



St Thomas Time Trial



Meet Schedule

Field Events

7:50	Long Jump (combined)
7:50	Shot Put
7:50	Pole Vault
8:45	Triple Jump (combined)
8:45	High Jump

Running Events

7:40	1600 Meter Run
8:05	60 Meter Hurdles
8:15	60 Meter Dash (8 to Finals)
8:45	300 Meter Dash
8:55	1000 Meter Run
9:15	60 Meter Finals
9:20	600 Meter Run
9:40	150 Meter Dash

*Girls than Boys unless noted