

## Starting the 4-6-3 DP

**Age Level:**

**All**

**Position:**

**2B Only**

### Description of Drill:

Using Drill to Start the DP

### Purpose of Drill:

Help kids get comfortable with turning the DP. It will also help with getting the lead runner. Teaches kids to take their time and get out at 2B.

**# of Coaches/Players**

**Link to Diagram**

**One Coach**

[Start DP from 2B](#)

**up to 4 Players**

[Double Play Depth](#)

**Equipment**

**Link to Video**

**Area around 2B**

[Start 4-6-3 DP](#)

**Baseballs**

**Time of Drill:**

**10 Minutes**

**# of Reps per Player:**

**4 Players - 20+**

### How To Run The Drill

All positions need to be in at their DP Depth. Roll/Hit balls to kids. Make sure they don't start early. Focus on fielding ball first, then the toss. Keep feet moving. Follow ball to 2B. Keep hand high. Start with fielding the ball and flip. Then you can add the SS coming across the base and the timing involved with that. At the younger ages levels make sure you rotate kids so that all kids play all positions. As you get older it still helps to have kids play more than just a few positions.

### Comments:

Make sure kids attack (charge the ball). They should make sure they swing their arm. Straight arm and follow ball towards base. You can work this drill with SS's as well. Works both positions at the same time.