Dexter Rugby Football Club

Dexter Rugby Club Parent Handbook For Release forms go to www.dexterrugby.com click on club resources.



Who can play? Dexter is an open Club; though we have strong ties with Dexter Community and High School, we embrace players from across the region. Our objective is to foster the growth of rugby in Michigan by teaching rugby to as many young students as possible. The high school players must be enrolled in a high school. We run a middle school program called Rookie Rugby, this is to give younger players an understanding of the game. We are looking to recruit women for the fall season and a summer 7's tournament.

Competition: Dexter Rugby competes in a USA Rugby State Based Rugby Organization called Michigan Youth Rugby Association (MYRA). MYRA is split into East Divisions and West Divisions. Rugby is organized somewhat differently to other High School Sports, the divisions are not based on School Size but on performance, in MYRA East there are three Divisions. Currently Dexter "A" side play in Division 1.

Fees: Fees are made up of two parts: USA Rugby Dues- \$80, this is \$30 to USA Rugby and \$50 Dollars to Rugby Michigan; the MYRA portion is used to pay referees, administration for Michigan Rugby Development and other expenses. The second part is a fee to Dexter Rugby Club of \$140; this is used to pay for field and Gym Rental, equipment and new jerseys as needed. This is a total of \$220, fees have not increased for many years and so we rely on parents helping out in any way they can, including providing meals for after the home games. All help raising sponsorship money is most welcome. Coaches are not paid and only in exceptional circumstances on the approval of the board are paid expenses for travel.

The Board: Dexter Rugby Club is an official state registered entity and has an IRS 501c status. The Board of Dexter Rugby at present is: President: Paul Burke, Vice President and match secretary Sarah Even, head coach Doug Karaska and Treasurer Jennifer Drenner.

Players Equipment: To participate in rugby a player needs his/her own pair of cleats, (soccer or football cleats are ok) rugby shorts, a pair of Dexter Rugby socks, These will be available from the club, socks are \$10 and shorts \$30. The club provides the jersey for the game, which remain club property and must be given back at the end of each game. The reason for this is the number on the shirt designates the position and as players will take different positions in their career they will need different jerseys.

Practice and Games: Practice for the regular season, is Monday through Thursday, generally 5pm to 7pm, at Webster Church Township Field. Our current game field is at Manley Bennett Park in Hamburg and practice may be held there on occasion. Games are usually scheduled on Wednesdays or Thursdays.

Pre-season practice takes place in the gym in Dexter, usually on a Saturday starting directly after the Christmas Break. There is pick up practice in the Fall on Saturdays following the football season, the purpose of this is to get a head start getting new players used to the ball and the concepts of the game, but is also an opportunity for some fun.

To Register and pay fees: For USA Rugby fees go to www.dexterrugby.com scroll to bottom of page and click on USA Rugby registration click here

USA Rugby Registration

USA Registration is required to Play rugby in Michigan.

Please click the link below for registration. The fees cover USA costs including club liability, as well as Rugby Michigan fees and referees.

USA Rugby registration click here

Dexter Rugby Football Club

For Dexter Rugby fees and to order socks and shorts go to www.dexterrugby.com scroll to bottom and use the store, click on the down arrow to select options and don't forget to add your players name.





For Release forms go to www.dexterrugby.com click on club resources.

Click on the form name to down load, please fill it in and return to a Rugby or board member.



Parent Help: There are a number opportunities to help out they are listed below, volunteers will be recruited during the preseason, and at the Pre Season Parents meeting.

Food: After each home game both teams are fed. This is a core part of Rugby etiquette; the teams will mix and eat together. The aggression stays on the field in rugby we are all friends off the field; its what rugby players do the world over!

Laundry: we need someone responsible for taking home the jerseys to clean/launder each week.

Apparel: is a key part to growing the awareness of Dexter Rugby, ordering and selling apparel has been a difficult job. We are hoping to make this easier with use of a Web site store; however there is a still a lot to do to make this successful.

Arranging transport to away games, (players are not allowed to drive themselves to games).

Parent communications/ Liaison. Sending e-mails and keeping the parents informed.

Assisting organizing and running the State Playoffs,

Field Preparation, i.e. Lining the fields.

Tournaments: We attend the Mid-West tournament and the State Finals, these required booking of hotel room organizing chaperones, rides and food and a number of other tasks.

Any help for these jobs would be greatly appreciated. At the moment coaches and old/alum parents are filling in.

