
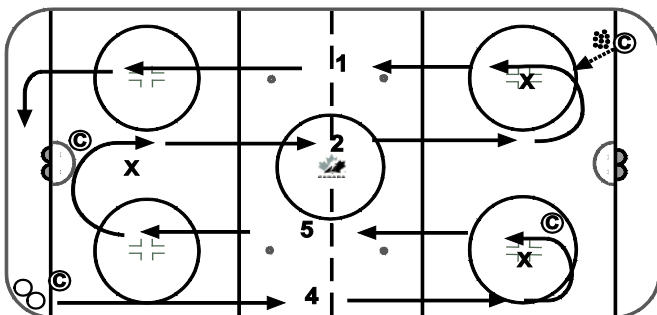


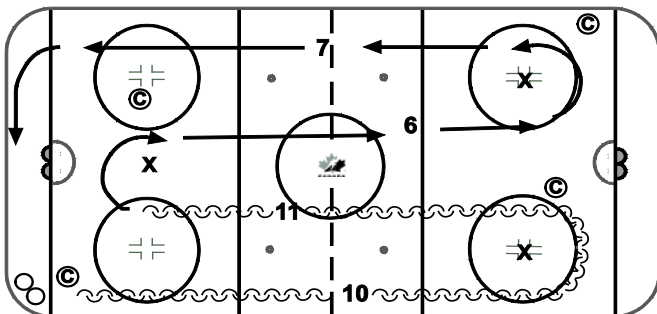
	A	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF													
1	<h1>HOCKEY CANADA</h1>																																											
2	<h2>Novice Skills Evaluation Phase 1</h2>																																											
3	All skills in the Initiation skill list, plus the following:																																											
4	NOVICE	Player																																										
5		Evaluation Item	Name 1	Name 2	Name 3	Name 4	Name 5	Name 6	Name 7	Name 8	Name 9	Name 10	Name 11	Name 12	Name 13	Name 14	Name 15																											
6	1=weak, 10=strong	1	R	2	R	3	R	4	R	5	R	6	R	7	R	8	R	9	R	10	R	11	R	12	R	13	R	14	R	15	R													
8	Balance and Agility																																											
9	1. Gliding - one foot - toe on puck	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
10	2. Shoot the duck - forward and backward	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
11	3. Lateral crossovers - over stick	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
12	Edge Control																																											
13	4. One leg weaving - forward	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
14	Forward Skating and Striding																																											
15	5. Slalom - c-cuts narrow	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
16	6. C-cuts - alternate crossunders	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
17	7. C-cuts - heel only	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
18	8. Stride and bend	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
19	9. Jump stride	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
20	Backward Skating																																											
21	10. Slalom - c-cuts narrow	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
22	11. Jump stride - backward	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
23	Stationary Puck Control																																											
24	12. Figure 8's - two handed	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
25	Turning and Crossovers																																											
26	13. Crossovers - backward - reaching	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
27	14. C-cuts - around circle - crossunders	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
28	15. Heel to Heel - glide	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
29	Moving Puck Control																																											
30	16. Side / front / side	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
31	17. Heel to Heel - skates	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
32	18. Edge control - one leg	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
33	19. Figure 8's - transition	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
34	Moving Passing and Receiving																																											
35	20. Moving bank pass - forehand	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
36	21. Moving bank pass - backhand	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
37	22. Pairs passing	-		-		-		-		-		-		-		-		-		-		-		-		-		-		-														
38	AVERAGE SCORE																																											
40	OVERALL RANK																																											
41	 Team Name: _____ Date of Evaluation: _____																																											
42	Age Division: _____ Coach: _____																																											
43	NOTE: EVALUATE PLAYERS AGAINST PLAYERS ON OWN TEAM																																											

HOCKEY CANADA

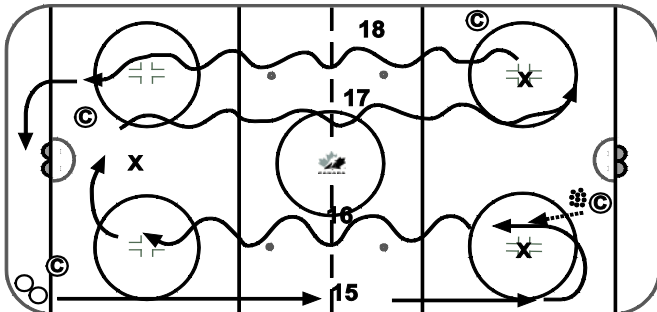
Novice Skills Evaluation Phase 1 Drills



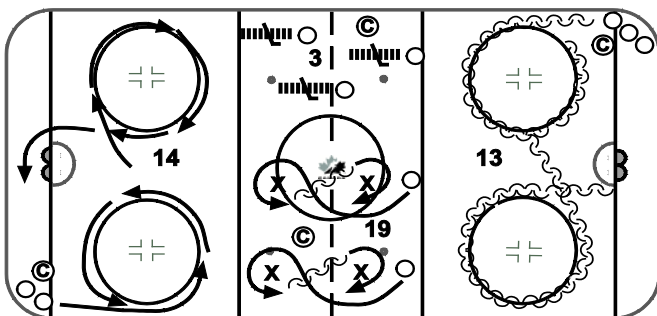
1. Gliding - one foot - toe on puck
2. Shoot the duck - forward and backward
4. One leg weaving - forward
5. Slalom - c-cuts narrow



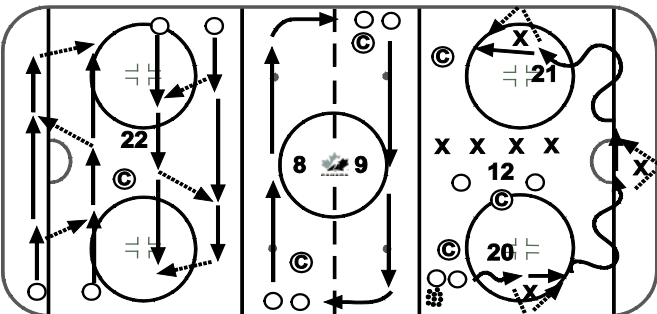
6. C-cuts - alternate crossunders
7. C-cuts - heel only
10. Slalom - c-cuts narrow
11. Jump stride - backward



15. Heel to Heel - glide
16. Side / front / side
17. Heel to Heel - skates
18. Edge control - one leg



3. Lateral crossovers - over stick
13. Crossovers - backward - reaching
14. C-cuts - around circle - crossunders
19. Figure 8's - transition

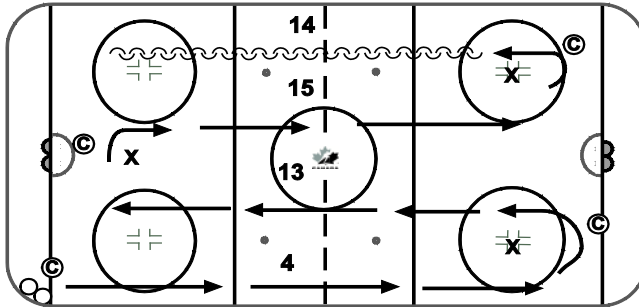


8. Stride and bend
9. Jump stride
12. Figure 8's - two handed
20. Moving bank pass - forehand
21. Moving bank pass - backhand
22. Pairs passing

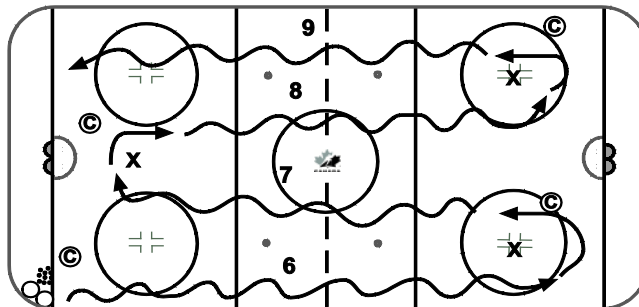
HOCKEY CANADA

Novice Skills Evaluation Phase 2

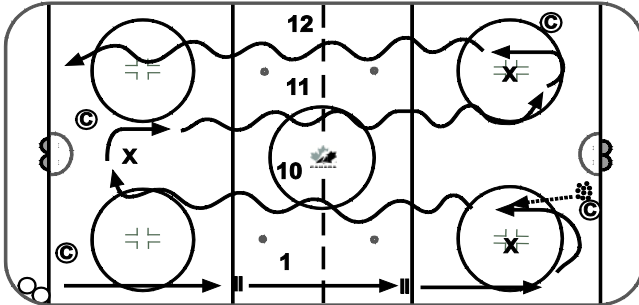
Drills



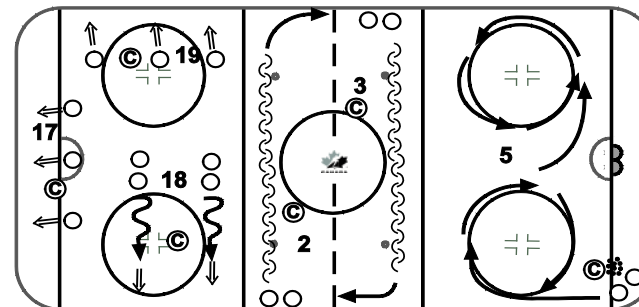
- 4. Slalom - c-cuts wide
- 13. Forward Scissor Skate - small
- 14. Backward scissor skate - small
- 15. Slalom - alternating lead foot



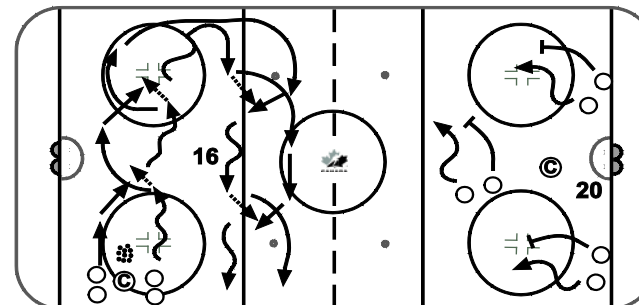
- 6. Hands together
- 7. 360 spin - left and right
- 8. Three crossovers - carry the puck
- 9. Three crossovers - stickhandling the puck



- 1. Two foot stop
- 10. Rotation
- 11. Hands wide
- 12. Behind body - side to side



- 2. Slalom - c-cuts narrow
- 3. Slalom - alternating lead foot
- 5. Crossover circle - carry the puck
- 17. Wrist shot - forehand - high
- 18. Wrist shot - in motion
- 19. Wrist shot - backhand - high

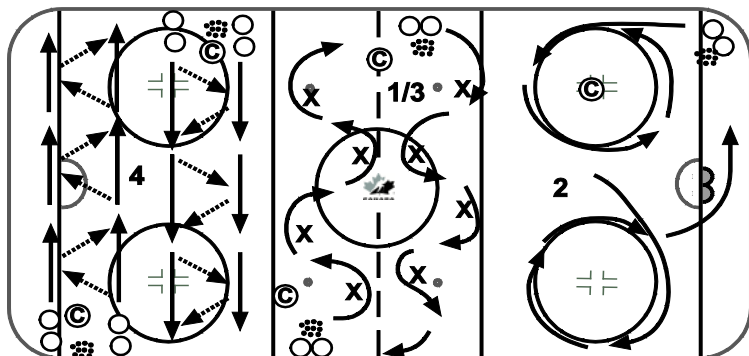


- 16. Pass and follow
- 20. Escape moves

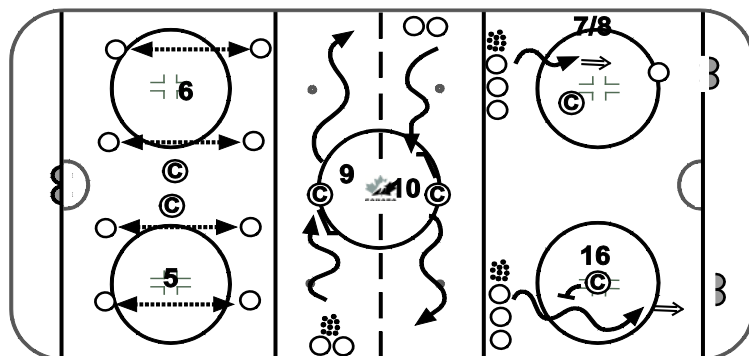
HOCKEY CANADA

Novice Skills Evaluation Phase 3

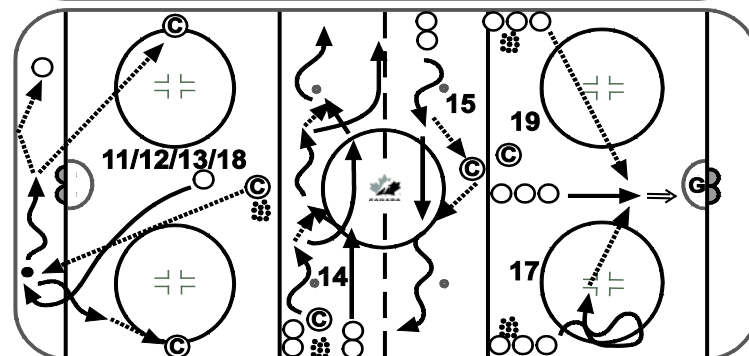
Drills




1. Puck inside pylon - on stick
2. Crossover circle - stickhandling the puck
3. Forehand only - with pylons
4. Moving fhd pass / receive - one touch



6. Pass behind - off skate to stick
7. Stationary tips - on ice - low
8. Stationary tips - on ice - high
9. Attack triangle - puck under stick
10. Attack triangle - puck between legs
16. Net drive



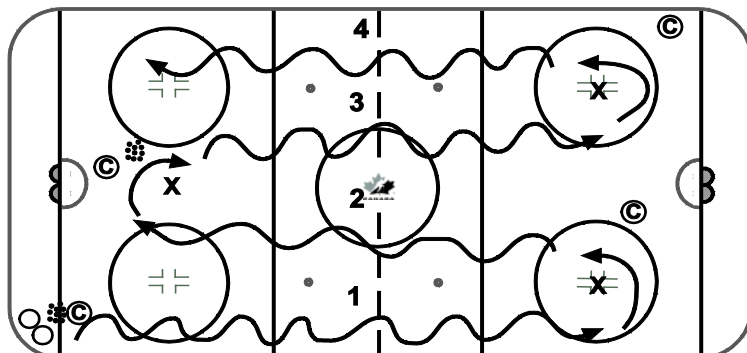
11. Puck retrieval basics
12. Puck retrieval - wheel
13. Direct pass - wall
14. Pass and follow
15. Give and go
17. High delay
18. Puck retrieval - quick up
19. Direct pass - midlane

	A	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF			
1	HOCKEY CANADA																																	
2	Novice Skills Evaluation Phase 4																																	
3	NOVICE		Player																															
4			Evaluation Item 1=weak, 10=strong		Name 1		Name 2		Name 3		Name 4		Name 5		Name 6		Name 7		Name 8		Name 9		Name 10		Name 11		Name 12		Name 13		Name 14		Name 15	
6					1	R	2	R	3	R	4	R	5	R	6	R	7	R	8	R	9	R	10	R	11	R	12	R	13	R	14	R	15	R
7			Moving Puck Control																															
8			1 C-cuts - narrow																															
9			2. C-cuts heel - wide																															
10			3. Toe on pucks																															
11			4. Two pucks - stick and feet																															
12			5. Slalom narrow and wide / toe drag combo																															
13			6. Forehand - one hand - with pylons																															
14			Offensive Tactics - Neutral Zone																															
15			7. Cross and drop																															
16			8. Cross and carry																															
17			Offensive Tactics - Offensive Zone																															
18			9. Net drive																															
19			Individual Offensive Tactics																															
20			10. Toe drag																															
21			11. Spin-o-rama																															
22			12. Puck back through legs																															
23			13. Leave puck - go around																															
24			14. 360 move																															
26			15. Fake inside / go outside																															
27			16. Fake outside - go inside																															
28			AVERAGE SCORE																															
29			OVERALL RANK																															
30			Team Name: _____															Date of Evaluation: _____																
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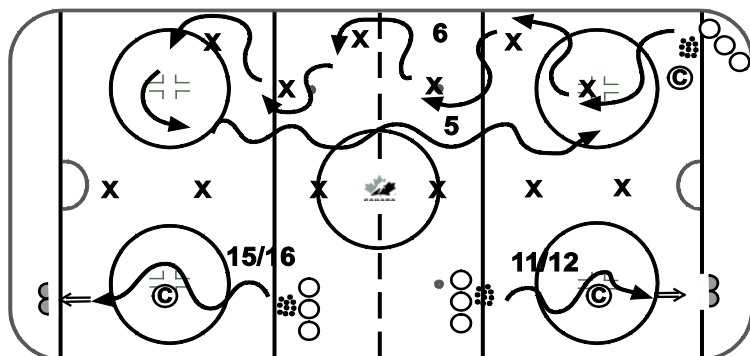
HOCKEY CANADA

Novice Skills Evaluation Phase 4

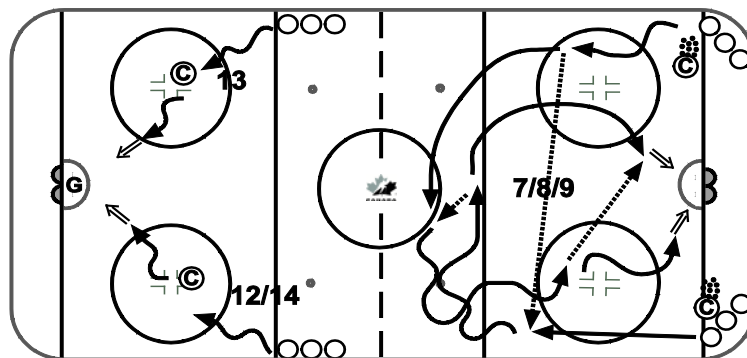
Drills



- 1 C-cuts - narrow
2. C-cuts heel - wide
3. Toe on pucks
4. Two pucks - stick and feet



5. Slalom narrow and wide / toe drag combo
6. Forehand - one hand - with pylons
11. Spin-o-rama
12. Puck back through legs
15. Fake inside / go outside
16. Fake outside - go inside



7. Cross and drop
8. Cross and carry
9. Net drive
12. Puck back through legs
13. Leave puck - go around
14. 360 move