

HEARTLAND **USA** Elementary and Middle School NATIONAL DUALS 2018



Texas' Elementary and Middle School Aged Wrestlers are becoming more of a factor on the national scene. Sign-up to represent your state in one of the Premier Annual Youth Wrestling Events. Texas will be sending two teams representing the state's best wrestlers to this year's Heartland USA Elementary and Middle School National Duals.

When: April 13th, 14th and 15th Mid America Center, Council Bluffs, Iowa

Where: 1 Arena way, Council Bluffs, Iowa 51501

Cost: To be determined. Approx \$400-\$450.

Includes Transportation (to/from Dallas), Lodging, Meals, Team Singlet and Gear.

Elementary

Weight Classes: 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 140 and 160

Elementary Eligibility: This event is for 1st, 2nd, 3rd, 4th, 5th and 6th graders.

Grade verification (report card of official letter from an elementary school authority) will be required for all wrestlers

No older than 13 years old.

Must be a current member of TXUSA and have a USA Wrestling Card.

Middle School Eligibility: This event is for 6th, 7th and 8th graders

Grade verification (report card of official letter from an elementary school authority) will be required for all wrestlers

No older than 16 years old.

Must be a current member of TXUSA and have a USA Wrestling Card.

Middle School weight classes: 75, 80, 85, 90, 95 102, 110, 117, 125, 132, 140, 150, 160, 175, 195, 220,

New women's division: This event is for 1st through 8th grade

A wrestler can not be 16 and wrestle in this event. All other criteria is same as other divisions mentioned above.

Weight Classes: 58, 65, 73, 82, 89, 97, 102, 109, 117, 126, 138, 150

Tentative Schedule:

Thursday, April 12th: Team Training Camp/ Final Wrestle Off's 5-8pm (site TBD) Bus Departs Dallas to Council Bluffs, Iowa at 8:30

Friday, April 13th: Arrive in Council Bluffs, Iowa@ approx 9:00 am
Late Morning Workout Session then Check into Hotel
Weigh-ins from 5:00-8:00 pm

Saturday, April 14th: Doors open at 6:30, wrestling begins at 8:00am

Sunday, April 15th: Doors open at 6:30, wrestling begins at 8:00am Bus departs to Dallas, Texas – Early Monday

Team Selection Criteria:

Team Placement will be determined by State Tournament Results and oldest age division in each weight, OR Wrestle Off's if Necessary.

Coaches will have final say on roster.

Deposit of \$200 is due by February 27, 2018

Remainder of Registration is due by March 15, 2018

FOR MORE INFORMATION CONTACT: Eric Martinez
ericmartinez1@yahoo.com or (915) 613-7131

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