



**2018 FHC FOOTBALL
PARENT MEETING**

RANGER FOOTBALL PLAYERS PLAYING COLLEGE FOOTBALL 2017



Daniel Riser



Taylor University
Elijah Gurley



Hope Collage
Jace Thornton



Christian Balanda



Saginaw Valley State
Moise Guerrier

RANGER FOOTBALL PLAYERS PLAYING COLLEGE FOOTBALL



Colin Schlosser '13
Zach Walker '14



Hunter Folkertsma '13



Nick Lamica '13



Spencer Nehls '13



Josh Lamica '14



Parker Tillman '14
Dave Riser '15
Scott Sible '15



Ben Kurakazusampson
2015



Brett Miller '15



Dylan Otoloski '16



Tanner Hallock '17



Sal Sidebotham '17



VS. OK White



20 **OK WHITE** 17
CHAMPIONS



Forest Hills Central Rangers

2017 - Undefeated 9 - 0

Varsity
13 - 0

District 2 Champions



2017

Forest Hills Central Rangers



Division 2 Regional Champions
2017



Forest Hills Central Rangers

OK WHITE
Undefeated

Accolades:

- 1 – All state team
- 2 – All state honorable mention
- 2 – 1st team all academic all state
- 1 – Honorable mention academic all state
- 6th in the state for all academic.
- 7 – 1st team all conference
- 5 – 2nd team all conference
- 7 – All area team
- 3 – 1st Dream Team GR Press
- 3 – 2nd Dream Team GR Press
- 5 – All state honorable mention

- 1 – District Coach of the Year

JV 8 - 1

Freshmen 6 - 3

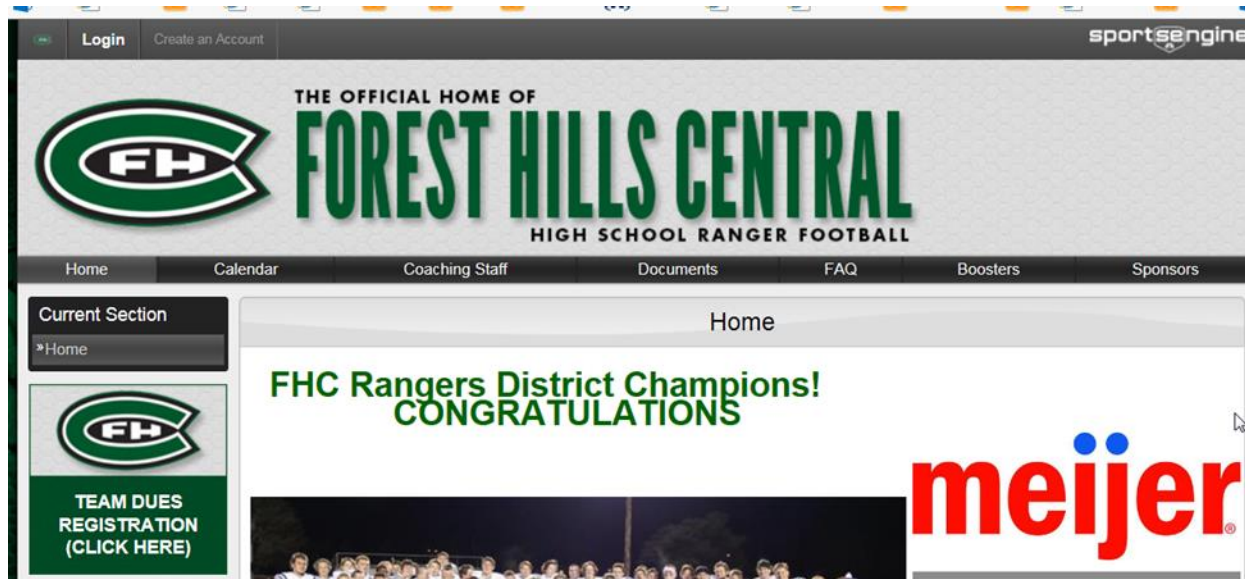


STRENGTH & CONDITIONING CLASS
'foundation of our program'

	SUMMER	1 st SEMESTER	2 nd SEMESTER
SENIOR	X	If playing NCAA	X
JUNIOR	X	Preferable	X
SOPHMORE	X	Optional	X
FRESHMEN	X	HEALTH	X

7th-8th graders will start March 12th (Tues/Thurs-3-4:15)

Communication:



Register at www.FHCFootball.com.

Team rosters, schedules and important information will be posted here.

This site will ALWAYS have the most updated dates/times.



Load the Sport Ngin App > enable push notifications.

Coaches use this for last minute reminders and changes.

Parents and boys should load the Sport Ngin app to phone.

Important Dates 2018:

	Varsity	JV	Freshman
Mandatory NO Football Practice	July 2 – 6 July 30 – Aug 4	July 2 - 6 July 30 – Aug 4	July 2 – 6 July 30 – Aug 4
Green & White Scrimmage/Community Day	Sat, 8/11	Sat, 8/11	Sat, 8/11
Ranger Rally Fundraising Event	Fri, 8/17	Fri, 8/17	Fri, 8/17
1st Game of 2018 Ranger Football vs. Jenison	Th, 8/23	Wed 8/22	Wed 8/22
Community Tailgate – Football Booth JV/F man booth	Sept 7	Sept 7	Sept 7
Homecoming – JV/ F has a float if desired	Oct 5	Oct 5	Oct 5
Senior Night	Oct 5	-	-

Important Fees: FHC Athletic Dept. Required forms Found at www.FHCathletics.com > more > files and links.

ALL OF THESE FORMS NEED TO BE ON FILE IN THE ATHLETIC OFFICE FOR EACH PLAYER PRIOR TO THE FIRST PRACTICE ON AUGUST 6, 2018

	Varsity	JV	Freshman
Completed FHC Pay to Play Form & Fee Paid	Yes + \$140	Yes + \$140	Yes + \$140
Completed MHSAA Physical- Dated after April 15, 2018	Yes	Yes	Yes
Completed Code of Conduct Form http://www.fhcathletics.com/	Yes	Yes	Yes
Completed Concussion Form http://www.fhcathletics.com/	Yes	Yes	Yes
Completed Emergency Contact Form http://www.fhcathletics.com/	Yes	Yes	Yes

Important Fees: If anyone is in need of financial assistance contact Coach Rogers trogers@fhps.net or Becki Szczepanek Rebecca.Szczepanek@amway.com

	Freshman	JV	Varsity
Strength & Conditioning Begins Mon 6/11 7:30 – 9:30am M, T & TH Sign up via sendmoneytoschool.com	\$75.00 est	\$75.00 est	\$75.00 est
Team Camp Week June 25 – 29 > 5:30 – 8:30pm Lifting in AM. Sign up via sendmoneytoschool.com	\$50.00 est	\$50.00 est	\$50.00 est
Spirit Wear Pack Shirt, shorts, socks (Email from team parent will be sent to order.)	\$50.00 est	\$50.00 est.	\$50.00 est
Team Dues: Covers pregame dinners, half time snacks, summer events, partial banquet costs. Pay via fhcfootball.com	\$80.00	\$100.00	\$100.00
Team/Individual Photos – by Jim Hill on a date in August	Varies	Varies	Varies

Equipment:

School Provides: Helmet, Uniform, mouth guard, shoulder pads, girdle.

Athlete Provide: Cleats

SCHOLARSHIPS BY SPORT

FOOTBALL				BASKETBALL			
DIVISION	# OF TEAMS	SCHOLARSHIPS	AVG SCHOLARSHIP	DIVISION	# OF TEAMS	SCHOLARSHIPS	AVG SCHOLARSHIP
NCAA 1 FBS	129	85	\$19,557	NCAA 1	351	13	\$14,958
NCAA 1 FCS	125	63	\$11,631	NCAA 2	313	10	\$6,067
NCAA 2	171	36	\$5,315	NAIA	101	11	\$7,231
NAIA	86	12	\$6,732	TOTAL	765	34	
TOTAL	511	196					
LACROSSE				BASEBALL			
DIVISION	# OF TEAMS	SCHOLARSHIPS	AVG SCHOLARSHIP	DIVISION	# OF TEAMS	SCHOLARSHIPS	AVG SCHOLARSHIP
NCAA 1	70	12.6	\$14,151	NCAA 1	299	11.7	\$14,737
NCAA 2	64	10.8	\$6,716	NCAA 2	269	9	\$6,125
NAIA	21	-	\$6,879	NAIA	181	12	\$6,687
TOTAL	155	23.4		TOTAL	749	32.7	



GPA	4.0	3.5	3.0	2.5	2.0
%	95	72	51	21	8

Percentage of colleges/universities that recruit you at given CUMUALTIVE GPA's



THANK YOU FOR YOUR TIME!

Any questions feel free to contact:

Coach Tim Rogers
trogers@fhps.com

or

Becki Szczepanek
Rebecca.Szczepanek@amway.com
c. 616.485.6301