to girls entering 6th – 8th grade. The camp will focus on individual skill development. Basic technique will be taught and drilled, and competitive drills will be used to refine skills. Campers will finish the week with drills that emphasize game-like situations and experiences. Campers should bring a snack for our mid-afternoon devotion and break. (Note: Adult-sized Tee Shirts are included with the cost)

July 16 – July 19

1:00 PM - 4:00 PM

Girls entering Grades 6-8 (maximum 32)

GIRLS' VOLLEYBALL CAMP GRADES 9-12 - \$25

This Spartan Volleyball High School Camp is open to girls entering 9th – 12th grade. This camp is strongly advised for girls considering volleyball tryouts for the 2018-2019 school year, as it takes the place of our WIAA sanctioned contact days. This camp is a high-level, position specific camp, designed for players who have a mastery of fundamental skills. Athletes should arrive in good physical condition, with a positive attitude and serious work ethic. Training will focus on advanced technical and tactical aspects of volleyball, position-specific drills, and full 6 vs 6 drills to simulate real game experiences. (Note: Adult-sized Tee Shirts are provided with this camp)

July 23 – July 27

9:00 AM - 11:30 AM

Girls entering Grades 9-12

**All Volleyball camps led by
Haley Naber, Varsity Volleyball
Coach for Martin Luther High
School.**



TENNIS



TENNIS CAMP GRADES 1-2 - \$70

A great way to get started playing tennis! This session focuses on having fun on the tennis court, along the way introducing tennis-specific hand/eye coordination and basic strokes. Students will learn through several games that are fun and proven to develop basic skills. Students should bring their own junior sized racket. A 3:1 player/coach ratio or better will be maintained. (Note: Child-sized Tee Shirts are provided with this camp.)

June 11 - June 15

3:00 PM – 4:30 PM

Students entering Grades 1-2

Paul Kollmorgen & Natalie Doherty: Tennis Coaches - Martin Luther

TENNIS CAMP GRADES 3-5 - \$70

This class will help you learn and develop basic tennis fundamentals. Basic tennis strokes will be introduced and reinforced with a variety of games, drills, and competitive situations. Students will be divided into age and skill appropriate groups. Experienced and new players alike are invited. Students should bring their own racket. A 6:1 player/coach ratio or better will be maintained. (Note: Child-sized Tee Shirts are provided with this camp.)

June 11 - June 15

1:00 PM - 2:30 PM

Students entering Grades 3-5

Paul Kollmorgen & Natalie Doherty: Tennis Coaches - Martin Luther

*Note: 6th grade beginners may choose this camp instead of the tennis league!

TENNIS LEAGUE GRADES 6-12 - \$155

Playing on your own just doesn't compare. Our Spartan Summer Tennis League gets you ready for high school tennis! Learn how to hit the shots and win matches. Sessions include instruction, drills, and competitive games. Get a season's worth of experience in one summer! (Note: Adult-sized Tee Shirts are provided with this camp.)

June 12 – July 27 (Tuesdays, Thursdays, Fridays.)

Green Division – Beginners (beginner up through JV experience)

10:45 AM - 12:15 PM

Gold Division – Advanced (Varsity experience or USTA experience)

9:15 AM - 10:45 AM

Paul Kollmorgen, Natalie Doherty & Chris Hathaway: ML Tennis Coaches

ADULT TENNIS LEAGUE - \$5 per session, pay as you play, on site only

This league play is intended for adult tennis players with any range of experience. Come weekly to get warmed up and play rotating doubles. Weekly scores will be tallied and a prize will be given to the winner! Come for the tennis ... meet new people ... stay for the fun! (Discounts do not apply to this camp nor may it be used as any part of a discount for other camps.)

June 12 – July 31 (Tuesdays: 7 Dates, not July 3) **6:00 PM - 8:00 PM**

Adults (High School Graduates)

Chris Hathaway: Assistant Tennis Coach - Martin Luther

OTHER SPORTS



WRESTLING CAMP - \$70

Wrestling camp will give a young man an introduction to the sport of wrestling or give an advanced wrestler an edge in their upcoming season. The focus of the summer will be working on the key foundational basics of wrestling, with little pieces of advanced wrestling intermingled. These skills will prepare these young men to have success in their youth season and prepare them for the competitive nature of high school wrestling. Summer wrestlers put themselves two weeks ahead of everyone else with this multi-level wrestling camp.

July 16 - July 19

4:00 PM - 5:30 PM

Students entering Grades 3-8

Tony Romano: Strength Coordinator - Martin Luther

FOOTBALL CAMP - \$70

This camp is open to any athlete interested in refining and broadening their skills in various positions. Players will be grouped according to age and skill levels for appropriate instruction. Athletes will benefit from the experienced coaching staff at Martin Luther with opportunities to learn offensive and defensive techniques in a variety of positions. Athletes that participate in this camp are eligible for a \$25 discount to the cost of joining the Youth Football League. Information on the Youth Football League can be found at the end of this booklet. (Note: Adult-sized Tee Shirts are provided with this camp.)

July 9 - July 12

12:30 PM - 2:30 PM

Students entering Grades 3-8

Rick Hoppert: Varsity Coach/Director of Football Operations -
Martin Luther

SWIM CAMP - \$60

This camp is a one week camp, and will be offered twice this summer. Both weeks will cover the same drills and techniques. It is designed to improve the swimming skills of young athletes. Repetition of drills will improve strokes and build a lifelong skill. This is not a Red Cross swim lesson. The instructors are experienced high school swim coaches that have taught competitive strokes. This will be held at Milwaukee Lutheran High School.

Week 1: June 11 - June 15 8:30 AM - 10:00 AM

Week 2: July 19 - July 23 9:00 AM - 10:30 AM

Students entering Grades 6-9

Gary Van Dyke: Swim Coach - Martin Luther

OTHER SPORTS



CROSS COUNTRY RUNNING CAMP - \$75

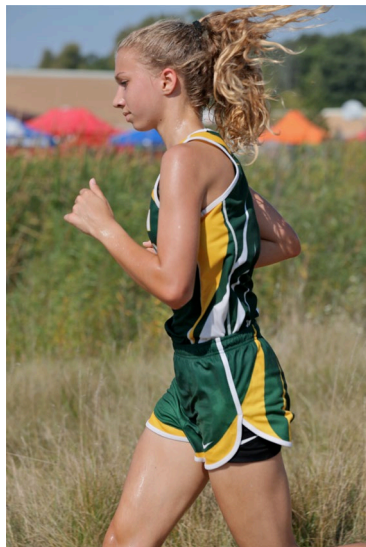
This co-ed camp will give participants an opportunity to learn the basics of running and to improve their cardiovascular fitness and their ability to run distance. Some of the time will be spent on instruction about equipment, nutrition, running form, and physiological adaptation to various kinds of workouts. The running workouts will be individualized to the physical condition of each participant. New runners and experienced runners are welcome. (Note: Adult-sized Tee Shirts are provided with this camp.)

June 25 - July 18 (Mondays & Wednesdays, not July 4)

9:30 AM - 11:00 AM

Students entering Grades 6-9

Mike Loveless: Varsity Cross Country Coach - Martin Luther



OTHER PROGRAMS

(Note: These are NOT a part of our Summer Programs. Do NOT use this registration form to enroll in these options!)

BAND CAMP

Band Camp is a seven day, six night camp, held at Camp LuWiSoMo (in Wild Rose, WI). Dates are July 22-July 28. Students currently in grades 5-9 with at least one year of experience are welcome to register. Through rehearsals, sectionals, Bible Study, devotions and other activities, students grow musically and spiritually throughout the week. Also part of the week is horseback riding, swimming, games, water park and other activities. Price is \$409 before April 20 or \$449 after April 20. Registration information can be found at www.lutheranbandcamp.org.

YOUTH FOOTBALL LEAGUE - Grades 5-8

The goal of this program is to teach young athletes the fundamental skills of tackle football. Athletes are equipped in full gear and taught the basic offensive and defensive techniques required for competitive play. We believe we can provide a sound football experience in a caring and Christian atmosphere. We will use football as our platform in working towards our ultimate goals of sharing Jesus, shaping lives, and developing leaders.

Our 5th through 8th grade participants are in a league with other schools with a 5-6 level and a 7-8 level. The other schools include: Lake Country Lutheran, Brookfield Academy, Kettle Moraine Lutheran, Shorewood-Messmer and Catholic Youth Football Club. The program is focused on player development, growth, learning progression, and fun, not winning at all costs.

For additional information, please contact Martin Luther Head Football Coach – Director of Football Operations, Rick Hoppert at rhoppert@martinlutherhs.org.

Note: Athletes that participated in the Football Camp receive a \$25 discount when joining the Youth Football League.

Registration for ML Youth Football will begin March 1st, and can be found at www.MartinLutherAthletics.org. Click on the Youth Sports tab.

ADULT BOOT CAMP - \$100

This camp is open to anyone over the age of 18 that is interested in challenging themselves with Martin Luther's very own personal trainer Patrick Dhein. The bootcamp will be 6 weeks long, meeting Wednesday and Friday. Bootcamp is designed to fit any level of fitness. So if it's weight loss or building muscle strength you're seeking, this Bootcamp is for YOU! (LHSAGM employee discounts do not apply to this program.)

June 13 – July 20 6:15 AM - 7:00 AM (Wednesdays & Fridays)

Patrick Dhein: Personal Trainer - Martin Luther

If you are interested in registering for this program, please contact Patrick Dhein at 414-659-3254 or Tke_pd@yahoo.com.

INFORMATION

Confirmation of Registration will be sent to the email address you provide when you register.

COURSE CANCELLATION POLICY:

It may be necessary to cancel a specific summer program. When cancellation becomes necessary, those enrolled will be notified and a full refund of payments will be made.

REFUND POLICY:

1. If a registered student withdraws from a summer program, any refund due will be based on the date WPFH receives notice of withdrawal.
 - Two weeks or more before the start of a program: full refund.
 - Less than two weeks before the start of a program: 50% refund.
 - Day program starts or later: No refund.
2. Exceptions to the policy will normally be made only for documented injury or illness that prevents the individual from participating.
3. Following the start of a program, any refund for injury or illness will be prorated based on the days actually attended plus a \$10 administrative fee.
4. Trips, off-campus camps, and other special programs may have other refund policies included in their descriptive materials.

For more information on Summer Programs, contact Rick Hoppert at:

Martin Luther High School
rhoppert@martinlutherhs.org