

2023 Arrowhead Fastpitch League

League Rules: 8U

Email: info@arrowheadfastpitch.org

Arrowhead Fastpitch League will follow USSSA Rules unless otherwise indicated below.

All teams must roster all players through USSSA.

1. **Age** is determined by player's age as of midnight on December 31, 2022. The board must approve any player desiring to play in a lower age division. However, any player 'playing down' is not allowed to be a pitcher or catcher and will not qualify for tournament play at the lower age level. Limit of two players playing down per team. Players are allowed to play in higher age divisions, but must be rostered on each team.
2. **Number of Players.** There is not a minimum number of players to play a game as this to give the girls experience playing. However, there should be no more than 12 players on the field at a time, with no more than 7 in the infield.
3. **Game Time.** Game time will be 6:00.
4. **Run Limits.** Each inning consists of once thru the lineup, max of 12 batters.
5. **Batting Lineup.** All players bat with continuous batting in effect and free defensive substitution.
6. **Game Balls.** Game balls should be Softie 11-inch balls.
7. **Coach Pitch.** Coaches pitch 5 pitches, on a horizontal plane without arc. If ball is not hit, then bring out a tee for the batter. "Player-pitcher" should stand with one foot in the pitching circle.
8. **Equipment.**
 - A. No metal cleats.
 - B. All offensive players must keep batting helmets on until they are safely inside the dugout.
 - C. Batting helmets must be NOCSAE approved.
9. **Play.**
 - A. If the batter hits the ball to the infield players, they may advance only one base. If the batter hits to the outfield, they may advance up to two bases.
 - B. No stealing, no bunting.
 - C. No infield fly rule.
 - D. Batters do not advance to first base if hit by pitch or on dropped third strike.
 - E. Leading off is allowed after the pitch crosses home plate.
 - F. If a player is out, she is out and should not continue to run bases.
10. **Lightning.** In the event lightning occurs during a game, the game will be suspended 30 minutes from the last lightning strike.
11. **Postponements/Rescheduling.** Coaches should decide if games should be cancelled

due to weather. Games should be rescheduled if possible.