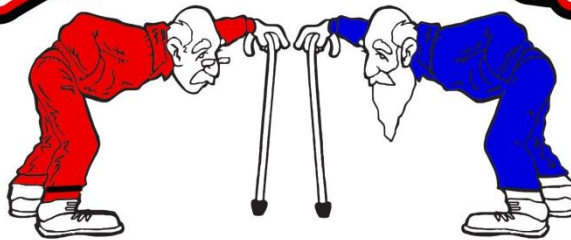


# OLD TIMERS



## WRESTLING TOURNAMENT

*Elk River Wrestling*



**TEAM DUAL TOURNAMENT - LIMITED TO THE FIRST 16 TEAMS:**

- WHEN:** SATURDAY, APRIL 14, 2018
- WHERE:** SALK MIDDLE SCHOOL  
11970 Highland Road, Elk River, MN 55330
- WEIGH-INS:** 8:30 – 9:30am
- WRESTLING:** Starts at 10:00am
- DETAILS:** Teams of 6 wrestlers and 3 alternates  
Forfeit empty weight class if less than 6 wrestlers
- WEIGHTS:** 145, 160, 175, 190, 215, HWT (max 285)
- UNIFORMS:** Teams are encouraged to wear matching uniforms
- RULES:** High School League Rules
- PERIODS:** 3 periods (1-1-1) with 1 minute rest between periods
- AGE:** All wrestlers must be high school graduates and not actively competing in a collegiate level program
- AWARDS:** T-shirts for 1<sup>st</sup> place Team and Individuals
- ENTRY:** \$150 per team (at least 3 teams required for event)

**TEAM EVENT REQUIRES PRE-REGISTRATION AND PAYMENT BY MARCH 31, 2018**

Please mail this completed form and check (made out to Elk River Wrestling) to Paul Nelson, 20560 Concorde St. NW. Elk River, MN 55330  
Contact Paul with questions at [paul.nelson@ISD728.org](mailto:paul.nelson@ISD728.org) or 763-355-2351.

TEAM NAME: \_\_\_\_\_

TEAM CAPTAIN: \_\_\_\_\_

EMAIL: \_\_\_\_\_ PHONE: \_\_\_\_\_

WEIGHT: \_\_\_\_\_ NAME: \_\_\_\_\_ ALTERNATE: \_\_\_\_\_

145 \_\_\_\_\_

160 \_\_\_\_\_

175 \_\_\_\_\_

190 \_\_\_\_\_

215 \_\_\_\_\_

HWT (MAX 285) \_\_\_\_\_



FOR MORE INFORMATION VISIT [WWW.ELKRIVERWRESTLING.COM](http://WWW.ELKRIVERWRESTLING.COM) AND  
ALL PROCEEDS FUND THE ELK RIVER YOUTH WRESTLING PROGRAM