

## **Outfield Fundamentals**

- **Be an ATHLETE**
- **Catch everything - take pride in not letting the ball touch the ground!**

## **Drills**

- **stance/prep steps**
- **safety blocks, charges**
- **quarter turns,  $\frac{3}{4}$  turns, full turns**
- **at you, at you & adjust**
- **dives?**