

## Sporting Indiana FC

### What should you be doing and when???

#### 8<sup>th</sup> Grade Year

- Research & start a list of colleges you're interested in. Aim to begin writing college coaches your freshman year.
- Work on study and time management skills, **important to get good grades beginning freshman year of HS.**
- Character matters; make good choices ... every day. Learn to be very careful of what you put on social media.
- Ask your coach what you need to do athletically to compete well at the HS level.

#### Freshman Year of High School

- Continue your research & compile an initial list of 20 to 30 schools you're interested in. Rank schools based on the attributes that are most important to you.
- Begin writing coaches of schools you're interested in, get on their radar and get your name out there!
- Ask your coaches where you need improvement and set goals.
- Look for College camps and clinics to attend.
- **Good grades are critical ALL 4 years of HS** - hit the ground running freshman year! **Academic Advisor!**
- Consider working with a personal trainer to improve speed, strength and overall athleticism.

#### Sophomore Year of High School

- Register with NCAA & NAIA eligibility Centers, complete recruiting questionnaires for *all* schools on your list.
- Begin compiling highlight & game videos
- Continue to research and update your list and write coaches & schools. Send videos and/or links to videos.
- Consider working with a speech coach to develop & improve communications skills - make a good first impression when you talk to coaches.
- Begin making phone calls to coaches, let them know your game schedule – stay on their radars!
- Take SAT / ACT practice tests and/or test prep courses, **keep your grades up!**
- Pick a good attitude and show it. Recognize that nothing is owed to you just because you're a good athlete.

#### Junior Year of High School

- Continue to research schools but narrow your list to 10 to 15 schools.
- Keep in contact with coaches often, let them know of your continued interest & also if you're no longer interested.
- Continue to send videos & grades to schools you are interested in. Be your own advocate & keep your name out there!
- Ask coaches where you stand on their recruiting list and their timeline.
- Take SAT/ACT Tests
- Look to attend Showcase games and tournaments. Always let coaches know your schedule.
- Get feedback on where you can improve skills.
- Make unofficial visits to schools you're interested in.
- Take AP courses, **challenge yourself academically**

#### Senior Year of High School

- Narrow your list to 3 to 5 schools, stay in contact with coaches on a weekly basis. Ask coaches for the timeline, they will make offers.
- Quickly let coaches know if you're no longer interested
- Contact players on your short list of schools; get their direct feedback on the school and program.
- Take official visits to schools on your short list, meet coaches and players.
- Complete FAFSA form, get college applications in early and apply to *all* schools on your short list.
- **Keep your grades up** - avoid Senior Slump!
- Character is key – make good choices every day. Who are you when no one is looking?
- Post nothing on Social Media you may later regret. Don't let a 100 character tweet cost you a \$100,000 scholarship!
- Receive, consider and respond to all written offers from schools
- Make a decision - make sure it's your decision!