

EVERY PLAYER WILL NEED THE FOLLOWING FOR PRACTICES AND GAMES:

- Shin guards (no exceptions)
- Plenty of water
- Proper Shoes (tennis shoes, but cleats preferred)
- Age Appropriate Soccer Ball (see Game Chart)

Player Uniforms (jersey, shorts and socks are provided as part of registration fee)

Players Rights and Responsibilities

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So, you have decided you want to play sports. Or maybe you are already on a team. In this day and age it seems like everyone is talking about children's rights. When you participate in youth sports you have certain rights also. This is not a new idea. In a book, "Guidelines for Children's Sports", edited by Rainer Martens and Vern Seefeldt and published by the American Alliance for Health, Physical Education, Recreation, and Dance in 1979, there is a list of 10 rights called the Bill of Rights for Young Athletes. We are not going to reproduce that list here but instead want to highlight the points they made. What are your RIGHTS?

- To have fun
- To learn skills
- To be coached as a child, not as an adult
- To get to play your fair share

With these rights you have responsibilities that you must accept. Among these RESPONSIBILITIES are:

- To try your best at all times
- To give your coaches the respect and attention they deserve
- To be present and on time for all team activities
- To respect the rights of your teammates

You must fulfill your responsibilities if you expect people to respect your rights